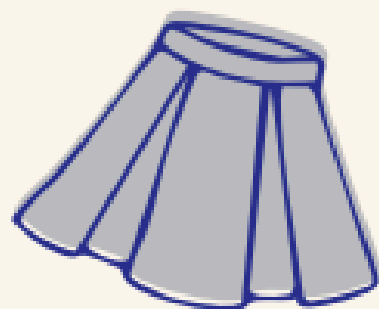
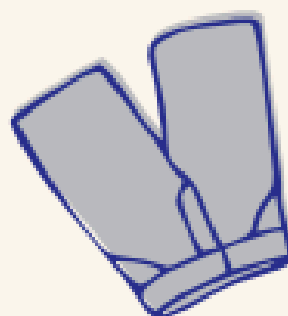
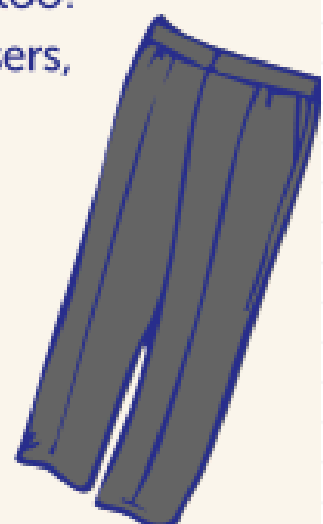
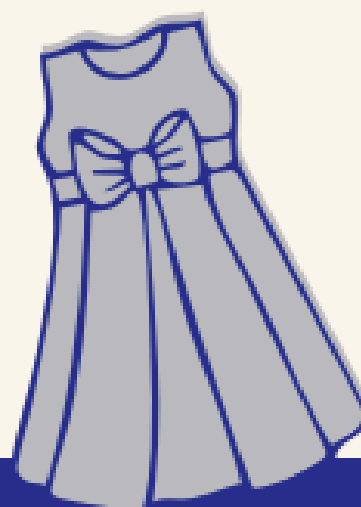




Preloved UNIFORM SALE

**Friday 17 October 3:15pm
in the main playground**

Give school clothes a second life - and save money too!
Jumpers, cardigans, dresses, shorts, pinafores, trousers,
PE kits and more - all at great prices.



Donations Welcome!

Donations of clean, good-quality uniform items are always welcome
(no shoes please) - please drop them off at the school office by the 17th.



WINNS WEEKLY

10.10.2025

Mahelo ya vhiki
lamanene!

Tsonga
Have a good weekend!



Headteacher: Fiona Judge / The Winns Primary School, Fleeming Rd. E17 5ET
020 8527 1872 / www.thewinnsprimaryschool.co.uk / office@winns.waltham.sch.uk

DATES FOR DIARIES W.B. 13.10.2025

Wednesday 15th October	Reception 2025 Parent Tour (9:30am) MHST Parent Workshop (9:15am)
Thursday 16th October	Year 6 SATs Parents Info Meeting (online, 4:30pm) Final day for after school activity clubs this half term
Friday 17th October	FOTW Preloved Uniform sale, main playground (3:15pm)

Please remember to subscribe to [our online calendar](#) so that you receive automatic updates into your own calendar.

NURTURING YOUNG MINDS: CELEBRATING WORLD MENTAL HEALTH DAY

This week, our school recognised World Mental Health Day with a special assembly to teach children about their feelings and how to stay healthy. We explained that mental health is about caring for our brains and emotions - just like we care for our bodies. The key message? It's okay to have big feelings, and it's important to talk about them!

Children learned simple tools to keep their minds strong:

- **Talking:** Sharing feelings with a trusted adult.
- **Moving:** Physical activity boosts mood.
- **Connecting:** Being kind and helping friends.
- **Breathing:** Taking breaks to calm down.

We encourage you to ask your child about these tools at home. By working together, we can help our students build emotional resilience and thrive!



