

# TOUR *de* WINNNS

 The Winns  
Primary School



Saturday 19 July  
10am – 1pm

ALL  
WHEELS  
WELCOME!

Route



## Join our sponsored cycling festival!

Take part in a fun, safe, traffic-free ride round the block while promoting healthy living and raising funds for our school. Then head to the Cycling Village for activities, refreshments - and a visit from Dr Bike!

**Mamachari**  
London  
The Family Cycling Specialist  
[www.mamachari.co.uk](http://www.mamachari.co.uk)

Dr Bike provided by

**enJOY**  
WALTHAM FOREST

Cafe sponsored by





# WINNS WEEKLY

18.7.2025

Un week-end  
bun să aveți!

Romanian  
Have a nice weekend!



Headteacher: Fiona Judge / The Winns Primary School, Fleeming Rd. E17 5ET  
020 8527 1872 / [www.thewinnsprimaryschool.co.uk](http://www.thewinnsprimaryschool.co.uk) / [office@winns.waltham.sch.uk](mailto:office@winns.waltham.sch.uk)

## DATES FOR DIARIES **WB 21.7.2025**

**Saturday 19<sup>th</sup> July** Tour de Winns

**Monday 21<sup>st</sup> July** Y5 & 6 Musical Showcase (3:45-4:30)

**Tuesday 22<sup>nd</sup> July** Y6 Leavers' BBQ (5:30pm)

**Wednesday 23<sup>rd</sup> July** Y6 Leavers' Assembly (2:30pm)

Last day of term

Please remember to subscribe to [our online calendar](#) so that you receive automatic updates into your own calendar.

### 5BB CLASS ASSEMBLY

This week, 5BB delivered a fantastic class assembly, sharing their learning about Ancient Greece with an appreciative audience. The children confidently brought their history topic to life in a fun and engaging way. They explored what daily life was like in Ancient Greece, giving us a glimpse into how people lived, worked, and spent their free time. The assembly also highlighted the fascinating world of the Greek gods, with children explaining how these gods



were worshipped and how they shaped Greek culture and stories. 5BB also shared their learning about the birth of democracy, explaining how the Ancient Greeks developed new ways of making decisions that still influence us today. Well done to 5BB for their hard work (and Ms Boakes and Miss Tanya for preparing them!) and to the families who came to support.



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## YEAR 6 TREGINNIS RESIDENTIAL AND IN SCHOOL ACTIVITIES

Our Year 6 children have had an unforgettable week living and working on the most westerly farm in Wales. As you can see from the photos, they embraced the many tasks that are essential on a working farm, whilst at the same time enjoying the beautiful surrounding countryside. Every single one of them could have earned the prestigious "Farmer of the Week" mantle! Hopefully the photos give you an idea of both how hard the children have been working and how much fun they have had over the last five days. For the full album of photos please [visit the school website](#).

Back in school, the second group of year 6 children have had a busy and exciting week of their own! They have spent time in the kitchen, conjuring up amazing pizza recipes, carefully choosing toppings and working together to create delicious results. In the classroom, the children took part in spy craft maths activities, using their problem-solving skills to crack codes and complete secret missions. They also managed to squeeze in a trip to the park, enjoying some fresh air, games and time together outside. Finally, we also have to thank them for working on updating some of the displays in the linkway corridor with some creative inspiration also coming from Miss Daria. Well done, Year 6!



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## FRIENDS OF THE WINNS NEWS

### TOUR DE WINNS THIS SATURDAY

**Come Rain or Shine..... The Tour de Winns is tomorrow!**

**Join us tomorrow (Saturday 19<sup>th</sup> July) 10am-1pm** for a family-friendly ride on traffic-free roads around The Winns Primary School open to anyone on wheels! **There is no need to pre-register, just turn up and ride.**

**A weather plan is in place** and there are plenty of fun things to do including lots of activities with Dr Bike provided by London Borough of Waltham Forest for repairs and tune-ups, local bike shop Mamachari London offering cargo bike test rides (ID required), a LFB Fire Engine, Metropolitan Police



engaging with residents and London Cycling Campaign with their "Dare to Dream" campaign. **There will also be stalls and refreshments available** in the playground as well as a smaller course for the tiniest of riders. **Local roads will be closed to traffic for 2 hours (1030-1230)** so if you'd like to come down and join in, volunteer to marshal or just cheer the kids on, pop down!

