

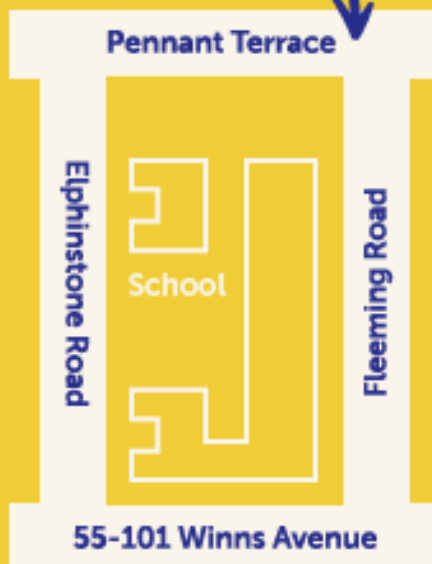


TOUR *de* WINNS

Saturday 19 July
10am – 1pm

**ALL
WHEELS
WELCOME!**

Route



Join our sponsored cycling festival!

Take part in a fun, safe, traffic-free ride round the block while promoting healthy living and raising funds for our school. Then head to the Cycling Village for activities, refreshments - and a visit from Dr Bike!

Cafe sponsored by





WINNS WEEKLY

4.7.2025

Καλό
Σαββατοκύριακο!

Greek
Have a good weekend!



Headteacher: Fiona Judge / The Winns Primary School, Fleeming Rd. E17 5ET
020 8527 1872 / www.thewinnsprimaryschool.co.uk / office@winns.waltham.sch.uk

DATES FOR DIARIES WB 7.7.2025

Monday 7th July	2025-2026 Class letters home to parents
Tuesday 8th July	Year 1, 2, 3 Sports Day @ George White SG
Wednesday 9th July	Nursery Class Assembly (9:10am) Year 4, 5, 6 Sports Day @ George White SG
Thursday 10th July	Y2 Trip to Lightroom Y6 End of year production (7pm, children arrive 6:30)
Friday 11th July	Y6 Junior Citizens Day Children meet their new teachers

Please remember to subscribe to [our online calendar](#) so that you receive automatic updates into your own calendar.

SUMMER FAIR THANK YOU!

Our Winns Summer Fair last Saturday was a fantastic day, despite the scorching heat! The school grounds were buzzing with activity, from games and delicious food and drink to lively stalls and our wonderful children's art exhibition. It was incredibly busy and heartwarming to see so many families enjoying themselves and supporting the school. As ever, the day was organised by our amazing parent volunteers from Friends of The Winns. Your tireless efforts, from setting up to packing away, and everything in between, made the day a huge success; thank you!

We will announce the final total raised once the raffle has closed over the weekend. Please check the FOTW section for details of how to buy tickets!



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NURSERY @ GROW WILD

This week, our nursery children embarked on a thrilling adventure to Grow Wild in Lloyds Park, and what a success it was! This incredible natural adventure playground proved to be the perfect setting for a day of climbing, sliding, jumping, and exploring. They embraced the exciting risks and challenges presented, developing their coordination, strength, and confidence in a safe and engaging environment. Well done Nursery!



RKB CLASS ASSEMBLY

RKB performed their fantastic class assembly this week where they became explorers and took us on a journey around the world! As part of our 'All Around the World' topic of learning, the children shared their knowledge about the seven continents, teaching us fun facts and showcasing their rendition of 'What a wonderful world'. It was a wonderful celebration of their curiosity, enthusiasm, and hard work! Thank you to Ms Barrett and all the other adults who helped prepare the children, and to the families who came along to support.

WHEN I GROW UP...

Thank you to the host of Year 2 parents that gave up their time to take part in a mini careers fair on Tuesday afternoon. The children loved asking questions and finding out everything about what you all do!



Y1 @ CONNAUGHT WATER



Year 1 got the chance to head to Epping Forest this week to explore a range of habitats as part of their learning. Thank you to the parents who came along to help on the trip!



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LE TOUR DE WINNS 2025 – SATURDAY 19TH JULY

We are excited to announce that the second Le Tour de Winns will be celebrated on Saturday 19th July from 11:00-12:30. This joyful community cycling event celebrates sustainable travel and community spirit, giving families the chance to enjoy a safe, fully marshalled ride around our local streets.

