



Weekly Bulletin - 9th January 2026

Click the link for each item to head straight to the relevant information.

Upcoming dates for diaries

- Monday 12th January - After School Clubs start

Dates and event information

- Provisional **dates for diaries** for the whole academic year, including class assembly dates. ([click here](#))
- A letter from the Director of Education at LB of Waltham Forest regarding changes to the Ofsted Framework ([click here](#))

February Half Term Holiday Clubs

- **ShowKids' WICKED themed February half-term holiday course** at The Winns is now available to book! 9am-4pm from the the 16th-20th of February. OFSTED registered and accepting childcare vouchers ([click here](#))

Information from outside agencies and organisations

- Top tips for parents and carers about **Essential Online Safety** from the National College ([click here](#))
- Waltham Forest Mental Health Support Team webinars for 2026 ([click here](#))
- Waltham Forest **Educational Psychologist Service Parent Advice** sessions ([click here](#))
- Waltham Forest **Community Drop In Sessions** ([click here](#))
- Information about a pop up **Felix Fresh station**, distributing free fruit and vegetables ([click here](#))

The Winns Primary School

Calendar Dates Academic Year 2025-26

Please note, these dates are subject to change.

January 2026

12th – ASC start

February 2026

6th – Dress Up for Digits Day

9th – Children's Mental Health Awareness Day

10th – Safer Internet Day

16th-20th – Half Term Holiday

March 2026

6th-13th – British Science Week

18th – Eid Celebration

20th – ASC finish

wb 23rd – Parental Consultation meetings

27th – Last day of Spring term

April 2026

13th – First day of Summer term (staff & children, no Inset day)

20th – ASC start

22nd – Earth Day

May 2026

4th – Bank Holiday (school closed)

wb 11th – KS2 SATs (Y6)

22nd – ASC finish

wb 25th – Half Term Holiday

June 2026

Pride Month

wb 1st – No ASC

wb 1st & 8th – Multiplication Tables Check (Y4)

1st – Inset day (staff only)

3rd-5th – Y5 Residential to The Hive

wb 8th – Phonics Screening Check (Y1)

wb 8th & 15th – Creativity Weeks (art work displayed at Summer Fair)

8th – ASC start

16th – Y1, 2, 3 Sports Day

17th – Y4, 5, 6 Sports Day

24th - Class Photos

25th – Young Enterprise

July 2026

4th – FOTW Summer Fair

9th – Y6 Leavers' Production (after school)

8th – End of year reports sent home

10th – ASC finish

14th – Leavers' BBQ

17th – Leavers Assembly

17th – Final day of the Summer term

20th – Inset day (staff only)

Class Assembly Dates

| Spring 1 | Spring 2 | Summer 1 | Summer 2 |
|----------------------------------|----------------------------------|----------------------------------|------------------------------------|
| Wed 21 st Jan – 3CS | Thurs 5 th Mar – 3NM | Thurs 23 rd Apr – 1AS | Thurs 11 th Jun - Pine |
| Thurs 29 th Jan – 5JH | Thurs 12 th Mar – 6AM | Thurs 30 th Apr – 5BB | Thurs 18 th Jun - 4LT |
| Thurs 5 th Feb – 2CS | Thurs 19 th Mar – 2JS | Thurs 7 th May – 2ML | Thurs 25 th Jun - Cedar |
| Wed 11 th Feb – 6ES | Thurs 26 th Mar – 4KB | Thurs 21 st May – 1BH | Thurs 2 nd Jul - 1GB |
| Thurs 12 th Feb – 4EB | | | Thurs 9 th Jul - Elm |

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EDUCATIONAL PSYCHOLOGY SERVICE

Speak confidentially
with an educational
psychologist about
your child

DATES

**Wednesday afternoon
(12:30–2 pm) or evening
(3:30–5 pm)**

24th September 2025
8th October 2025
12th November 2025
10th December 2025
14th January 2026
11th February 2026
18th March 2026
22nd April 2026
20th May 2026
10th June 2026
8th July 2026

PARENT ADVICE SESSIONS

Who is it for?