### MINI RAFFLE

This year we are fundraising for this event by hosting a Mini Raffle with the star prize being a voucher for a 20 inch kids bike kindly donated by The Cycle MOT. There are a number of other prizes kindly donated by parents at the school. Tickets are only 10p each and can be purchased by clicking here: <https://thewinns.rallyup.com/tourdewinns25/Campaign/Details>

### SUMMER FAIR RAFFLE PRIZE COLLECTION

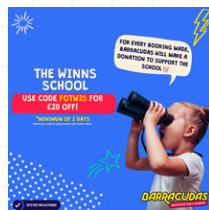


There are still a number of prizes from the Summer Fair Raffle that have yet to be collected. Please collect your prize by the end of term or they will be forfeited and carried forward to the next raffle. Thank you for your understanding.

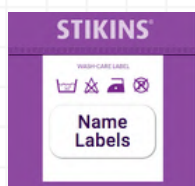
### LOOKING FOR A SUMMER HOLIDAY CAMP?

Then consider Barracudas

FOTW have negotiated a discount for Winns parents who use the code FOTW25 when booking. More details about the camps can be found in the flyer on page 10 of this Winns Weekly



### NEED LABELS FOR YOUR CHILD'S CLOTHES?



Then consider ordering from Stikins. As a member of **Stikins fundraising scheme** we receive a 30% donation every time you make a purchase. To order, visit <https://www.stikins.co.uk/> and quote the school's fundraising number - **25586** - when you check out.

Have ideas or feedback for FOTW? Email FOTW: [fotwchair@gmail.com](mailto:fotwchair@gmail.com)



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## FRIENDS OF THE WINNS NEWS

### A YEAR IN REVIEW

The Friends of the Winns would like to thank everyone who has helped us to raise money for the school this year. It's been a wonderful year with so many fun events and activities.



**The Winter Term** saw us reach our £30k target as our contribution towards the cost of the playground transformation which the children have loved playing in this year. It was a fun filled term with the children's designs going on Christmas Cards, Mugs and Wrapping Paper. We also hosted the first ever parent-only evening event with the Winns Nights Presents... The Quiz where 16 teams battled it out to be crowned champions (the teacher's won). And the term ended with all our festive fundraising: the Estate Agent Boards, The Raffle, and of course, the Winter Fair.

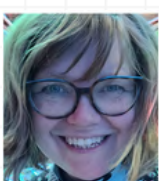
**The Spring Term** was all about books as we hosted a number of events around World Book Day with the Winns Window Story Trail, the Book Swap and the Costume Give or Take all helping the children get into the spirit of the love of literature. We also held the second Winns Nights Presents... The Quiz with a parent team taking the crown from the Teachers by answering questions on Geography, History, Sport, Film and for showing their artistic prowess.



**And finally, The Action Packed Summer Term** has been an epic one with tea towels, the children dancing their socks off at School at Wiggle for Winns, and a record breaking (both in temperature and money raised) Summer Fair and Raffle. **With the Tour de Winns still to come, we are yet to work out the total raised for this school year but we can safely say that it will be over £22K which is such a fantastic figure.**



**Money raised has been spent** on the playground transformation, new books for the library, and sports kit for the school and is going towards the creation of a new Art Studio and also to enhance and improve the Wellbeing spaces at the school. And don't forget, 10% of all money raised by Friends of the Winns goes to the Family Support Fund. This is managed by the school and offers support to those families that need it most.



So, a **BIG** thank you to everyone who has helped us this year from the Friends of the Winns Committee. **And an especially HUGE thank you must go to Karen Leach** who has been the lynchpin behind FOTW these past two years as the Chair. As her daughter is leaving the school, we must also say a sad farewell to Karen too. She has been absolutely amazing as Chair and will be sorely missed!



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## THE FRIENDS OF THE WINNS

### WHO ARE FRIENDS OF THE WINNS?

We are you! If you are a parent of a child at The Winns Primary School then you're automatically a Friends of The Winns member. Run by a committee of parents, the Friends of the Winns is a collection of volunteers who run events throughout the year to raise much needed funds for our school. But most importantly, we have fun!

### WHERE DOES THE FUNDRAISING GO?

All money raised goes to the school to give the children the best educational experience possible. In recent years, we have supported a number of projects including the Main School and Reception playground transformations, the installation of a teaching kitchen, School Library improvements, and the purchase of new AV equipment.

Also, 10% of all money raised by Friends of the Winns goes to the Family Support Fund. This is managed by the school and offers support to those families that need it most.

### WANT TO VOLUNTEER WITH FOTW?

The Friends of the Winns is a charitable organisation that is run completely by parent volunteers. You can volunteer at anytime and can give us as much time as you can (even an hour helps). You don't need to hold an official FOTW role or be voted in to be a volunteer!