WINNS WEEKLY 10.10.2025

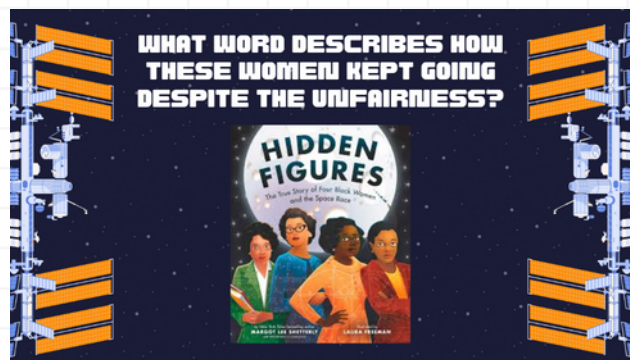
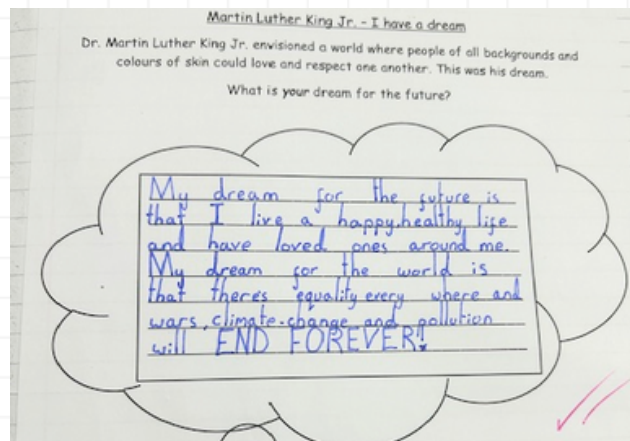
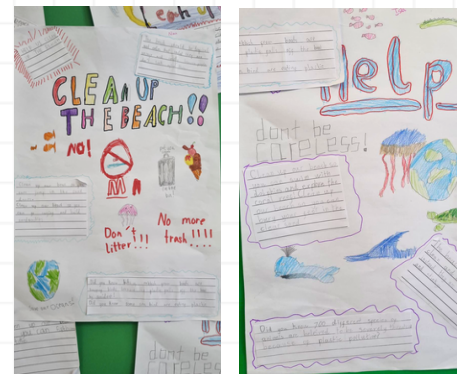
Headteacher: Fiona Judge / The Winns Primary School, Fleeming Rd. E17 5ET
020 8527 1872 / www.thewinnsprimaryschool.co.uk / office@winns.waltham.sch.uk

BLACK HISTORY MONTH UPDATE

This week has been another inspiring one here at The Winns as we continue our celebrations for Black History Month. The school has been filled with music as the children have been singing songs inspired by the incredible talents of Emeli Sandé and Heather Small, which they've absolutely loved.

In Year 2, the children have created beautiful posters inspired by the Jamaican-themed book *Clean Up*, exploring the themes of community and protecting our environment. In assemblies, we've been learning about ground-breaking Black mathematicians who played a pivotal role in the US space programme, as well as the remarkable work of Elizabeth Nneka Anionwu, a pioneering professor of nursing and inspirational figure in British public life.

Meanwhile, in Year 4, children have been sharing their vision of a fairer and more respectful world, drawing on the legacy of the civil rights movement and the fight for equality. Next week, we're looking forward to some exciting Caribbean and African cooking sessions and more creative projects across the school.



WINNS WEEKLY 10.10.2025

Headteacher: Fiona Judge / The Winns Primary School, Fleeming Rd. E17 5ET
020 8527 1872 / www.thewinnsprimaryschool.co.uk / office@winns.waltham.sch.uk

YEAR 3 & 4 BOYS FOOTBALL TOURNAMENT

A team of year 3 & 4 boys competed in the Waltham Forest School Games football tournament on Tuesday this week. The boys represented the school brilliantly, winning one, drawing another and losing two of their group stage fixtures. Unfortunately, this meant they didn't progress to the knockout stages, but showed resilience and determination throughout the day. As always, a huge thank you to our Coaches from KDW for preparing the boys, and also to the parents that came along to support on the day.