- Parents and carers living in Waltham Forest

What can I expect?

- A free 30-minute session with an EP by phone or online via Teams

How to book?

- Call, text or email us using the contact details below



ABOUT US

Our diverse EP team is passionate about working with families and schools to support children and young people aged 0–25 years with their development, learning and emotional wellbeing.



educationalpsychologyservice@walthamforest.gov.uk



07776 589 597

10 Top Tips for Parents and Educators

ESSENTIAL ONLINE SAFETY

Children and young people use the internet every day to learn, play, and connect, but the online world is not always safe. For adults, it can be hard to keep up with the risks, including harmful content, cyberbullying and scams. These 10 tips provide clear and practical advice to support safer and healthier digital habits, helping young people to make informed, secure choices when using technology.

1 START EARLY CONVERSATIONS

Begin talking about online behaviour from the moment children start using devices. Use age-appropriate language and revisit topics regularly, making it clear they can speak to you about anything that upsets or confuses them. Keeping these chats open helps build trust, so children are more likely to come to you when needed.

2 PROMOTE SAFER SHARING

Children can overshare without understanding the risks. Remind them that photos, locations, or messages can be copied or shared beyond their intended audience. Explain how even private messages or group chats can be saved and/or misused. Talk about what is appropriate to post, message, and who it's safe to share with.

3 ENCOURAGE DIGITAL BALANCE

Many apps and games are designed to keep users engaged through rewards, likes, or constant updates. These features can make it hard for children to switch off. Talk openly about how these systems work and help children recognise when it's time to take a break. Building in tech-free routines supports a healthier balance and awareness of their screen time.

4 CREATE A SAFE SPACE FOR CONCERNS

When children come to you with a concern, respond with interest and care, rather than with alarm. Keeping your reaction measured helps them feel safe and supported. This doesn't mean ignoring serious issues; it means showing that you're there to help. When children trust that they can speak openly, they're more likely to feel supported through unpleasant online experiences, and to ask for help in future.

5 STAY INFORMED AND CURRENT

With emerging technologies like AI moving and changing so quickly, it's important to stay updated on how children are using new platforms, apps and games. Ask them to show you what they use and let them take the lead as you explore together. This opens up valuable conversations and helps you stay ahead of emerging risks and trends.

6 TEACH CRITICAL THINKING

Talk to children about how to recognise unreliable information or scams online. With AI-generated videos, photos, and stories becoming harder to spot, help children question what they see and encourage them to look for evidence, check sources, and ask questions. These skills will help them avoid risks, make smart choices, and develop healthy habits for the future.

7 SET CLEAR BOUNDARIES

Involve children in conversations about device usage so they feel included. Agree on digital rules such as screen-time limits, age-appropriate apps, and no devices in bedrooms overnight. Use parental controls to block or filter harmful content and explain that rules are there to protect and support them, not to spoil their fun.

8 LEAD BY EXAMPLE

Children often copy the behaviour of adults around them. Show them what balanced, respectful, and mindful use of technology looks like, such as avoiding scrolling during family time and speaking kindly in messages. If you expect certain behaviour from them online, make sure your own habits reflect the same standards.

9 EXPLORE PRIVACY SETTINGS TOGETHER

Show children how to use privacy tools on apps, games, and websites. Teach them to use strong passwords, block or report others in response to problems, and avoid sharing personal details. Explore settings together so they feel confident and in control, and explain that these features are there to help them stay safe online.

10 KNOW WHERE TO GET HELP

Familiarise yourself with tools and organisations that support online safety. The National College offers online safety guides and webinars which provide tips on staying safe. Websites like Report Harmful Content and CEOP can be used to report when something goes wrong. Show children how to report or block users, and where to go if they feel unsafe. Make sure they know that asking for help is always the right thing to do, and be prepared to support them.