The route will follow Fleeming Road, Elphinstone Road, Winns Avenue and Pennant Terrace, with temporary road restrictions in place to ensure the safety of all riders. Stewards will be on hand to support residents and maintain access for emergency vehicles at

all times. Alongside the ride, there will be an **Event Village** on the Winns playground, where families can enjoy food stalls, activities, a short course for younger children and a chance to meet our local Neighbourhood Police Team and the London Fire Brigade.

We warmly encourage families to join in—whether you are riding, cheering along the route, or soaking up the community atmosphere in the event village. Let's come together to celebrate active travel and the spirit of our community. We look forward to seeing you there!



Cycle to Work Day 2025



Date: Thursday, 3 July 2025

Event: Cycle to Work Day – celebrate 20 years of the national Cycle to Work scheme

Why take part?

- Join schools across London encouraging staff to cycle, promoting health, sustainability, and setting a positive example.
- It's a Travel category activity under Travel for Life, ideal for staff engagement and leadership-level active travel

How to organise it:

- **Make the pledge** – ask staff to sign up via the Cycle to Work Day website
- **Promote the day** – display posters and send reminder emails to staff, encouraging participation
- **Support mapping** – provide links to London's cycleways and Quietways to help staff plan safe routes
- **Gather feedback & evidence** – after the day, collect stories, photos, and staff reflections on their experience and upload them as Travel for Life evidence



Tell us if your school is participating in Cycle to Work Day
schooltravelplans@walthamforest.gov.uk



STAFF JOIN CYCLE TO WORK DAY

Yesterday, staff at The Winns Primary School proudly took part in Cycle To Work Day, celebrating active, sustainable travel. It was fantastic to see so many bikes lined up as staff pedalled in together, supporting a healthier lifestyle and cleaner air for our community. A growing number of our staff now regularly cycle to work, setting a brilliant example for the children and families in our school.



YEAR 3 @ BARLEYLANDS FARM

Our year 3 children went on an especially exciting trip on Tuesday this week as they boarded coaches to Barleylands Farm in Essex. The children were able to put their learning in school about food and farming into practice when they spent a session making pizzas using flour that had been milled from wheat grown on the farm. Perhaps the highlight of the day (apart from lunch!) was the ride on the tractor trailer, as well as having the opportunity to feed a range of farm animals, from goats to sheep to ponies. A huge thank you goes to all the parent volunteers who were able to accompany the children on the trip.



CHESS FEST 2025

A group of Year 5 children attended ChessFest on Thursday this week. Organised by Chess in Schools and Communities who run our year 6 chess lessons and year 3 & 4 after-school club, the children had the chance to receive some lessons from CSC tutors, play simultaneously against a grandmaster and compete in a fun tournament against children from other schools. Well done everyone!

RECEPTION INTERNATIONAL DAY

Our Reception classes celebrated International Day today. All the children came to school in clothing that represented a country of their choosing. It was fabulous to see so many bright colours from all corners of the world! There was also a huge selection of food from around the globe for the children to try. Thank you to all our Reception families for your support in making the day happen and especially for anything that you cooked!





Winns



Summer fair



Raffle



AMAZING PRIZES TO BE WON!

Voucher for BRAT Restaurant

Android HD Tablet

2 x Tickets to *The Comedy About Spies*

1 x Free Term at ShowKids Theatre School

1-Hour Flukes Gaming Session for 6 People

Pizza & Drinks for Two at Sodo Pizza

The Mystery Agency Escape Room Game

12-Pack of Beer from Pretty Decent Brewery

£25 Voucher for Yard Sale Pizza

Free Adult & Child Induction Climbing Session at Yonder

Charlotte Tilbury Perfume & Makeup Set

Nail Bar Vouchers – and may more!

LAST CHANCE! CLOSING MIDNIGHT



SIOBHÁN WATT





FRIENDS OF THE WINNS NEWS

THE RAFFLE - LESS THAN 24HRS TO WIN!

Buy your tickets now, the raffle closes at midday tomorrow!

Entries are only 10p each, so what are you waiting for!