WINNS WEEKLY 10.10.2025

Headteacher: Fiona Judge / The Winns Primary School, Fleeming Rd. E17 5ET
020 8527 1872 / www.thewinnsprimaryschool.co.uk / office@winns.waltham.sch.uk



FRIENDS OF THE WINNS NEWS

HELP RAISE £1,500 FOR THE WINTER FAIR!

We're delighted to partner with Plus Rooms, specialists in house extensions, for this year's **Winter Fair on Saturday 6th December 2025**. Their generous sponsorship could help raise £1,500, keeping the fair cost-neutral so every penny spent directly supports FOTW.



We need **50 houses** in Waltham Forest to host a sign for **6 weeks**, earning **£30 per sign**. Hosts don't need to be Winns parents - just have a house with space to securely place a sign. (Our sponsor, Plus Rooms, specialises in rear house extensions, hence we're looking for houses-not flats-to host signs). Renters can join too with landlord permission.

Sign up here: <https://forms.gle/7WA6tCCuwUkcLeD56>

or email: fotwvictoria@gmail.com by 5pm Friday 24th October.



COMMITTEE NEWS

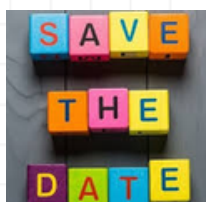
We're excited to welcome Ness McManus as FOTW's new Secretary and Communications lead. A long-time supporter and year 4 parent, Ness has contributed her design skills and volunteered across school events. We are thrilled to have her on board!

WINTER FAIR LOADING...

We'll soon be recruiting volunteers for the Winter Fair! If you can spare an hour -whether it's sorting donations, helping with set-up or pack-down, or running a stall - we'd love your support. Volunteer sign up coming next week!



DATES FOR YOUR DIARY



OCTOBER

17th - Preloved Uniform Sale
17th - Playground chat

NOVEMBER:

tbc- Reception
coffee morning

DECEMBER:

6th - Winter Fair

Please remember to subscribe to [our online calendar](#) so that you receive automatic updates into your own calendar.

Have ideas or feedback for FOTW? Email FOTW: fotwchair@gmail.com



WINNS WEEKLY 10.10.2025

Headteacher: Fiona Judge / The Winns Primary School, Fleeming Rd. E17 5ET
020 8527 1872 / www.thewinnsprimaryschool.co.uk / office@winns.waltham.sch.uk



FRIENDS OF THE WINNS NEWS

COME AND SAY HELLO!

Catch the FOTW committee alongside the Preloved team in the main playground on the 17th! get to meet as many parents and carers as possible and with that share info on what FOTW does, future plans and gather your ideas! Can't make it? No worries, we'll schedule more meetups soon.



UNIFORM DONATIONS NEEDED FOR OUR NEXT PRE-LOVED SALE!



The sale will take place on **Friday 17th, from 3.15pm** in the main playground.

If you have any **good-quality jumpers, cardigans, dresses, trousers, or shorts, please drop them off at The Winns office**. We're especially in need of **jumpers and cardigans**, washed and in good condition, but unfortunately, we can't accept shoes. Come along to the stall to pick up a bargain - we'd love to see you there!

ARE YOU A FUNDRAISING WHIZZ?

We're looking for parents and carers to take on two flexible, impactful roles:

- **Raffle Lead:** Be the go-to for raffle donations and admin for our Winter and Summer Fairs, plus events like Tour de Winns.
- **Passive Income Lead:** Help drive fundraising through sign sponsorships, Stikins, Easyfundraising and local business support for school initiatives.

Both roles are ad hoc, supported by the committee, and perfect if you're keen to contribute to FOTW and have lots of flex. Get in touch - we'd love to have you onboard!

If you are interested, please get in touch with us at fotwchair@gmail.com.



Please remember to subscribe to [our online calendar](#) so that you receive automatic updates into your own calendar.

Have ideas or feedback for FOTW? Email FOTW: fotwchair@gmail.com