Meet Our Expert

Home to the world's largest CPD library for educators, The National College has transformed the way education establishments go about developing their workforces and managing compliance. Our three memberships help all phases and types of setting raise standards, save time, reduce risk, and build a culture of improvement.

See full reference list on [our website](https://www.thenationalcollege.com)

#WakeUpWednesday

The National College

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[/www.thenationalcollege](https://www.thenationalcollege.com)

[@wake.up.wednesday](https://www.instagram.com/wake.up.wednesday)

[@wake.up.weds](https://www.tiktok.com/@wake.up.weds)

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COMMUNITY DROP-IN

Our early help community drop-in is here

It's a place where everyone can come to get friendly support and information from local volunteers, community organisations and Waltham Forest Early Help teams in an informal space.

We can help you with information about **local services**, **support for parents**, **community activities**, and **help to use online services** and more.

WALTHAM FOREST

FAMILY HUBS

WELLBEING, CONNECTION, SUPPORT

CAN YOU HELP?

You can find out how to volunteer here:



DROP IN FROM 9.45-11.15AM

FREE DROP IN SESSION, NO NEED TO BOOK

TUESDAY

QUEENS ROAD
FAMILY HUB
215 QUEENS ROAD
E17 8PJ

WEDNESDAY

CHINGFORD
LIBRARY
STATION ROAD
E4 7EN

THURSDAY

WALTHAMSTOW
LIBRARY
HIGH STREET
E17 7JN

FRIDAY

LEYTONSTONE
LIBRARY
6 CHURCH LANE
E11 1HG



Waltham Forest



SHOWKIDS
THEATRE SCHOOL

presents

our February 2026 half-term workshop

WICKED

Ages
5-14 yrs

MON 16TH FEB
- FRI 20TH FEB -
9AM-4PM

THE WINNS
PRIMARY SCHOOL,
FLEMING RD,
E17 4LR



WWW.SHOWKIDS.CO.UK / 02034885384

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WALTHAM FOREST MENTAL HEALTH SUPPORT TEAM WEBINARS 2026

21

January

**Thriving under exam pressure:
tips and strategies**

5-6PM ON MS TEAMS



12

February

**Helping your child navigate big
feelings: evidence-based
strategies**

5-6PM ON MS TEAMS



05

March

**Navigating social media
mindfully**

5-6PM ON MS TEAMS



19

March

**Mental health through a
neurodiversity lens**

5-6PM ON MS TEAMS



09

April

**Why sleep matters: impacts on
mood, stress and resilience**

5-6PM ON MS TEAMS



14

May

**New Start, New Steps: Navigating
the Move from Primary to
Secondary School**

5-6PM ON MS TEAMS



25

June

**New Start, New Steps: Navigating
the move from secondary school
to further education**

5-6PM ON MS TEAMS



Please register your interest for any of our [free](#) webinars by scanning this QR code





A man with grey hair, wearing a dark green jacket, is smiling and holding out several red apples with both hands. He is standing in front of a bright green van. The van has the word 'Felix' written on its side in a large, white, stylized font. On the side of the van, near the door, the words 'THE FELIX PROJECT' and 'FOR GOOD CAUSES' are visible in smaller white text. A yellow banner is overlaid on the top right of the image.

FREE FOOD
Just bring bags!

FELIX FRESH

The Felix Project, in partnership with BETTER, will be distributing free fresh fruit and vegetables.

WHEN

Tuesday 27th
January
1-3pm

WHERE

Walthamstow Leisure Centre,
243 Markhouse Rd, E17 8RN
W3W ///clubs.models.such

BRING YOUR BAGS, BOXES, TROLLEYS AND STRONG ARMS, AND TAKE HOME WITH YOU A VARIETY OF DELICIOUS, FRESH FOOD!

Felix | THE
FELIX
PROJECT



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