Buy your tickets now! Click here to buy: <https://tinyurl.com/yx66dym3>

The draw will take place immediately after the raffle closes with winners notified within 5 minutes (check your spam folder!). Prizes will then be available to pick up from the school from Tuesday next week (8th July).

SUMMER FAIR THANKS

A huge thank you to everybody who helped run the fair and who came to enjoy it! It was an amazing day and the weather was unbelievable too, we haven't had such a sunny one in years! We have so many people to thank for making the fair happen:

- The committee who have worked so hard to organise the day and bring everything together. It's a huge job with a lot of moving parts before, during and after the fair.
- Everyone who donated bric-a-brac books, plants, cakes, prizes for the raffle and bar supplies to stock the fair.
- The people managing all the food and drink options which we could not do without, from homemade sangria to pastries, hot dogs to delicious cakes and wood fired pizza. It was a great year to come hungry.
- The music performers added a lovely festive touch to the afternoon and were all brilliant! We can't wait to see everyone performing again at the Winter Fair.
- And the artists on the face painting and screenprinting were outstanding too, we're lucky to have your skills and expertise!
- The special surprise Cybi tea towels were a hit, and there will also be more opportunities to buy those soon if you missed out.
- ALL of the volunteers, setting up, packing down afterwards to return the school magically to how it had been in the morning, running the games in the blazing sun, managing the sweltering but happy chaos of the prize table.
- And finally to the staff without whose support and patience we couldn't run any events. The office ladies and kitchen staff, Miss Judge on the bouncy castle, Mr Millen on the door, Mr Jones on the PA as well as all the teachers, staff and TA's on the games and running the peaceful SEN room.

We have raised a lot of money from the fair this year (final figure revealed next week), I'm so proud to have been a part of making it happen. But more importantly it was a wonderful day of bringing our school community together in the sunshine. So Thank You All! Karen, Chair, FOTW



WINNS WEEKLY 4.7.2025

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FRIENDS OF THE WINNS NEWS

TOUR DE WINNS



The Tour de Winns will be happening again this year on **Saturday 19th July, 10:30-12:30.**

We are currently looking for people to help with the organisation of the event including flyer drops and marshalling. If you would like to help out then please email: tourdewinns@gmail.com

SUMMER FAIR FEEDBACK



We hope that you all had a wonderful time at the Summer Fair and we would love to hear from you about what you liked or disliked and suggestions for what else you would like to see at our fairs. It is always our aim to make our events fun and accessible to all so it is really important that we hear your thoughts. If you're happy to give us feedback then please fill in the form here: <https://tinyurl.com/2s49ud4c>

NEED LABELS FOR YOUR CHILD'S CLOTHES?

Then consider ordering from Stikins. As a member of **Stikins fundraising scheme** we receive a 30% donation every time you make a purchase. To order, visit <https://www.stikins.co.uk/> and quote the school's fundraising number - **25586** - when you check out.



TEA TOWELS



Thank you to everyone who bought a tea towel, the children have done some wonderful self-portraits. Tea Towels should be delivered to the school around the week of the 21st July and will come home in your child's bag.

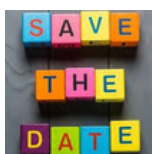
LOOKING FOR A SUMMER HOLIDAY CAMP?

Then consider Barracudas

FOTW have negotiated a discount for Winns parents who use the code FOTW25 when booking. More details about the camps can be found in the flyer on page 11 of this Winns Weekly



DATES FOR YOUR DIARY



MAY:



JUNE:



JULY:

19th - Tour de Winns

Our events are included in the Winns [online calendar](#) and you can receive automatic updates into your own calendar by subscribing.





THE FRIENDS OF THE WINNS

WHO ARE FRIENDS OF THE WINNS?

We are you! If you are a parent of a child at The Winns Primary School then you're automatically a Friends of The Winns member. Run by a committee of parents, the Friends of the Winns is a collection of volunteers who run events throughout the year to raise much needed funds for our school. But most importantly, we have fun!

WHERE DOES THE FUNDRAISING GO?

All money raised goes to the school to give the children the best educational experience possible. In recent years, we have supported a number of projects including the Main School and Reception playground transformations, the installation of a teaching kitchen, School Library improvements, and the purchase of new AV equipment.

