



WINNS WEEKLY

23.5.2025

Schönes
Wochenende!

German
Have a good weekend!



Headteacher: Fiona Judge / The Winns Primary School, Fleeming Rd. E17 5ET
020 8527 1872 / www.thewinnsprimaryschool.co.uk / office@winns.waltham.sch.uk

DATES FOR DIARIES WB 2.6.2025

Monday 2nd June INSET Day - Staff only

Tuesday 3rd June Children return to school

No after-school activity clubs this week

Reception Vision & Hearing Check

Wednesday 4th June Reception Vision & Hearing Check

Thursday 5th June 4MH Class Assembly (9:05)

Please remember to subscribe to [our online calendar](#) so that you receive automatic updates into your own calendar.

YEAR 5 & 6 CRICKET

Well done to our year 5 & 6 cricket teams who competed at the WFSSN competition this week, sporting the school's new kit (thank you FOTW!). Without much previous experience, both teams improved with each match they played. The girls competed brilliantly but were unfortunately knocked out at the group stage whilst the boys fell at the quarter final stage.



WOODEN SPOONS!

Do you have any spare wooden spoons at home? We are planning to do a large art project with children from Y1 - Y6 after half-term and needs lots of 'normal sized' wooden spoons. If you are able to donate a wooden spoon (or two) before half-term we would be very grateful. Please drop donations off at the office or send in with your child.



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HAPPY BIRTHDAY CYBI!



It was our school dog Cybi's first birthday on Monday this week. He was a very spoiled dog with enough treats and new toys to last a lifetime! Cybi has continued to visit classes and has recently been spending time at lunchtimes in the Quiet Area of the playground. He has also been meeting and greeting children as they arrive through the big playground gate on Elphinstone Road. We have already seen how having a dog in school can help children regulate their emotions, encourage them to practise reading and even begin to overcome any fear they may have had. We are looking forward to many more years with Cybi as part of The Winns team.

NURSERY SPORTS MORNING



Well done to our Nursery children who took part in a fun sports morning this week, ably assisted by some of our Year 6 Sports Ambassadors.

CHILDREN'S LITERATURE FESTIVAL

Our Reception, Y4 and Y5 children were lucky enough to visit the newly-opened Soho Theatre on Hoe Street this week. They each attended a different author workshop which included Paul Linnet, Supertato author, Serena Patel, Pia's Pet Club author and Joseph Coelho, former Waterstones Children's Laureate.



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FRIENDS OF THE WINNS NEWS

NEW BOOKS IN THE LIBRARY!



Some new books have landed in the School Library with more to follow soon! All the books were bought using the money raised by families hosting **Central Estates boards** throughout this year's **Winns Windows Story Trail**. Many of these were requested and chosen by the students so are sure to be a hit! A big thank you again to everyone who took part by either hosting a board or decorating a window (or both!).

NEW WINNS SPORTS KIT!

Thanks to money raised by Friends of the Winns, the school now have these fabulous new sports kits. New items include football shirts, running shirts and training tops. They've already been road tested by the Year 5 and 6 cricket teams at the WFSSN competition this week.



WINNS COMMUNITY CHOIR



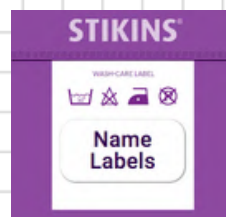
Did you know that the Winns has a parent Community Choir?

They meet every Wednesday for rehearsals at 8pm at Priory Court Community Centre, E17 5NB.

Interested in joining? Then come to one of our rehearsals or join the choir WhatsApp group here: <https://tinyurl.com/yeykhtrd>

NEED LABELS FOR YOUR CHILD'S CLOTHES?

Then consider ordering from Stikins. As a member of **Stikins fundraising scheme** we receive a 30% donation every time you make a purchase. To order, visit <https://www.stikins.co.uk/> and quote the school's fundraising number - **25586** - when you check out.



