

Weekly Bulletin - 28th November 2025

Click the link for each item to head straight to the relevant information.

Upcoming dates for diaries

- Saturday 6th December Winter Fair (12pm-3pm)
- Wednesday 3rd December Christmas Concerts begin (see link to full schedule below)
- Wednesday 10th December Christmas Lunch and Jumper Day

Dates and event information

- Provisional dates for diaries for the whole academic year, including class assembly and Christmas performance dates. (<u>click here</u>)
- Information on how to order your child's Christmas Art (click here)

Information from outside agencies and organisations

- Top tips for parents and carers about Tiktok from the National College (<u>click here</u>)
- Information about Waltham Forest's **Winter Holiday Activity and Food programme** for children eligible for Free School Meals (<u>click here</u>)
- Waltham Forest Mental Health Support team webinars in the Autumn term (click here)
- Waltham Forest Educational Psychologist Service Parent Advice sessions (click here)
- Waltham Forest Community Drop In Sessions (click here)
- Information about the Feel Good Centre's children's birthday party options (click here)

The Winns Primary School

Calendar Dates Academic Year 2025-26

Please note, these dates are subject to change.

December 2025

6th – FOTW Winter Fair

3rd-16th - Christmas Concerts (see separate timetable below)

10th - Christmas Lunch and Jumper Day

12th - ASC finish

19th – Last day of Autumn term

January 2026

5th - Inset Day (staff only)

12th - ASC start

February 2026

6th - Dress Up for Digits Day

9th – Children's Mental Health Awareness Day

10th - Safer Internet Day

16th-20th - Half Term Holiday

March 2026

6th-13th - British Science Week

18th – Eid Celebration

20th - ASC finish

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wb 23<sup>rd</sup> – Parental Consultation meetings
27th – Last day of Spring term
April 2026
13th – First day of Summer term (staff & children, no Inset day)
20th - ASC start
22<sup>nd</sup> - Earth Day
May 2026
4th – Bank Holiday (school closed)
wb 11th - KS2 SATs (Y6)
22<sup>nd</sup> – ASC finish
wb 25th – Half Term Holiday
June 2026
Pride Month
wb 1st - No ASC
wb 1st & 8th - Multiplication Tables Check (Y4)
1<sup>st</sup> – Inset day (staff only)
3^{rd}-5^{th} – Y5 Residential to The Hive
wb 8th - Phonics Screening Check (Y1)
wb 8th & 15th – Creativity Weeks (art work displayed at Summer Fair)
8th - ASC start
9th - Y1, 2, 3 Sports Day
10th - Y4, 5, 6 Sports Day
24<sup>th</sup> - Class Photos
25th - Young Enterprise
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July 2026

4th – FOTW Summer Fair

9th – Y6 Leavers' Production (after school)

 8^{th} – End of year reports sent home

10th – ASC finish

14th – Leavers' BBQ

17th – Leavers Assembly

 $17^{\rm th}$ – Final day of the Summer term

20th – Inset day (staff only)

Class Assembly Dates

Spring 1	Spring 2	Summer 1	Summer 2	
Thurs 15 th Jan – 6ES	Thurs 5 th Mar – 3NM	Thurs 23 rd Apr – 1AS	Thurs 11 th Jun - Pine	
Thurs 22 nd Jan – 3CS	Thurs 12th Mar – 6AM	Thurs 30 th Apr – 5BB	Thurs 18 th Jun - 4LT	
Thurs 29 th Jan – 5JH	Thurs 19 th Mar – 2JS	Thurs 7 th May – 2ML	Thurs 25 th Jun - Cedar	
Thurs 5 th Feb – 2CS	Thurs 26th Mar – 4KB	Thurs 21st May – 1BH	Thurs 2 nd Jul - 1GB	
Thurs 12 th Feb – 4EB			Thurs 9 th Jul - Elm	

Christmas Performances 2025

	Wed 3rd Dec	Thurs 4 th Dec	Fri 5 th Dec	Mon 8 th Dec	Tues 9 th Dec	Wed 10 th	Thurs 11th	Fri 12 th
9:10am			Reception Christmas Concert 2		Year 1 Christmas Concert 2	Year 2 Christmas Concert 2	Year 4 Christmas Concert	Year 6 Christmas Concert
2:45 pm	Nursery Christmas Concert	Reception Christmas Concert 1		Year 1 Christmas Concert 1	Year 2 Christmas Concert 1	Year 3 Christmas Concert	Year 5 Christmas Concert	

All performances will take place in Green Hall

All concerts will last around 30 minutes.