Also, 10% of all money raised by Friends of the Winns goes to the Family Support Fund. This is managed by the school and offers support to those families that need it most.

WANT TO VOLUNTEER WITH FOTW?

The Friends of the Winns is a charitable organisation that is run completely by parent volunteers. You can volunteer at anytime and can give us as much time as you can (even an hour helps). You don't need to hold an official FOTW role or be voted in to be a volunteer!

We are also on the look out for people to help in a number of ways, whether that is with the Library Team, the Pre-loved Team on at one of our many events. Interested? Then please email fotwchair@gmail.com or join the FOTW Whatsapp group: <https://tinyurl.com/dk7jc2ef>

WE ♥ VOLUNTEERS!



OTHER WAYS TO SUPPORT

SIGN UP TO EASYFUNDRAISING!

Easyfundraising is a simple way for you to support the school. Over 7,500 brands will donate to Friends of the Winns for free every time you use the app or browser extension to shop. **It costs you nothing extra!**

Sign up here: <https://www.easyfundraising.org.uk/causes/friendsofthewinns>

ONLINE DONATIONS - You can set up a regular payment or make a one off donation through the Charities Aid Foundation. All the details can be found here:

<https://cafdonate.cafonline.org/26249#!/DonationDetails>

Have ideas or feedback for FOTW? Email Karen, Co-Chair of FOTW: fotwchair@gmail.com



Talk Matters

Your school is taking part in **Talk Matters** activities and support to help your child develop their talking and listening skills and improve wellbeing across the school.

Parents and carers
Tell us what you think

We are researchers who have been asked to find out what difference **Talk Matters** makes in your school.

We want to hear from you.

Please scan the QR code with your phone to go to the survey. OR CLICK THE CODE



The survey will take around 5 minutes to complete on a phone, tablet or computer.

The survey is open until the end of the school term.

Talk Matters has been developed by the Mayor of London's Violence Reduction Unit. They have asked Ecorys to carry out this research.

Your views will help your school and others to understand how well **Talk Matters** is working and how it could improve.

Have a question about this research? Email:
TalkMattersEvaluation@ecorys.com



WALTHAM FOREST HOLIDAY ACTIVITY AND FOOD PROGRAMME

SUMMER 2025

28 JULY - 22 AUGUST

**ARE YOU AGED BETWEEN 5-16
AND IN RECEIPT OF BENEFIT
RELATED FREE SCHOOL MEALS?**

This summer we have the opportunity for you to try a wide range of free activities, have fun, make friends and enjoy a free meal every day across the borough.



To book your place and find out more scan here:



or visit

WALTHAMFOREST.GOV.UK/HOLIDAYS

Booking is essential on all activities so book early to avoid disappointment

For queries please contact the Waltham Forest Holiday Activity Programme team on:

**WFHOLIDAYACTIVITYPROGRAMME@
WALTHAMFOREST.GOV.UK**

Funded by



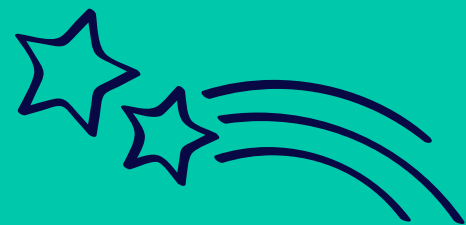
Department
for Education



Waltham Forest

BARRACUDAS

ACTIVITY DAY CAMPS



SUMMER HOLIDAY ACTIVITIES AT WOODFORD COUNTY HIGH SCHOOL

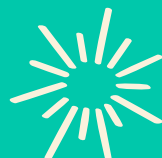
EXCLUSIVE DISCOUNT FOR
THE WINNS SCHOOL

USE CODE FOTW25
FOR £20 OFF!

*MINIMUM OF 2 DAYS

*Not to be used in conjunction with other offers.

FOR EVERY BOOKING MADE,
BARRACUDAS WILL MAKE A
DONATION TO SUPPORT OUR
SCHOOL !!!



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- ⦿ 80+ Activities!
- ⦿ Choice each session!
- ⦿ Specialist Courses!
- ⦿ Flexible bookings!