We are also on the look out for people to help in a number of ways, whether that is with the Library Team, the Pre-loved Team on at one of our many events. Interested? Then please email [fotwchair@gmail.com](mailto:fotwchair@gmail.com) or join the FOTW Whatsapp group: <https://tinyurl.com/dk7jc2ef>

WE ❤️ VOLUNTEERS!



### OTHER WAYS TO SUPPORT

#### SIGN UP TO EASYFUNDRAISING!

Easyfundraising is a simple way for you to support the school. Over 7,500 brands will donate to Friends of the Winns for free every time you use the app or browser extension to shop. **It costs you nothing extra!**

Sign up here: <https://www.easyfundraising.org.uk/causes/friendsofthewinns>

**ONLINE DONATIONS** - You can set up a regular payment or make a one off donation through the Charities Aid Foundation. All the details can be found here:

<https://cafdonate.cafonline.org/26249#!/DonationDetails>

Have ideas or feedback for FOTW? Email Karen, Co-Chair of FOTW: [fotwchair@gmail.com](mailto:fotwchair@gmail.com)



# Talk Matters

Your school is taking part in **Talk Matters** activities and support to help your child develop their talking and listening skills and improve wellbeing across the school.

**Parents and carers**  
Tell us what you think

We are researchers who have been asked to find out what difference **Talk Matters** makes in your school.

**We want to hear from you.**

**Please scan the QR code with your phone to go to the survey. OR CLICK THE CODE**



The survey will take around 5 minutes to complete on a phone, tablet or computer.

The survey is open until the end of the school term.

**Talk Matters** has been developed by the Mayor of London's Violence Reduction Unit. They have asked Ecorys to carry out this research.

Your views will help your school and others to understand how well **Talk Matters** is working and how it could improve.

Have a question about this research? Email:  
[TalkMattersEvaluation@ecorys.com](mailto:TalkMattersEvaluation@ecorys.com)



# WALTHAM FOREST HOLIDAY ACTIVITY AND FOOD PROGRAMME

# SUMMER 2025

## 28 JULY - 22 AUGUST

**ARE YOU AGED BETWEEN 5-16 AND IN RECEIPT OF BENEFIT RELATED FREE SCHOOL MEALS?**

This summer we have the opportunity for you to try a wide range of free activities, have fun, make friends and enjoy a free meal every day across the borough.

To book your place and find out more scan here:



or visit

**WALTHAMFOREST.GOV.UK/HOLIDAYS**

Booking is essential on all activities so book early to avoid disappointment

For queries please contact the Waltham Forest Holiday Activity Programme team on:

**WFHOLIDAYACTIVITYPROGRAMME@WALTHAMFOREST.GOV.UK**





# LFYD FC

# SUMMER CAMP

**7-11YRS (BOYS)**

**11-15YRS (GIRLS)**



**DATE**



**AUGUST 4-8, 2025**

**TIME**



**09:30 AM - 3:00 PM**

**LOCATION**

**WALTHAMSTOW ACADEMY,  
BILLET ROAD, E17 5DP**



**£20 per day  
(£80 - 5 days)**

**CONTACT GAVIN PRINCE:  
07967239103**

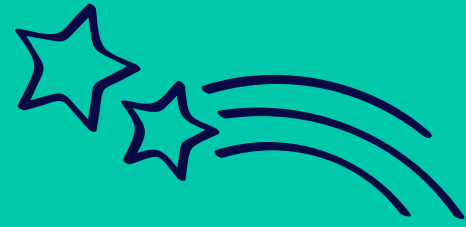


**MORE INFO:** via our Facebook page - London Forest Youth Development



# BARRACUDAS

ACTIVITY DAY CAMPS



## SUMMER HOLIDAY ACTIVITIES AT WOODFORD COUNTY HIGH SCHOOL

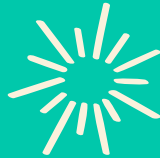
EXCLUSIVE DISCOUNT FOR  
THE WINNS SCHOOL

USE CODE FOTW25  
FOR £20 OFF!

\*MINIMUM OF 2 DAYS  
\*Not to be used in conjunction with other offers.



FOR EVERY BOOKING MADE,  
BARRACUDAS WILL MAKE A  
DONATION TO SUPPORT OUR  
SCHOOL !!!



- ⦿ 4 to 14 year olds!
- ⦿ 80+ Activities!
- ⦿ Choice each session!
- ⦿ Specialist Courses!
- ⦿ Flexible bookings!