Have ideas or feedback for FOTW? Email Karen, Co-Chair of FOTW: fotwchair@gmail.com



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FRIENDS OF THE WINNS NEWS

TEA TOWELS

Add to your collection of tea towels featuring your little ones' self portrait - and help raise funds for Friends of the Winns! They make great presents, so stock up for Birthdays and Christmas now. The deadline for orders is the 22nd June

Get your Tea Towels here: <https://tinyurl.com/529ac5z4>



WIGGLE FOR WINNS



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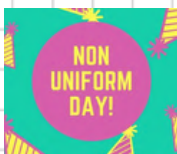
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FRIENDS OF THE WINNS NEWS

SUMMER FAIR - NON UNIFORM DONATIONS DAY



A date for your diaries:

Non-Uniform Donations Day will be on Friday 20th June. A full list of donations we would like will be posted soon!

SUMMER FAIR - RAFFLE HELP NEEDED!

Would you like to join the Raffle team? We have a small dedicated team of parents who source prizes, manage donations and deliver prizes for every fair. We could always use more help! Please email fotw.chair@gmail.com if you can be a part of making our next raffle even better than the last!

We are also looking for raffle prizes so if you own, work for or know of a wonderful business that could offer a prize for our raffles then please get in touch: fotwchair@gmail.com



SUMMER FAIR - HAVE YOU GOT GREEN FINGERS?



Could you donate some plants to the summer fair?

We will again be hosting a plant stall at the fair and are looking for keen gardeners to donate plants. Donations can be brought to the school office on Friday 27th June or on the day of the fair (the 28th).

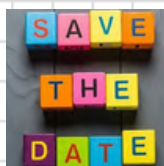
SUMMER FAIR - WANT TO VOLUNTEER?

Would you like to help before, during or after the fair?

We need a lot of volunteers to help make the fair as successful as possible. A sign up form will be posted soon but in the meantime, you can join the FOTW Whatsapp group here: <https://tinyurl.com/dk7jc2ef> or if you have an idea for something that could be held at the fair then then please email fotwchair@gmail.com



DATES FOR YOUR DIARY



MAY:

JUNE:

JULY:

- 12th - Wiggle For Winns
- 20th - Non-Uniform Donations Day
- 28th - Summer Fair

Our events are included in the Winns [online calendar](#) and you can receive automatic updates into your own calendar by subscribing.

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THE FRIENDS OF THE WINNS

WHO ARE FRIENDS OF THE WINNS?

We are you! If you are a parent of a child at The Winns Primary School then you're automatically a Friends of The Winns member. Run by a committee of parents, the Friends of the Winns is a collection of volunteers who run events throughout the year to raise much needed funds for our school. But most importantly, we have fun!

WHERE DOES THE FUNDRAISING GO?

All money raised goes to the school to give the children the best educational experience possible. In recent years, we have supported a number of projects including the Main School and Reception playground transformations, the installation of a teaching kitchen, School Library improvements, and the purchase of new AV equipment.

Also, 10% of all money raised by Friends of the Winns goes to the Family Support Fund. This is managed by the school and offers support to those families that need it most.

WANT TO VOLUNTEER WITH FOTW?

The Friends of the Winns is a charitable organisation that is run completely by parent volunteers. You can volunteer at anytime and can give us as much time as you can (even an hour helps). You don't need to hold an official FOTW role or be voted in to be a volunteer!

We are also on the look out for people to help in a number of ways, whether that is with the Library Team, the Pre-loved Team on at one of our many events. Interested? Then please email fotwchair@gmail.com or join the FOTW Whatsapp group: <https://tinyurl.com/dk7jc2ef>



OTHER WAYS TO SUPPORT

SIGN UP TO EASYFUNDRAISING!

Easyfundraising is a simple way for you to support the school. Over 7,500 brands will donate to Friends of the Winns for free every time you use the app or browser extension to shop. **It costs you nothing extra!**

Sign up here: <https://www.easyfundraising.org.uk/causes/friendsofthewinns>

ONLINE DONATIONS - You can set up a regular payment or make a one off donation through the Charities Aid Foundation. All the details can be found here:

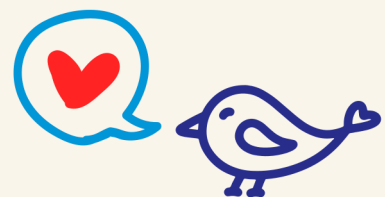
<https://cafdonate.cafonline.org/26249#!/DonationDetails>

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SAVE the Date!
SATURDAY 28th JUNE



The Winns Primary School, Elphinstone Road entrance, E17 5ET
We can accept cash or cards at the event.



