

TOUR^{de}WINNS

 The Winns
Primary School



**ALL
WHEELS
WELCOME!**

Saturday 26 September
10am – 1pm

Join our Cycling Festival!

Take part in a fun and safe,
ride around the block, then
head to the Event Village for
activities, fun and
refreshments!



Scan
to volunteer!



Event Village

CAFÉ • BIKE MAINTENANCE • SMOOTHIE BIKES • OPPORTUNITIES TO
RIDE & WHEEL • FAMILY BIKE DEMOS • RAFFLE • POLICE BIKE
MARKING • LFB FIRE ENGINE • ST JOHN AMBULANCE

With thanks to our sponsors & community partners

**THE STOW
BROTHERS**



Mamachari
London
The Family Cycling Specialists
www.mamachari.co.uk


THE CYCLE MOT



Friends of the Winns Annual General Meeting

**Tuesday 22 September
6.30–8.30pm
The Winns Primary School**

**What's planned • Where the money goes •
Have your say • Get involved • Meet other parents
PLUS Snacks!**



Reception Coffee Morning

For Parents & Carers
Friday 2 October, 9:00 - 10:15am



A chance to chat, connect and learn more about
The Friends of The Winns

RSVP if you can: fotwchair@gmail.com



WINNS WEEKLY

18.9.2026

¡Buen fin de semana!

Spanish
Have a good weekend!



Headteacher: Fiona Judge / The Winns Primary School, Fleeming Rd. E17 5ET
020 8527 1872 / www.thewinnsprimaryschool.co.uk / office@winns.waltham.sch.uk

DATES FOR DIARIES WB 21.9.2026

Saturday 26th September Tour de Winns (10-1)

Please remember to subscribe to [our online calendar](#) so that you receive automatic updates into your own calendar.

YOU SAID, WE'RE DOING

Thank you once again to everyone who took the time to complete our recent **Parent Survey**. Your feedback is extremely valuable to us and helps us to continually review what we do and how we can improve the experience of both our children and our wider parent community.

While there were many positive messages within the survey, there were also areas where parents told us they would like us to do more. Two themes in particular came through strongly: school dinners and communication about your child's learning. We wanted to update you on some of the work already taking place in response.

SCHOOL DINNERS

Over the past year, we have changed our school meal provider and have been working closely with them to make sure that children have access to the widest possible variety of healthy and appealing meals.

Each day, children can choose from three main course options, alongside a choice of vegetables and dessert. We are also working with our catering team to make meals more interesting and appealing, balancing familiar favourites with opportunities for children to discover different flavours and dishes they may not have tried before.

200 Responses — Up 40% on Last Year

2026 RESPONSES
200
vs 143 in 2025

CHANGE YOY
+39.9%
Reverses 2025's 16% decline



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SCHOOL DINNERS CONTD.

A new menu board is now displayed in the servery so that children can see the week's choices in advance and feel more confident when deciding what they would like to eat. (See image.)

We are also talking much more with the children themselves about school meals. Through assemblies, we are promoting the range of healthy choices available, encouraging children to think about balanced meals and, importantly, giving them the confidence to try something new from time to time.

We know that making a choice in a busy dining hall can sometimes be difficult for younger or less confident children. To help with this, we are introducing simple sentence prompts in the dining hall, such as "Please can I have...?", "I'd like to try..." and "Could I have some more, please?". Alongside supporting good manners and oracy, we hope these prompts will help children feel increasingly confident about expressing their choices.

We are also planning to invite a group of parents into school to sample our school lunches for themselves. Keep an eye out for their feedback in a future newsletter!

As an **Allergy-Aware School**, safety remains at the heart of our approach. Our catering team is fully aware of the range of allergies and dietary requirements within our school community, and we take strong and robust measures to minimise risks and ensure that children with allergies can enjoy their meals safely and inclusively.



KEEPING YOU INFORMED ABOUT YOUR CHILD'S LEARNING

Another area parents have asked us to focus on is providing more regular information about what their children are learning throughout the year.

Previously, our year group teams held an online meeting with parents at the beginning of the academic year. These meetings provided an opportunity to meet your child's new teacher and hear about some of the curriculum content planned for the year.

From this year, we are extending these online meetings to once every term. This means that rather than receiving curriculum information only at the beginning of the year, parents will receive regular updates as their child moves through the curriculum.

More detailed information will also be available on each year group page through a termly curriculum newsletter, giving families an accessible overview of the learning taking place.

We also want to give you more opportunities to see that learning for yourselves.



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KEEPING YOU INFORMED ABOUT YOUR CHILD'S LEARNING CONTD

Once each term, parents will be invited into school for an Open Book Celebration, where you will have the opportunity to sit with your child, look through their books and celebrate the learning and progress they have made during the term.

