

MENU



Waltham Forest Primary Menu Spring-Summer 2026

WEEK 1

How We Do Lunch

	 Climate Friendly Monday	Allergen Friendly Tuesday	Allergen Friendly Wednesday	Thursday	Friday
Choice 1	Crispy Golden Veggie Balls with Potato Wedges 	Cheesy Garden Bake 	Mild Thai Rice Bowl 	Cheesy Tomato Pizza Slice 	Spicy Keema with Cool Raita & Soft Naan 
Choice 2	Classic Hot Dog with Golden Wedges 	Greek Style Chicken with Fluffy Rice	Garlic & Thyme Chicken with Roast Potatoes	BBQ Chicken & Sweetcorn Wrap 	Crispy Fish Fingers with Chips
Choice 3	 Tasty Noodle Stir Fry 	Jacket Potato with Baked Beans 	Pasta Bake with Mixed Beans (GF) 	Jacket Potato with Cheese or Baked Beans 	Cheesy Red Pepper Pasta Bake with Crunchy Garlic Topping 
Vegetables	Green Beans Cherry Tomatoes	Steamed Greens Roasted Carrots 	Broccoli Sweetcorn	Mixed Vegetables Roasted Carrots	Garden Peas Baked Beans 
Pudding	Strawberry Frozen Yoghurt with Fruit* 	Apple & Pear Compote  	Summer Fruit Jelly Pot 	Zingy Lemon Cake with Custard*  	Cheese & Biscuits 

Available every day: Salad Bar, Freshly Baked Bread, Fresh Fruit, Fruit Yoghurt

-  Plant Based
-  Vegetarian
-  Sugar Smart

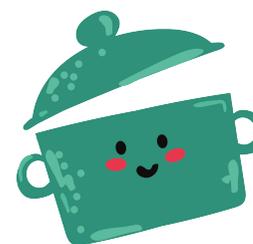
Halal meat is served at this school.

*Egg free dessert recipe



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WEEK 2

FOOD CELEBRATIONS THIS TERM

	Climate Friendly Monday	Allergen Friendly Tuesday	Allergen Friendly Wednesday	Thursday	Friday
Choice 1	Cheesy Lasagne with Garlic Slice  V	Mild Sweet Potato Curry with Fluffy Rice PB	Crispy Cauliflower Bites with Savoury Rice PB	Golden Spanish Rice (Paella) PB	Mixed Bean Quesadilla with Red Pepper Salsa V
Choice 2	Golden Sausages with Creamy Mash PB	Shepherd's Pie	Lemon & Thyme Chicken with Roast Potatoes 	Chicken Tikka Masala with Basmati Rice	Fish in Crispy Batter with Golden Wedges
Choice 3	Jacket Potato with Cheese or Baked Beans PB	Creamy Squash Pasta Bake (GF) PB	Jacket Potato with Baked Beans PB	Tangy Tuna Pasta Bake	Jacket Potato with Cheese or Baked Beans V
Vegetables	Broccoli Roasted Carrots	Green Beans Sweetcorn 	Seasonal Fresh Vegetables	Mixed Vegetables Sweetcorn	Garden Peas Baked Beans 
Pudding	Rich Chocolate Brownie PB SS	Fruit Smoothie PB	Pineapple Jelly Pot PB	Banana, Date & Cinnamon Bake* V SS	Cheese & Biscuits V



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- V** Vegetarian
- SS** Sugar Smart

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WEEK 3

FOOD CELEBRATIONS THIS TERM

	Climate Friendly Monday	Allergen Friendly Tuesday	Allergen Friendly Wednesday	Thursday	Friday
Choice 1	Crispy Samosa with Mild Curry and Rice  PB	Creamy Roasted Vegetable Rice (Risotto) PB	Chunky Spiced Rice with Lentil Sauce (Biryani & Dhal) PB	Toad in the Hole with Creamy Mash V	Spinach & Feta Whirl with Golden Wedges V
Choice 2	Hearty Brunch with Hash Brown V	Fruity Caribbean Chicken with Herby New Potatoes	Herby Lemon Chicken with Roast Potatoes	Tomato Lamb Rice (Lamb & Vegetable Jollof Rice) 	Crispy Dippers with Golden Wedges PB
Choice 3	Cheesy Tomato Pasta Bake  PB	Jacket Potato with Baked Beans PB	Rich Tomato Bolognese Pasta Bake (GF) PB	Jacket Potato with Baked Beans or Cheese V	Salmon & Sweet Potato Fishwich with Golden Wedges
Vegetables	Sweetcorn Fresh Broccoli	Green Beans Fresh Carrots 	Seasonal Fresh Vegetables	Roasted Courgette Sweetcorn	Garden Peas Baked Beans 
Pudding	Frozen Yoghurt with Summer Fruit Compote* V	Mandarin Jelly Pot* PB SS	Fruit Smoothie * PB	Apple & Raspberry Crumble with Custard* SS V	Cheese & Biscuits V

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- PB** Plant Based
- V** Vegetarian
- SS** Sugar Smart

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