



# WINNS WEEKLY

10.1.2025

Schönes  
Wochenende!

German  
Have a good weekend!



Headteacher: Fiona Judge / The Winns Primary School, Fleeming Rd. E17 5ET  
020 8527 1872 / [www.thewinnsprimaryschool.co.uk](http://www.thewinnsprimaryschool.co.uk) / [office@winns.waltham.sch.uk](mailto:office@winns.waltham.sch.uk)

## DATES FOR DIARIES WB 13.1.2025

**Monday 13th January** After school clubs start

5CF Workshop and Skating trip

**Tuesday 14th January** 5ED Workshop and Skating trip

**Wednesday 15th January** 5BB Workshop and Skating trip

**Closing date for Reception 2025 Applications**

Please remember to subscribe to [our online calendar](#) so that you receive automatic updates into your own calendar.

### YEAR 6 ICE SKATING

Each of our Year 6 classes had an exhilarating day at the Lee Valley Ice Centre this week. Thanks to the generous support of the Lee Valley Park Authority, the children enjoyed free skating sessions, making the experience even more special. A huge thank you to our wonderful parent volunteers who ensured the trip ran smoothly and helped the children feel confident on the ice.



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## FRIENDS OF THE WINNS NEWS

### WELCOME BACK!

Welcome back everyone, we hope that you had a fabulous Christmas break!

The Winter term was a busy one with a number of wonderful events taking place. **The big news from last term was that we reached our goal and raised the £30K we promised the school towards the cost of the amazing playground transformation.** This term we are planning more fun fundraising events with further details about each one to follow soon:

- World Book Day - We plan to host a number of events around World Book Day (6th March) including The Story Trail, a book swap, and a costume swap
- Sponsored Event - The kids will be challenged to do a sponsored event... more details to follow soon
- Quiz Night - There will be another quiz night this term so if you didn't manage to get tickets last time then keep an eye out for dates for the next one

### BUYING IN THE JANUARY SALES?

#### THEN SIGN UP TO EASYFUNDRAISING!

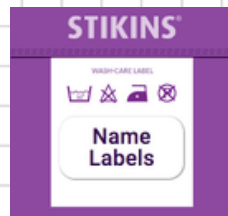
Easyfundraising is a simple way for you to support the school. Over 7,500 brands will donate to Friends of the Winns for free every time you use the app or browser extension to shop. **It costs you nothing extra!**

Sign up here: <https://www.easyfundraising.org.uk/causes/friendsofthewinns>

### NEED LABELS FOR YOUR CHILD'S CLOTHES?

Then consider using Sitkins.

As a member of **Sitkins fundraising scheme** we receive a 30% donation every time you make a purchase. To order, visit <https://www.stikins.co.uk/> and use the school's fundraising number - 25586 - when making your purchase



### OTHER WAYS TO SUPPORT

**ONLINE DONATIONS** - You can set up a regular payment or make a one off donation through the Charities Aid Foundation. All the details can be found here:

<https://cafdonate.cafonline.org/26249#!/DonationDetails>

Have ideas or feedback for FOTW? Email Karen, Co-Chair of FOTW: [fotwchair@gmail.com](mailto:fotwchair@gmail.com)



# Parent/Carer Support Programmes

## January - March 2025

A full guide to the programmes available from pregnancy to adulthood in Waltham Forest

[Click here for the full guide](#)



**Best Start  
in Life**



ALL ABILITIES ARE WELCOME

Junior

# BADMINTON

PROGRAMME

to

FRIDAY 24 JANUARY  
FRIDAY 27 JUNE 2025

From 5pm to 7pm

Aged

8 to 17

FREE



weekly sessions taking place at



Walthamstow Leisure Centre,  
243 Markhouse Road,  
London, E17 8RN

The Waltham Forest Sport and Leisure Team have partnered with GLL and Feel Good Accredited Club Black Arrows Badminton Club to launch a new Junior Badminton Programme aimed at boys and girls aged 8 to 17

