

National School

Meals Week

11th – 15th November 2024



Autumn Winter Menu 2024	Launch Day - Children Favourite Monday	Super Hero Tuesday	Move It Wednesday	Feel Good Thursday	Be Kind Friday
CHOICE 1	Oven Baked Sausages with Caramelised Onions, Gravy and Creamy Mashed Potato	Cheese and Tomato Pizza (v) with Potato Wedges	Creamy Mac n Cheese (v)	Roasted Lemon & Garlic Chicken, Sage & Onion Stuffing and Rosemary Roast Potatoes	MSC Golden Crumb Fish Fingers (df) served Oven Chipped Potatoes
CHOICE 2	Power Sausage with Caramelised Onions, Gravy and Creamy Mashed Potato (ve)	Spinach Bites (ve) with Potato Wedges	Quorn Style Jasmine Rice (v)	Vegetable Cutlet with Sage & Onion Stuffing and Rosemary Roast Potatoes (ve)	Power Burger in a Bun with Oven Chipped Potatoes (ve)
CHOICE 3	Jacket Potato with Baked beans (ve), Tuna or Cheese (v)	Beef Meatballs in a Tomato Sauce with Mixed Rice	Jacket Potato with Baked beans (ve), Tuna or Cheese (v)	Homemade Cheese Quiche with Rosemary Roast Potatoes (v)	Homemade Chicken Pie with Oven Chipped Potatoes
Vegetables	Minted Garden Peas (ve) Sweetcorn (ve)	Roasted Vegetable Medley	Fresh Carrots (ve) Pan Fried Courgettes (ve)	Fresh Seasonal Broccoli (ve) Mixed Vegetables (ve)	Baked Beans (ve) Minted Garden Peas (ve)
Salads	Salad Selection (ve)	Salad Selection (ve)	Salad Selection (ve)	Salad Selection (ve)	Salad Selection (ve)
Desserts	Waffle Finger (ve) and Ice Cream (ve)(v)	Fruit Jelly (ve)	Autumn Crunch Pot (v)	Apple Crumble(v) & Custard (ve)(v)	Chocolate Sponge and Chocolate Sauce (v)
DAILY	Organic Fruit Yogurt (v) with Seasonal Fresh Fruit (ve)	Organic Fruit Yogurt (v) with Seasonal Fresh Fruit (ve)	Organic Fruit Yogurt (v) with Seasonal Fresh Fruit (ve)	Organic Fruit Yogurt (v) with Seasonal Fresh Fruit (ve)	Organic Fruit Yogurt (v) with Seasonal Fresh Fruit (ve)
DAILY	Seasonal Fresh Fruit(ve)	Seasonal Fresh Fruit (ve)	Seasonal Fresh Fruit (ve)	Seasonal Fresh Fruit (ve)	Seasonal Fresh Fruit (ve)
Bread	Homemade Bread (v)	Homemade Bread (v)	Homemade Bread (v)	Homemade Bread (v)	Homemade Bread (v)