



Weekly Bulletin - 28th November 2025

Click the link for each item to head straight to the relevant information.

Upcoming dates for diaries

- Saturday 6th December - Winter Fair (12pm-3pm)
- Wednesday 3rd December - Christmas Concerts begin (see link to full schedule below)
- Wednesday 10th December - Christmas Lunch and Jumper Day

Dates and event information

- Provisional **dates for diaries** for the whole academic year, including class assembly and Christmas performance dates. ([click here](#))
- Information on **how to order your child's Christmas Art** ([click here](#))

Information from outside agencies and organisations

- Top tips for parents and carers about **Tiktok** from the National College ([click here](#))
- Information about Waltham Forest's **Winter Holiday Activity and Food programme** for children eligible for Free School Meals ([click here](#))
- Waltham Forest **Mental Health Support team** webinars in the Autumn term ([click here](#))
- Waltham Forest **Educational Psychologist Service Parent Advice** sessions ([click here](#))
- Waltham Forest **Community Drop In Sessions** ([click here](#))
- Information about the **Feel Good Centre's children's birthday party** options ([click here](#))

The Winns Primary School

Calendar Dates Academic Year 2025-26

Please note, these dates are subject to change.

December 2025

6th – FOTW Winter Fair

3rd-16th – Christmas Concerts (see separate timetable below)

10th - Christmas Lunch and Jumper Day

12th – ASC finish

19th – Last day of Autumn term

January 2026

5th – Inset Day (staff only)

12th – ASC start

February 2026

6th – Dress Up for Digits Day

9th – Children's Mental Health Awareness Day

10th – Safer Internet Day

16th-20th – Half Term Holiday

March 2026

6th-13th – British Science Week

18th– Eid Celebration

20th – ASC finish

wb 23rd – Parental Consultation meetings

27th – Last day of Spring term

April 2026

13th – First day of Summer term (staff & children, no Inset day)

20th – ASC start

22nd – Earth Day

May 2026

4th – Bank Holiday (school closed)

wb 11th – KS2 SATs (Y6)

22nd – ASC finish

wb 25th – Half Term Holiday

June 2026

Pride Month

wb 1st – No ASC

wb 1st & 8th – Multiplication Tables Check (Y4)

1st – Inset day (staff only)

3rd–5th – Y5 Residential to The Hive

wb 8th – Phonics Screening Check (Y1)

wb 8th & 15th – Creativity Weeks (art work displayed at Summer Fair)

8th – ASC start

9th – Y1, 2, 3 Sports Day

10th – Y4, 5, 6 Sports Day

24th - Class Photos

25th – Young Enterprise

July 2026

- 4th – FOTW Summer Fair
- 9th – Y6 Leavers’ Production (after school)
- 8th – End of year reports sent home
- 10th – ASC finish
- 14th – Leavers’ BBQ
- 17th – Leavers Assembly
- 17th – Final day of the Summer term
- 20th – Inset day (staff only)

Class Assembly Dates

Spring 1	Spring 2	Summer 1	Summer 2
Thurs 15 th Jan – 6ES	Thurs 5 th Mar – 3NM	Thurs 23 rd Apr – 1AS	Thurs 11 th Jun - Pine
Thurs 22 nd Jan – 3CS	Thurs 12 th Mar – 6AM	Thurs 30 th Apr – 5BB	Thurs 18 th Jun - 4LT
Thurs 29 th Jan – 5JH	Thurs 19 th Mar – 2JS	Thurs 7 th May – 2ML	Thurs 25 th Jun - Cedar
Thurs 5 th Feb – 2CS	Thurs 26 th Mar – 4KB	Thurs 21 st May – 1BH	Thurs 2 nd Jul - 1GB
Thurs 12 th Feb – 4EB			Thurs 9 th Jul - Elm

Christmas Performances 2025

	Wed 3rd Dec	Thurs 4 th Dec	Fri 5 th Dec	Mon 8 th Dec	Tues 9 th Dec	Wed 10 th	Thurs 11 th	Fri 12 th
9:10am			Reception Christmas Concert 2		Year 1 Christmas Concert 2	Year 2 Christmas Concert 2	Year 4 Christmas Concert	Year 6 Christmas Concert
2:45 pm	Nursery Christmas Concert	Reception Christmas Concert 1		Year 1 Christmas Concert 1	Year 2 Christmas Concert 1	Year 3 Christmas Concert	Year 5 Christmas Concert	

All performances will take place in Green Hall

All concerts will last around 30 minutes.