Online registration is required limited spaces are available

Contact [Feel.Good@walthamforest.gov.uk](mailto:Feel.Good@walthamforest.gov.uk) for more information

TO REGISTER

SCAN  
QR CODE



BETTER



# What Parents & Educators Need to Know about JUSTALK KIDS

## WHAT ARE THE RISKS?

JustTalk Kids is a child's version of the JusTalk app – a highly popular social networking platform – designed for users up to 13 years of age, allowing them to video call, message and participate in group chats. While adults can link their own JusTalk account to their child's and make use of parental controls, it's important to understand the risks associated with the app.

## SUBSCRIPTION FOR PREMIUM ACCESS

While JusTalk Kids is free, there's the option to subscribe to a kids' premium account or a premium family account. At a cost, this feature allows children to have access to more fun features such as games they can play with others in a call; exclusive stickers; a badge denoting them as a premium subscriber; and exclusive ringtones and themes.

## RESISTANCE TO CONTROLS

JusTalk Kids endeavours to allow children the sense of having a chat-based app while allowing parents to set controls (within the app or from their own adult JusTalk account). The basis behind this is positive; however, some children are challenging their parents by refusing to use JusTalk Kids, preferring to use the adult version without any restrictions in place.

## KNOWING THE PARENT PASSCODE

After downloading JusTalk Kids, parents can set a passcode which users must enter to add contacts. The parental controls help to manage which content can be viewed and who children can add as a contact: this then allows children to chat with friends in a controlled environment. However, prospective contacts don't have to know a specific username. In theory, someone could type in a random name and then add them as a friend.

## POTENTIAL DATA LEAKS

JusTalk and JusTalk Kids claim to be secure and encrypted, going so far as to state that even the developers themselves won't access your data. However, a security lapse in 2022 highlighted that messages were not in fact encrypted – leading to concerns around the security of the app and the transparency of the development team.

## CYBERBULLYING

Online chats can provide a sense of anonymity, leading some users to post things which they wouldn't normally say in person. Combined with the option of group chats, there's a risk that young people might join in with this kind of behaviour, escalating it further and potentially turning what should be a fun experience into something deeply negative.

## TOO MUCH SCREENTIME

A report by the UK Parliament Education Committee highlighted a 52% increase in children's screen time between 2020 and 2022 – as well as finding that 25% of children used their smartphones in a manner consistent with screen addiction. Introducing children to social networking apps when they're too young can lead to bad digital habits and a reliance on technology from an early age.

## Advice for Parents & Educators

### JUSTIFY THE CONTROLS

If parents allow their child to use JusTalk Kids, they should explain that they're putting parental controls in place to make the app safer. Make sure the child knows not to put their full name on the account and doesn't use a photo of themselves as their profile picture. This type of open discussion will help to ensure that a child is aware of the app's potential risks and knows how to reduce them.

### TALK ABOUT ONLINE FRIENDSHIPS

Young children could be excited to use this app. However, highlight that they must do so in a positive, respectful and responsible manner. While it can be easy to get caught up in a group chat, it's important to talk to others politely and call out any unpleasant behaviour. Discuss the importance of limiting their contacts to people they know in real life and use parental controls to enforce this.

### DOS AND DON'TS OF SHARING

Some children might not understand the potential dangers of oversharing online. Set clear guidelines around what *is* and *isn't* safe to share on the internet, and discuss the concept of a digital footprint. Children need to understand that the things they say and share online can never be completely erased. Even if they delete it themselves, it can be saved and distributed by others.

### ENCOURAGE OPEN COMMUNICATION

Apps like JusTalk can sometimes lend themselves to bullying behaviours. Parents should monitor what their child is sending and receiving, check in with them regularly and encourage them to share their feelings (both positive and negative) at home. Remind them that they can block a contact if someone is treating them disrespectfully.

## Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



Source: See full reference list on guide page at: <https://nationalcollege.com/guides/justalk-kids>