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**SUPER  
STAR  
SPORT**

**SUMMER  
ACTIVITY  
CAMP**



**Holy Family  
School**

Wiseman House Site, 34 Shernhall  
Street, E17 9RT

**29<sup>th</sup> Jul - 8<sup>th</sup> Aug**  
**9:00AM - 3:00PM**  
Capacity per day: 40

**Benefits of the HAF Programme**

- Free hot meal every day
- Free funded space
- Learn new skills

Visit [www.eequ.org](http://www.eequ.org)  
to book onto our club.

The program is for Children who are eligible for  
free school meals based on benefits

**FOOTBALL  
DAY**

**WATER  
FIGHT DAY**

**STEM  
ACTIVITY-  
LEGO  
CONSTRUCTION**

**BALL  
SKILLS  
(KS1 & KS2)**

**SOFT  
ARCHERY**



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Visit [www.superstarsport.co.uk](http://www.superstarsport.co.uk) 'Book Now'  
For more information call 01992 766 707



**NO NUT  
POLICY**

# 10 Top Tips for Parents and Educators

## STAYING SAFE AROUND WATER

Enjoying time in, on, and around water plays a vital role in a young person's overall development, offering a healthy and exhilarating way to have fun. This guide outlines essential safety advice, based on the Royal Life Saving Society UK's Water Safety Code, to help ensure children can enjoy swimming and similar activities safely and responsibly.

### 1 STICK TO LIFEGUARDED AREAS

It's never advisable to enter unsupervised bodies of water, especially alone. Instead, it's considered best practice to accompany children to places with lifeguards, as they will be trained to respond swiftly in emergencies and provide first aid when needed.



### 2 LEARN SIGNS AND FLAGS

When going to a new environment, it's important to research the local area and make children aware of safety signage before entering the water. If visiting the seaside, make sure children are always supervised by an adult and that they know what different beach flags mean, so they're knowledgeable of where and when they can enter the sea.



### 3 STOP AND THINK

Young people should be cautious before entering water, as it's difficult to know what hazards could be underneath. Use the Water Safety Code and encourage children to ask themselves questions such as, "Is the water too deep or too shallow? Are there currents, tides, or underwater objects?" Make sure children know never to enter water from a height, as what lurks below could cause serious injuries.



### 4 CONSIDER WATER TEMPERATURE

Even on hot days, water can be deceptively cold. Tragedies strike when young people experience cold water shock. Never let children enter water quickly; instead, ensure that they enter slowly and carefully to allow their bodies to adjust to the temperature or exit easily if needed.



### 5 INFLATABLE SAFETY

Although inflatables may seem like a fun idea when visiting locations like the beach, they can float further out from shore and into more dangerous water. It's advisable only to use inflatables in spaces like appropriately managed swimming pools, where they're used in more controlled and supervised environments.



### 6 SUPERVISION IS KEY



For young children, and particularly those under the age of five, it's important for them to be supervised at home, outside and at the pool at all times. It's essential for parents and educators to understand that young children can drown quickly and silently; therefore, anyone supervising them must maintain constant watch in case they get into difficulty.

### 7 DON'T GO TOO FAR



When swimming, especially in open water, it's best to teach children to stay within a safe depth. Share advice with them such as only entering water up to a standing depth, and in the case of visiting the beach, swim parallel to shorelines. This will allow a child to stay in control and get out of the water easily.

### 8 KEEP POOLS AND TUBS DRAINED



For parents of young children, a simple way to protect them at home is to keep outdoor spaces and bathrooms tidy after playtime. This includes removing water from paddling pools after use and turning them over, returning lids to hot tubs and taking toys out of baths, so all water can be fully drained from the tub.

### 9 FLOAT AND CALL 999



If a child gets into difficulty in the water, they should try to float on their back, stay calm, and call for help. If a young person sees someone else in trouble, they should dial 999 or 112 immediately, then shout to reassure their friend, encouraging them to float on their back, and letting them know that help is on the way. Children should never enter the water to attempt a rescue or retrieve belongings.

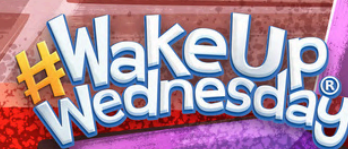
### 10 TEACH WATER SAFETY



Beyond swimming lessons, children should be educated in school on water safety. Use RLSS UK's accredited programme, 'Water Smart Schools', which offers free lesson plans and resources on how to be safe on, near and around water by following the Water Safety Code.

### Meet Our Expert

The Royal Life Saving Society UK (RLSS UK) is a national water safety charity that gives children the chance to enjoy a lifetime of fun in the water, safely. Water safety education provided in schools is vital and, in some instances, could be a child's only opportunity to learn about the water.



The National College®