

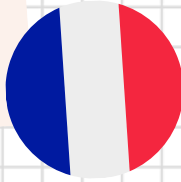


WINNS WEEKLY

17.1.2025

Bonne fin de
semaine!

French
Have a good weekend!



Headteacher: Fiona Judge / The Winns Primary School, Fleeming Rd. E17 5ET
020 8527 1872 / www.thewinnsprimaryschool.co.uk / office@winns.waltham.sch.uk

DATES FOR DIARIES WB 20.1.2025

Tuesday 23rd January Y2 Bake Sale (after school in classes)

Young Voices Performance at O2 Arena

Please remember to subscribe to [our online calendar](#) so that you receive automatic updates into your own calendar.

YEAR 5 SUSTAINABILITY IN ACTION WORKSHOPS

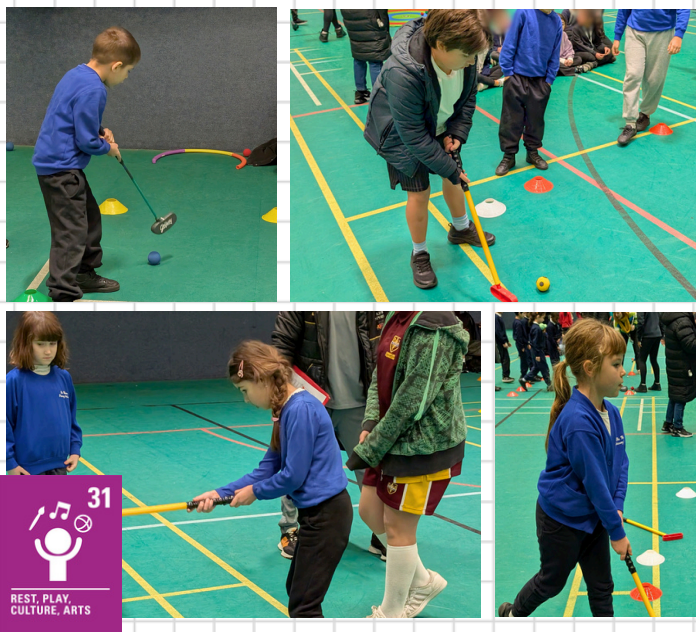
Like Year 6 last week, Year 5 have spent time at the Lee Valley Ice Centre this week. Courtesy of the LV Park Authority, the children took part in a completely free ice skating session as well as attending a Sustainability in Action workshop with members of the Learning and Engagement team. The workshop links to the unit of work the children will undertake in geography later this year and helped to demonstrate the eco credentials of the refurbished Ice Centre building. A huge thank you to the parent volunteers who accompanied the children on the trips.



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YEAR 3 & 4 TRI GOLF FESTIVAL

A group of our Year 3 & 4 children attended the School Games Tri-Golf festival on Friday morning. The children had the opportunity to learn some new skills in a fun environment, alongside children from other schools in the borough. Well done children!



YOUNG READERS SHINE IN WATERSTONES CHILDREN'S BOOK AWARDS FILMING

A group of children from our Reception and Year 6 classes had the exciting opportunity to take part in filming for the prestigious Waterstones Children's Book Awards. This unique experience allowed our budding readers to engage with some of the best new books in children's literature and share their thoughts on what makes a great story.

Although the shortlist is currently under wraps, the children have been given advance copies of the shortlisted books and are brimming with enthusiasm. It's been wonderful to see their excitement and hear their thoughtful insights as they dive into these fantastic stories.

We can't wait for the shortlist to be officially released and for the children to discuss their favorite titles. It's a privilege to have our school involved in such a wonderful initiative, and we look forward to celebrating the eventual winner later this year. Stay tuned for updates!

SCHOOL STREETS REMINDER

We are incredibly proud of the eco-travel credentials of our school, including our Gold STARS Award from TfL, which the School Streets scheme plays a huge part in. We would urge parents and families to remember, however, that the roads in the School Streets are not completely closed during their times of operation. Residents and eligible permit holders may still be driving motor vehicles down these streets. We have received several accounts from our neighbours of near misses between vehicles and children riding bikes, and, regrettably, incidents of verbal abuse towards some of our neighbours. We pride ourselves on being a school that serves our local community and so we are asking our parents and families to be considerate when taking advantage of the School Streets system. Road safety is something that we actively teach the children in school, but that parents can assist in reinforcing outside of school. Thank you for your understanding and cooperation in this matter.

MESSAGES ABOUT CHANGES TO END OF DAY ROUTINES

We would like to remind families that if you have a message relating to a change to your child's normal end of day routine (change to person picking up, change to club arrangements etc.), please email the main school address at office@winns.waltham.sch.uk and not the year group email addresses. The year group addresses are not frequently monitored during the day and so a message might be missed. We understand that emergencies happen, but where possible, please email the office before 3pm to ensure that there is time during the busy end of day period to get the message to your child's teacher. Thank you for your understanding and support!