Class Christmas Parties - further details to follow

Tuesday 16th December - Years R, 2, 4 & 6

Wednesday 17th December - Years Nursery, 1, 3 & 5

Christmas Lunch Wednesday 10th December



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WALTHAM FOREST MENTAL HEALTH **SUPPORT TEAM WEBINARS 2025**

School attendance and Emotional Wellbeing



OCTOBER

5-6PM ON MS TEAMS

OCTOBER

Helping your child reach their full academic potential

5-6PM ON MS TEAMS



NOVEMBER

Positive approaches to challenging behaviour

5-6PM ON MS TEAMS



NOVEMBER

Boost your mood – practical tools for overcoming low mood



5-6PM ON MS TEAMS

DECEMBER

Anxiety management: building resilience and calm



5-6PM ON MS TEAMS

interest for any of our free webinars by scanning this QR code







EDUCATIONAL PSYCHOLOGY SERVICE

Speak confidentially with an educational psychologist about your child

DATES

Wednesday afternoon (12:30–2 pm) or evening (3:30–5 pm)

24th September 2025 8th October 2025 12th November 2025 10th December 2025 14th January 2026 11th February 2026 18th March 2026 22nd April 2026 20th May 2026 10th June 2026 8th July 2026

PARENT ADVICE SESSIONS

Who is it for?

 Parents and carers living in Waltham Forest

What can I expect?

 A free 30-minute session with an EP by phone or online via Teams

How to book?

Call, text or email us using the contact details below



ABOUT US

Our diverse EP team is passionate about working with families and schools to support children and young people aged 0–25 years with their development, learning and emotional wellbeing.



educationalpsychologyservice@walthamforest.gov.uk



07776 589 597

What Parents & Educators Need to Know about

TIKTOK

(13+)

WHAT ARE THE RISKS? Online videos are often associated with apps such as YouTube, but among teens, TikTok is king. The app provides a potentially addictive, never-ending stream of short clips tailored to users' interests based on their viewing habits. Around half of British children use TikTok, and while most content is benign, Ofcom considers it the app where young people are "most likely to encounter a potential harm". (Certain features are restricted to over-tits andy)

AGE-INAPPROPRIATE CONTENT

Tilk Tok's Following Feed shows videos from known creators, while the default for You Feed serves endless clips based on viewing history. Most are harmfess, but unsuitable content can still appear, and watching for long enough signots interest to the algorithm. Although Tilt Tok bans lifegal or inappropriate uploods, the volume of posts means some slip through, increasing the chance that children encounter age inappropriate material between the detected.

BODY IMAGE AND DANGEROUS CHALLENGES

Olcom reports that most online harms for girls involve body image, while boys more often see dangerous stunts. Both types appear frequently on Tik tok and spread quickly through its engagement-driven algorithm. Homelius challenges have included the "blockout" trend, where users held their breath until passing out, families filed lawsuits ofter children died linked to the trend, showing have estimene or risky content can repidly reach young reache not peoplisely left area.

IN-APP SPENDING

Tik Tok is fires, but children can still spend money. Tik Tok coins, costing Ct. 59 to E234.59, let users buy giths for creators. Tik fisk Shop adds risk by allowing purchases from influencers or companies, sometimes leading to poor-quality items driven by persuasive marketing. A Conadian investigation found Tik Tok collected personal data from many children for tangeting and advertising despite age limits, meaning young users may lose control over their cerencel information.

CONTACT WITH STRANGERS

Between 1.6 and 1.9 billion people use TR Tox, meaning there's a high risk of unsanted attention from strongers. Accounts created by over-16s (or young people using a foke date of birth) are set to public view by default. This means that not only is someone's profile visible to ever-yone else on the app. It also suggests their videos to others and allows among to dissessiond or comment on them.