Class Christmas Parties – further details to follow

Tuesday 16th December – Years R, 2, 4 & 6



Wednesday 17th December – Years Nursery, 1, 3 & 5

Christmas Lunch

Wednesday 10th December



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WALTHAM FOREST MENTAL HEALTH SUPPORT TEAM WEBINARS 2025

02

OCTOBER

School attendance and Emotional Wellbeing

5-6PM ON MS TEAMS



16

OCTOBER

Helping your child reach their full academic potential

5-6PM ON MS TEAMS



06

NOVEMBER

Positive approaches to challenging behaviour

5-6PM ON MS TEAMS



20

NOVEMBER

Boost your mood – practical tools for overcoming low mood

5-6PM ON MS TEAMS



03

DECEMBER

Anxiety management: building resilience and calm

5-6PM ON MS TEAMS



Please register your interest for any of our free webinars by scanning this QR code



EDUCATIONAL PSYCHOLOGY SERVICE

Speak confidentially
with an educational
psychologist about
your child

DATES

**Wednesday afternoon
(12:30–2 pm) or evening
(3:30–5 pm)**

24th September 2025
8th October 2025
12th November 2025
10th December 2025
14th January 2026
11th February 2026
18th March 2026
22nd April 2026
20th May 2026
10th June 2026
8th July 2026

PARENT ADVICE SESSIONS

Who is it for?

- Parents and carers living in Waltham Forest

What can I expect?

- A free 30-minute session with an EP by phone or online via Teams

How to book?

- Call, text or email us using the contact details below



ABOUT US

Our diverse EP team is passionate about working with families and schools to support children and young people aged 0–25 years with their development, learning and emotional wellbeing.



educationalpsychologyservice@walthamforest.gov.uk



07776 589 597

What Parents & Educators Need to Know about

TIKTOK

WHAT ARE THE RISKS?

Online videos are often associated with apps such as YouTube, but among teens, TikTok is king. The app provides a potentially addictive, never-ending stream of short clips tailored to users' interests based on their viewing habits. Around half of British children use TikTok, and while most content is benign, Ofcom considers it the app where young people are "most likely to encounter a potential harm".

AGE RESTRICTION
13+

(Certain features are restricted to over-18s only)

AGE-INAPPROPRIATE CONTENT

TikTok's following Feed shows videos from known creators, while the default For You Feed serves endless clips based on viewing history. Most are harmless, but unsuitable content can still appear, and watching for long enough signals interest to the algorithm. Although TikTok bans illegal or inappropriate uploads, the volume of posts means some slip through, increasing the chance that children encounter age-inappropriate material before it is detected or removed.

BODY IMAGE AND DANGEROUS CHALLENGES

Ofcom reports that most online harms for girls involve body image, while boys more often see dangerous stunts. Both types appear frequently on TikTok and spread quickly through its engagement-driven algorithm. Harmful challenges have included the "blackout" trend, where users held their breath until passing out. Families filed lawsuits after children died linked to the trend, showing how extreme or risky content can rapidly reach young people and negatively influence them.

IN-APP SPENDING

TikTok is free, but children can still spend money. TikTok coins, costing £9.99 to £224.99, let users buy gifts for creators. TikTok Shop adds risk by allowing purchases from influencers or companies, sometimes leading to poor-quality items driven by persuasive marketing. A Canadian investigation found TikTok collected personal data from many children for targeting and advertising despite age limits, meaning young users may lose control over their personal information.

CONTACT WITH STRANGERS

Between 1.6 and 1.9 billion people use TikTok, meaning there's a high risk of unwanted attention from strangers. Accounts created by over-16s (or young people using a fake date of birth) are set to public view by default. This means that not only is someone's profile visible to everyone else on the app, it also suggests their videos to others and allows anyone to download or comment on them.

MISINFORMATION AND RADICALISATION

TikTok's short videos may appear lighthearted, but they can expose young people to harmful ideas. Misinformation is common, and Ofcom reports that nearly one third of 12-15-year-olds use TikTok as a news source, increasing the chance of seeing racist, misogynistic, extremist or conspiracy material. Even brief clips can influence impressionable users and shape their worldview, making discussions about critical thinking, propaganda and online influence especially important for parents and educators.

ADDICTIVE DESIGN

TikTok's fast-paced stream of eye-catching videos can be potentially addictive for young users. In 2024, UK children spent an average of 127 minutes per day on the platform, double the time recorded in 2020. Excessive use can disrupt sleep, increase irritability, and distract from healthier activities. Constantly skipping between short clips may also affect attention span, making it harder to focus on longer tasks such as homework or reading.