A REMINDER ABOUT SCHOOL UNIFORM

We have noticed an increase in the number of children not wearing correct school uniform to school. This has included children wearing branded tracksuit bottoms, including Nike and Adidas. All trousers should be plain black or grey - Nike or Adidas bottoms should not be worn to school. Shoes or trainers should be black and suitable for running around outside safely. Wellingtons, crocs and high boots are not suitable footwear for school - children cannot climb and run safely when wearing these types of footwear.

Can you please also ensure that if your child has long hair, it is tied back. We have struggled with outbreaks of headlice over the past few months which hasn't been helped by children not tying their hair back. Jewellery is not permitted - small stud earrings only.

Most of our children come to school every day wearing the correct school uniform. It isn't fair on those children when a small number of children deliberately do not adhere to our school uniform policy. We fully understand that sometimes things happen and your child might need to wear incorrect uniform to school for a short period of time. If this is the case, please let your child's teacher know. Please also speak confidentially to Allison Tokeley if you need any support with school uniform.

Thank you for your support!

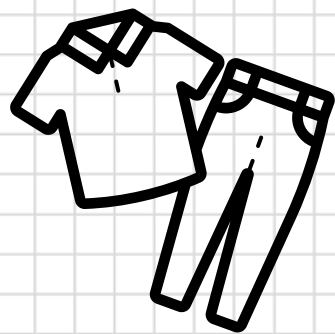
MISSING ITEMS

I am writing to inform you of an issue that has arisen in the Year 5 & 6 changing rooms over the past few months. Unfortunately, we have experienced several instances of clothing and footwear going missing. While some items have been recovered after searches, others remain unaccounted for, causing distress and upset for the children involved.

Last week, two shoes were reported missing, but only one was subsequently found. Despite conducting thorough searches around the school, the remaining shoe has not yet been located. To make matters more concerning, we experienced another incident today where two additional items of clothing went missing.

We take these incidents very seriously and are committed to ensuring that children feel secure and that their belongings are safe while at school. To prevent further occurrences, we will be reviewing our current policy of keeping the changing rooms unlocked. While we work on implementing appropriate measures, we kindly ask for your support in addressing the current issue.

Please keep an eye out for the missing shoe, a photo of which is attached to this letter, and let us know immediately if you come across it. Thank you for your understanding and cooperation.



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FRIENDS OF THE WINNS NEWS

GOING FORWARD

With our mission to raise £30K towards the cost of the Main School Playground now complete, we are in discussion with the school about where best to allocate future funds raised. A number of ideas are being discussed including the School's desire to improve the children's Wellbeing Spaces. Further details to be announced soon.

Don't forget, 10% of all money raised is allocated to the School's Family Support Fund to help the families most in need at the school.

EVENTS THIS TERM

This term we are planning more fun fundraising events with further details about each one to follow soon:

- World Book Day - We plan to host a number of events around World Book Day (6th March) including The Story Trail, a book swap, and a costume swap
- Quiz Night - The second Winns Nights Presents.... The Quiz will take place on Thursday 20th March. Keep an eye out for more information and ticket details soon

WAYS TO SUPPORT



SIGN UP TO EASYFUNDRAISING!

Easyfundraising is a simple way for you to support the school. Over 7,500 brands will donate to Friends of the Winns for free every time you use the app or browser extension to shop. **It costs you nothing extra!**

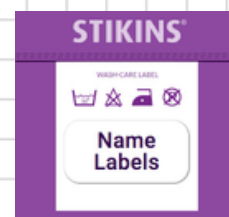
Sign up here: <https://www.easyfundraising.org.uk/causes/friendsofthewinns>

ONLINE DONATIONS - You can set up a regular payment or make a one off donation through the Charities Aid Foundation. All the details can be found here: <https://cafdonate.cafonline.org/26249#!/DonationDetails>

NEED LABELS FOR YOUR CHILD'S CLOTHES?

Then consider using Sitkins.

As a member of **Sitkins fundraising scheme** we receive a 30% donation every time you make a purchase. To order, visit <https://www.stikins.co.uk/> and use the school's fundraising number - 25586 - when making your purchase



Have ideas or feedback for FOTW? Email Karen, Co-Chair of FOTW: fotwchair@gmail.com



Parent/Carer Support Programmes

January - March 2025

A full guide to the programmes available from pregnancy to adulthood in Waltham Forest

[Click here for the full guide](#)



**Best Start
in Life**



ALL ABILITIES ARE WELCOME

Junior BADMINTON PROGRAMME

FRIDAY 24 JANUARY
to **FRIDAY 27 JUNE 2025**

From **5pm** to **7pm**

Aged

8 to 17

FREE



weekly sessions taking place at



Walthamstow Leisure Centre,
243 Markhouse Road,
London, E17 8RN

The Waltham Forest Sport and Leisure Team have partnered with GLL and Feel Good Accredited Club Black Arrows Badminton Club to launch a new Junior Badminton Programme aimed at boys and girls aged 8 to 17

Online registration is required limited spaces are available

Contact Feel.Good@walthamforest.gov.uk for more information



TO REGISTER
SCAN
QR CODE



What Parents & Educators Need to Know about TIKTOK

WHAT ARE THE RISKS?