CREATE CONNECT COLLABORATE

**Connecting to culture,
creating curiosity.**

**Step into a celebration of
our children's imagination,
creativity and curiosity at
the Summer Fair showcase.**



Blue Hall, Winns Primary
Saturday 28th June
(During Summer Fair)



What Parents & Educators Need to Know about VIOLENT CONTENT ONLINE

Around 70% of teenagers say they've seen real-life violence on social media in the past year – often from as young as primary school age. Just 6% actively seek it out; most encounter it through group chats or social media algorithms. From fights and pranks to hate speech and graphic media, exposure to violent content online is more widespread – and more harmful – than many adults realise.

WHAT ARE THE RISKS?

MENTAL HEALTH AND TRAUMA

Children and young people report feelings of anxiety, guilt, shame or fear after seeing violent content. For some, these effects may be short term, but for those with existing vulnerabilities or past trauma, the impact can be more severe. Many also feel pressured to 'laugh off' violent content to fit in with friends, even when they find it distressing.

BEHAVIOUR CHANGES

Exposure to online violence can lead to fear and avoidance behaviours – such as skipping school or staying indoors. When children see weapons used in videos, it can heighten their perception that the world is unsafe and, in rare cases, increase the likelihood they'll consider carrying a weapon themselves, such as a knife for protection.

ESCALATION AND PARTICIPATION

Violent videos often go viral quickly. What begins as an online argument can spill into real-world fights – which are sometimes filmed and shared to gain views or status. Some children even admit to sharing or creating violent content themselves to gain attention or boost their reputation.

DESENSITISATION

Older teens may become numb to violent content after years of exposure, admitting they're unlikely to report it. Younger children also tend not to report it – usually because they don't believe anything will be done or because they're afraid of being labelled a 'snitch' by their peers.

HARMFUL IDEOLOGIES

Violent content online may overlap with racist, misogynistic or otherwise extremist ideas. These messages can dehumanise others or glorify violence as a way to gain power, popularity or notoriety. Over time, this can normalise dangerous behaviours and attitudes among impressionable viewers.

DISPROPORTIONATE IMPACT

Not all children are affected equally. Those who are excluded from school, marginalised, disabled or neurodivergent are often more vulnerable to the effects of online violence. It's essential to consider wider context – including home life and access to safe spaces – when thinking about potential harm.

Advice for Parents & Educators

CREATE SUPPORTIVE SPACES

Many children feel adults are too busy or won't understand their experiences online. Take time to build trust through non-judgemental conversations about what they're seeing. If they don't want to speak to you directly, gently signpost towards trusted services they can turn to for support.

KNOW WHAT'S ILLEGAL

Some violent content is simply upsetting, while other examples may be criminal or a safeguarding matter that needs reporting. Help children understand the difference by staying informed about online laws and social media reporting procedures. A useful resource is reportharmfulcontent.com.

AVOID HARSH RESTRICTIONS

Fear of punishment is a major reason young people stay silent about violent content. Try not to overreact or threaten to take away devices. Instead, reassure children that they can speak openly and that asking for help won't get them into trouble.

UNDERSTAND TECH AND TRAUMA

Older children may already know how to block accounts or avoid triggering content. Help younger or more vulnerable children learn these tools and encourage habits that reduce exposure. Just as importantly, teach techniques that help them process distress – building resilience and emotional literacy for both online and offline life.

Meet Our Expert

Dr. Holly Powell-Jones is the founder of Online Media Law UK and a leading UK expert in digital safety, media law, and young people. Her PhD investigates children's understandings of risk online. She works with schools, businesses, and universities to provide award-winning education on the criminal, legal, and ethical considerations for the digital age. Visit onlinemedialawuk.com for more.



#WakeUpWednesday

The National College