MISINFORMATION AND RADICALISATION

Tik Tok's short videos may appear lighthearted, but they can expose young people to harmful ideas. Misinformation is common, and Olicam reports that nearly one third of 12-15-year-adds use Tik Tok as a news source, increasing the chance of seeing racist, misogynistic, extremist or conspiracy material, Even brief clips can influence impressionable users and shape their worldview, making discussions about critical thinking, propaganda and online influence

ADDICTIVE DESIGN

Tik Tok's fast-paced stream of eye-catching videos to be potentially addictive for young users in 2024. UK children spent on overage of 127 minutes per day on the plotform, double the time recorded in 2020. Excessive use can disrupt sleep, increase initiability, and distract from healthier activities. Constantly skipping between short clips may also affect ottention span, making it harder to focus on longer tasks such as homework or reading.

Advice for Parents & Educators

ENABLE FAMILY PAIRING

Family Poling ollows parents to link their Tik Tak account to their child's in order to manage settings remotely. Parents can then turn on Esstricted Mode (reducing the chances of a child seeing inappropriate content), set screen time timits, make accounts private and manage whether their child can send messages – and if they can, to whom. Children connect other these settings without porental approval.

DISCUSS THE DANGERS

If a child wants to use TikTok and you're happy for them to do so, it's good practice to discuss the potential risks. Ensure they don't share any identifying personal information or respond to deaperount trends, and that they know to talk to a trusted odult if they're worked by interactions on the app. With more trens using TikTok to seems to improve the sold and the seems of the properties.

Meet Our Expert

Alan Martin is an experienced technology journalist who has written for the likes of Wired, Techitodor, Tom's Guide, The Evening Standard and The New Statesman.



BLOCK IN-APP SPENDING

Parents can restrict in app purchases on iPhone and Android devices to prevent occidental or impulsive Tilt tils spending. Young people can easily spend large emounts on Tilt'sk coins or low-quality products promoted through Tilt'lak thop, if a disappointing purchase occurs, turn it into a discussion about influencer marketing and have online promotions can be misleoding.

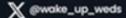
READ THE SIGNS

If you're concerned that a child is spending too much time on TikTok, or that they've been emotionally affected by something they've seen, it's important to know how to spot the signs. Increased initiability and a lock of concentration are potential red flags, as is falling to complete homework or skipping meals. Sumember, the parental control

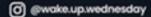


The National College

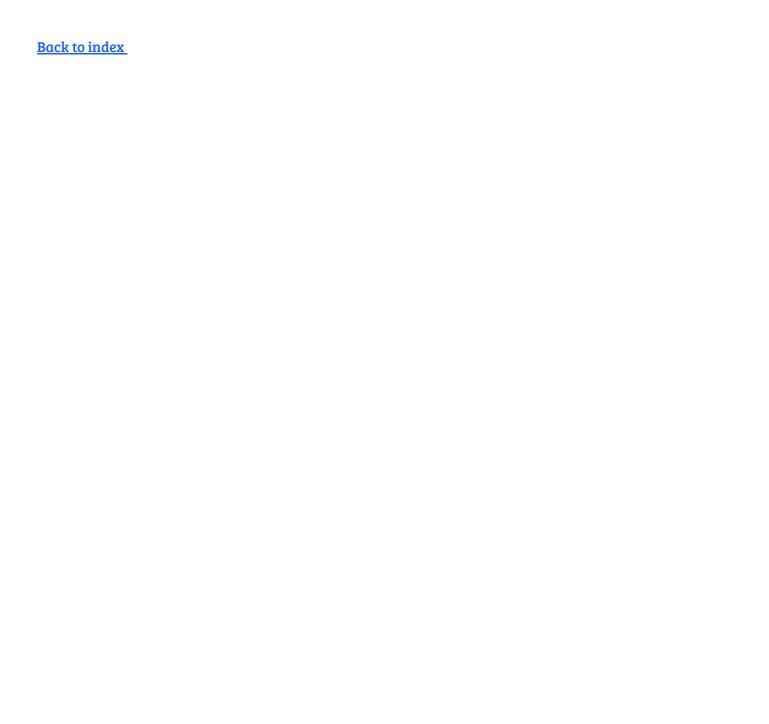
ter full reference list on outwebsite











COMMUNITY DROP-IN

Our early help community drop-in is here

It's a place where everyone can come to get friendly support and information from local volunteers, community organisations and Waltham Forest Early Help teams in an informal space.