Advice for Parents & Educators

ENABLE FAMILY PAIRING

Family Pairing allows parents to link their TikTok account to their child's in order to manage settings remotely. Parents can then turn on Restricted Mode (reducing the chances of a child seeing inappropriate content), set screen time limits, make accounts private and manage whether their child can send messages – and if they can, to whom. Children cannot alter these settings without parental approval.

DISCUSS THE DANGERS

If a child wants to use TikTok and you're happy for them to do so, it's good practice to discuss the potential risks. Ensure they don't share any identifying personal information or respond to dangerous trends, and that they know to talk to a trusted adult if they're worried by interactions on the app. With more teens using TikTok for news, it's important to talk about misinformation and propaganda.

BLOCK IN-APP SPENDING

Parents can restrict in-app purchases on iPhone and Android devices to prevent accidental or impulsive TikTok spending. Young people can easily spend large amounts on TikTok coins or low-quality products promoted through TikTok Shop. If a disappointing purchase occurs, turn it into a discussion about influencer marketing and how online promotions can be misleading.

READ THE SIGNS

If you're concerned that a child is spending too much time on TikTok, or that they've been emotionally affected by something they've seen, it's important to know how to spot the signs. Increased irritability and a lack of concentration are potential red flags, as is failing to complete homework or skipping meals. Remember, the parental controls are there for a reason, and it's never too late to introduce limits.

Meet Our Expert

Alan Martin is an experienced technology journalist who has written for the likes of Wired, TechRadar, Tom's Guide, The Evening Standard and The New Statesman.



#WakeUpWednesday

The National College

(see full reference list on our website)

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COMMUNITY DROP-IN

Our early help community drop-in is here

It's a place where everyone can come to get friendly support and information from local volunteers, community organisations and Waltham Forest Early Help teams in an informal space.

We can help you with information about **local services**, **support for parents**, **community activities**, and **help to use online services** and more.

WALTHAM FOREST

FAMILY HUBS

WELLBEING, CONNECTION, SUPPORT

CAN YOU HELP?

You can find out how to volunteer here:



DROP IN FROM 9.45-11.15AM

FREE DROP IN SESSION, NO NEED TO BOOK

TUESDAY

QUEENS ROAD
FAMILY HUB
215 QUEENS ROAD
E17 8PJ

WEDNESDAY

CHINGFORD
LIBRARY
STATION ROAD
E4 7EN

THURSDAY

WALTHAMSTOW
LIBRARY
HIGH STREET
E17 7JN

FRIDAY

LEYTONSTONE
LIBRARY
6 CHURCH LANE
E11 1HG



Waltham Forest

CHRISTMAS PROJECT

*Turn your child's creativity
into personalised gifts
that everyone will love!*



HOW TO ORDER:

- 1 Visit **apfsorders.co.uk**
- 2 Enter the unique artwork code on the back of your child's artwork under the QR code.
- 3 Place your order and get your unique gifts delivered to school.



TAP HERE

Why doesn't the QR code scan on the back of my artwork?

The QR code is for internal use only and won't work with external devices. Head to **apfsorders.co.uk** and enter your unique code.

What if I miss the deadline?

You can still place an order, but the school won't receive fundraising, and your items will be sent to your home with an additional postage fee.

What if you didn't send us your artwork?

No problem, just enter the 8 character code that appears under your QR code on the reverse of your artwork and you will be prompted to upload a photo of your artwork (Jpeg).

When will I receive my order?

Your order will be delivered to the school along with all other orders on the date agreed by the organiser.



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WALTHAM FOREST HOLIDAY ACTIVITY AND FOOD PROGRAMME

20 DECEMBER 2025 – 2 JANUARY 2026

WINTER 2025

**ARE YOU AGED BETWEEN 5-16
AND IN RECEIPT OF BENEFIT
RELATED FREE SCHOOL MEALS?**

This winter we have the opportunity for you to try a wide range of free activities, have fun, make friends and enjoy a free meal every day across the borough.

To book your place and find out more scan here:



or visit

WALTHAMFOREST.GOV.UK/HOLIDAYS

Booking is essential on all activities so book early to avoid disappointment

For queries please contact the Waltham Forest Holiday Activity Programme team on:

**WFHOLIDAYACTIVITYPROGRAMME@
WALTHAMFOREST.GOV.UK**