Adults tend to associate online videos with YouTube – but among teens, TikTok is king. The app provides a stream of short clips tailored to users' interests, based on what they've already watched. Around half of British children use TikTok, and while much of the content is benign, Ofcom considers it the app where youngsters "were most likely to encounter a potential harm".

AGE-INAPPROPRIATE CONTENT

While TikTok's Following feed only displays videos from familiar creators, For You is a collection based on a user's previously watched clips. Most of these videos will probably be inoffensive, but the app could potentially show something unsuitable. If children then engage with this content, more like it will follow. TikTok's guidelines prohibit the sharing of illegal or inappropriate content, but the huge number of uploads means that a small amount inevitably slips through.

BODY IMAGE AND DANGEROUS CHALLENGES

According to Ofcom, most online harms for teens are body image related for girls (promoting unhealthy eating, body shaming and so on) and dangerous stunts for boys. Both are prevalent on TikTok. One extreme example of the latter was the 'blackout' trend, which encouraged users to hold their breath until they passed out from a lack of oxygen. This led to two families filing lawsuits against TikTok over the tragic deaths of their children.

IN-APP SPENDING

TikTok is free, but users have the option to buy TikTok coins, which can be used to purchase gifts for content creators. Coin bundles range from £9.99 to an eye-watering £99; while that may not sound appealing, the app still generated £7.9 billion in user spending in 2023. TikTok's policy is that under-18s can't make in-app purchases, but it's possible to bypass this with a fake birth date.

CONTACT WITH STRANGERS

With more than 1.5 billion users globally, the potential for contact from strangers on TikTok is high – especially as accounts created by over-16s (or young people using a fake date of birth) are set to public by default. This means that not only is someone's profile visible to everyone else on the app, it also suggests their videos to others and enables anyone to download or comment on them.

MISINFORMATION AND RADICALISATION

Although the short videos on TikTok tend to be more frivolous than the longer ones on YouTube, clips can still influence impressionable minds in a negative way. Not only is there plenty of dangerous misinformation on TikTok, but Ofcom reports that nearly a third of 12 to 15-year-olds use TikTok as a news source – so you should be wary of misogynistic, racist or conspiracy-themed material shaping how they see the world.

ADDICTIVE DESIGN

With its constant stream of eye-catching videos, TikTok can be addictive to young brains. In 2024, UK children spent an average of 127 minutes per day on the app: that's twice as much as in 2020. Excessive use can interfere with young people's sleep patterns – often leading to irritability – and distract them from other, healthier activities. The instantly skippable nature of bite-size videos may also impact children's ability to maintain focus.

Advice for Parents & Educators

ENABLE FAMILY PAIRING

Family Pairing allows parents to link their TikTok account to their child's, and control settings remotely. Parents can then turn on Restricted Mode (reducing the chances of a child seeing inappropriate content), set screen-time limits, make accounts private and manage whether their child can send messages – and if they can, to whom. Children can't alter these settings without parental approval.

DISCUSS THE DANGERS

If a child wants to use TikTok and you're happy for them to do so, it's good practice to discuss the potential risks. Ensure that they don't share any identifying personal information, and that they know to talk to a trusted adult if they're worried by interactions on the app. With more teens using TikTok for news, it's also worth talking about misinformation and propaganda, and how to identify it.

BLOCK IN-APP SPENDING

If a child is using an iPhone or Android device to access TikTok, you can alter their settings to prevent them from making in-app purchases. We'd recommend enabling this feature, as it can be quite easy for a young person to spend a significant amount of real money buying TikTok coins to unlock more features of the app – sometimes without even realising.

READ THE SIGNS

If you're concerned that a child is spending too much time on TikTok, or that they've been emotionally affected by something they've seen, it's important to know how to spot the signs. Increased irritability and a lack of concentration are potential red flags, as is failing to complete homework or skipping meals. Remember, the parental controls are there for a reason, and it's never too late to introduce limits.

Meet Our Expert

Alan Martin is an experienced technology journalist who has written for the likes of Wired, TechRadar, Tom's Guide, The Evening Standard and The New Statesman.



The National College

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/tiktok-2025>