We can help you with information about **local services**, support for parents, community activities, and help to use online services and more.



CHRISTMAS PROJECT

Turn your child's creativity into personalised gifts that everyone will love!



HOW TO ORDER:

- Visit apfsorders.co.uk
- Enter the unique artwork code on the back of your child's artwork under the QR code.
- Place your order and get your unique gifts delivered to school.



Why doesn't the QR code scan on the back of my artwork?

The QR code is for internal use only and won't work with external devices. Head to apfsorders.co.uk and enter your unique code.

What if you didn't send us your artwork?

No problem, just enter the 8 character code that appears under your QR code on the reverse of your artwork and you will be prompted to upload a photo of your artwork (Jpeg).

What if I miss the deadline?

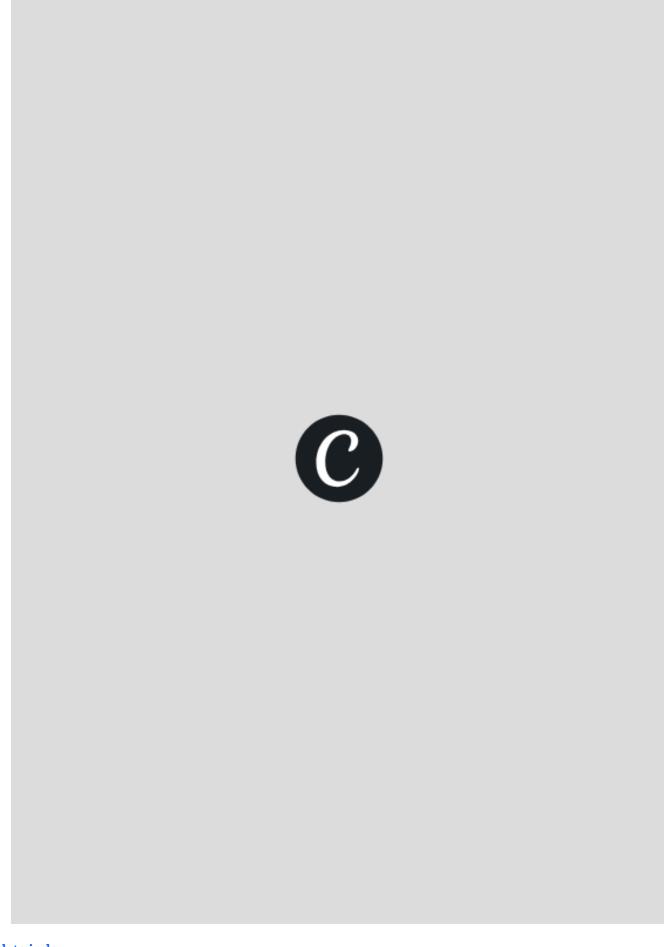
You can still place an order, but the school won't receive fundraising, and your items will be sent to your home with an additional postage fee.

When will I receive my order?

Your order will be delivered to the school along with all other orders on the date agreed by the organiser.



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WINTER 2025

ARE YOU AGED BETWEEN 5-16 AND IN RECEIPT OF BENEFIT RELATED FREE SCHOOL MEALS?

This winter we have the opportunity for you to try a wide range of free activities, have fun, make friends and enjoy a free meal every day across the borough.

To book your place and find out more scan here:







or visit

WALTHAMFOREST.GOV.UK/HOLIDAYS

Booking is essential on all activities so book early to avoid disappointment

For queries please contact the Waltham Forest Holiday Activity Programme team on:

IDAYACTIVITYPROGRAMME@ AMFOREST.GOV.UK