These opportunities are, of course, in addition to our Autumn and Spring Parent Consultation Meetings and your child's class assembly.

There will also continue to be more targeted opportunities throughout the year, including phonics and early reading sessions for relevant year groups and our Year 6 SATs information meetings for Year 6 parents.



car free day

World Car Free Day - Tuesday 22 September

Tuesday 22 September is World Car Free Day, when many towns and cities around the world allow people to experience streets free of motor traffic. Car Free Days have been celebrated globally and locally, including here in Waltham Forest, for two decades. To celebrate Car Free Day this year, why not host an assembly or enable a student-led debate? Should cities go car free? OR What's the best way for young people to travel sustainably? Assembly resources can be found on TFL's website: travelforlife.tfl.gov.uk/activities/world-car-free-day/.

Or join us in Lloyd Park on Sunday 20 September for our annual family cycling fun day - Tour de Waltham Forest!

Travel for Life Champions

We are inviting schools to elect their Tfl Champions, who will play a key role in promoting sustainable travel across the school community. Tfl Champions will lead a team of pupils to develop engaging projects and campaigns that encourage walking, cycling, scooting, and public transport use. Through their leadership, students will help create positive, measurable change that benefits the school, the local community, and London as a whole.

travelforlife.tfl.gov.uk/school-champions/

schooltavelplans@walthamforest.gov.uk



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FRIENDS OF THE WINNS NEWS

We're all Friends of the Winns

As a parent or carer of a child at The Winns, you are automatically a Friend of the Winns! Friends of the Winns (FOTW) is our school's registered charity, bringing parents, carers, staff and the wider community together to support our school. We raise funds for resources, activities and experiences for the children, as well as organising social and community events throughout the year.

There are lots of ways to get involved - from volunteering at an event or sharing an idea, to simply coming along and joining in. We're all Friends of the Winns!

Welcome back everyone!

We hope you all had good summers and managed some respite along the way!

We are very excited to welcome you to a term jam-packed with fantastic FOTW events; from the **AGM**, to the **Tour de Winns**, to the **Reception Coffee Morning**, to **Preloved Uniform** sales, culminating in our much-loved **Winter Fair**!

Please come and learn more about activities, spending plans and ways you can get involved at the FOTW AGM - details below.



Friends of the Winns AGM

We're delighted to share the date for this year's FOTW AGM:
Tuesday 22nd September, 6.30-8.30pm.

For those able to attend, please **come to the main office** on Fleeming Road, where we'll escort you over to the meeting. Part of the AGM will be a **meet and greet, with plenty of snacks to hand, along with Ms Judge sharing her feedback** and funding priorities for the school in 2026-27. Co-chairs Bisi and Vic will share the annual report of **activities and events**, and Treasurer Matt will give a finance update before we open the floor to feedback, questions and ideas.

We'll also be confirming and **voting in our Year Reps** and actively **seeking reps for Nursery and Reception**. Reps do a **brilliant** job communicating FOTW news and sharing feedback and ideas from their classes and year groups.



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FRIENDS OF THE WINNS NEWS

Tour de Winns: Saturday 26 September!

We're so excited to be welcoming you to our first FOTW community event of the year -

Tour de Winns 2026, Saturday 26th September, 10am-1pm.

Thanks so much to all those **signing up to support Tour de Winns** - we have nearly half the number of volunteers we require across the day! **We would love to gain 25 more volunteers to support us in keeping the event fun-filled and safe.** If you can help, please complete the volunteer sign-up. Sign-up **closes on the morning of Wednesday 23rd September**, with roles and volunteer pack information to follow.

[Sign up here!](#) 

We ♥ our Volunteers



What you can expect at this year's event:

- Opportunities to ride and wheel!
- **Cafe Tokeley** serving snacks and refreshments (sponsored by The Stow Brothers)
- Bike maintenance courtesy of **The Cycle MOT**
- Police **bike marking**
- **LFB fire engine** on site
- **Smoothie bikes** courtesy of Outspoken Cycles and sponsored by Central Estates
- Family bike demos courtesy of **Mamachari**
- St John Ambulance

All wheels are welcome!

Reception Coffee Morning

A way for families and carers to connect in the new term and learn more about what Friends of the Winns do, FOTW will be hosting its 3rd annual Reception Coffee Morning on:

Friday 2nd October, 9-10.15am

Thanks to everyone who has RSVP'd already - we've got you down for attending! Please keep those RSVPs coming to fotwchair@gmail.com



SAVE THE DATE

Tuesday 22 September
FOTW AGM

Saturday 26 September
Tour de Winns!

Friday 2 October
Reception Coffee Morning