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**SUPER
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SPORT**

SUMMER ACTIVITY CAMP



**FOOTBALL
DAY**

**WATER
FIGHT DAY**

**STEM
ACTIVITY-
LEGO
CONSTRUCTION**

**BALL
SKILLS
(KS1 & KS2)**

**SOFT
ARCHERY**

Holy Family School

Wiseman House Site, 34 Shernhall
Street, E17 9RT

29th Jul - 8th Aug

9:00AM - 3:00PM

Capacity per day: 40

Benefits of the HAF Programme

- Free hot meal every day
- Free funded space
- Learn new skills

Visit www.eequ.org
to book onto our club.

The program is for Children who are eligible for
free school meals based on benefits

SCAN HERE



For more information please contact

Visit www.superstarsport.co.uk 'Book Now'

For more information call 01992 766 707

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What Parents & Educators Need to Know about APPLE IPADS

WHAT ARE THE RISKS?

Tablets remain a staple of children's digital lives – and Apple's iPad is by far the most popular model. According to Ofcom, over half of younger children regularly use a tablet to play games, watch online content or access apps. With their broad functionality, iPads can be helpful tools, but without supervision, they may expose children to risks ranging from inappropriate content to screen overuse.

COSTLY TO REPAIR

Unlike some child-friendly tablets, the iPad is not built for rough handling. Its slim design and high cost mean that a drop or spill can result in a costly repair. If a child is using the device regularly, a sturdy case and screen protector are strongly recommended to help prevent accidental damage.

DATA PRIVACY

While Apple is known for strong privacy protections, a recent study found that many iOS apps aimed at children still share personal data. Over 40% of the tested apps sent at least one piece of user information to third parties, raising concerns about advertising and analytics being targeted at underage users.

INAPPROPRIATE CONTENT

The App Store and Safari browser provide almost unrestricted access to online material. Children may stumble upon age-inappropriate content, whether through apps, advertisements or online searches. Even recommended content algorithms can surface unsuitable material.

BYPASSING RESTRICTIONS

Siri – Apple's voice assistant – can potentially override restrictions, especially with the newer text-based commands introduced through Apple Intelligence. Without safeguards in place, children may inadvertently access inappropriate topics simply by asking a question, bypassing certain filters previously set by adults.

SCREEN ADDICTION

iPads can be highly immersive, and excessive screen time may affect a child's emotional and behavioural development. Signs of overuse might include mood swings, irritability, and difficulty focusing on non-digital activities.

REDUCED ATTENTION & COGNITIVE IMPACT

Prolonged use of tablets has been linked with reduced memory, slower processing speeds and difficulties in concentrating. Research shows that children who spend excessive time gaming or consuming media on tablets may struggle with language development and executive functioning over time.

Advice for Parents & Educators

ENABLE FAMILY SHARING

Family Sharing allows you to create a dedicated Apple ID for your child and manage their activity. You can approve purchases, control what content they can access, and set time limits – all done remotely from your own device. It's a simple but powerful way to maintain oversight.

FILTER APPS, WEBSITES & IN-APP PURCHASES

Parental controls in iOS let you block explicit content in Safari, restrict app downloads, and manage in-app purchase permissions. You can also filter websites automatically to prevent access to adult material and disable the installation of certain app types completely.

USE SCREEN TIME FEATURES EFFECTIVELY

Tools like Downtime and App Limits can reduce device overuse. Downtime allows you to block access during key times – such as before bed or during homework – while App Limits sets daily time caps on specific games or apps. Alerts help children anticipate when their time is almost up.

PREVENT UNAPPROVED SPENDING

Children can accidentally (or intentionally) make purchases within apps. Activating Ask to Buy under Family Sharing ensures you receive a notification to approve any app or in-app purchase. This stops surprise charges and allows you to discuss purchases together before they're made.

Meet Our Expert

Carly Page is a seasoned technology journalist with over a decade of experience. Formerly a senior cybersecurity reporter at TechCrunch, Carly now writes for publications including WIRED, Forbes, TechRadar, and Tes. With a deep understanding of online safety, she brings a valuable perspective to parenting in the digital age.



#WakeUpWednesday®

The National College®