



WINNS WEEKLY

20.9.2024

Приятных
Выходных!

Russian
Have a nice weekend!



Headteacher: Fiona Judge / The Winns Primary School, Fleeming Rd. E17 5ET
020 8527 1872 / www.thewinnsprimaryschool.co.uk / office@winns.waltham.sch.uk

DATES FOR DIARIES WB 23.09.2024

Monday 23rd September	Vaccination UK Flu Nasal Spray
Wednesday 25th September	Reception 2025 Parent Tour
Thursday 26th September	Spurs Football Coaching Sessions (3AM, 3AF, 6PB)
Friday 27th September	Spurs Football Coaching Sessions (1JS, 1AS, 3SH)

Please remember to subscribe to [our online calendar](#) so that you receive automatic updates into your own calendar.

RACKET PACK BADMINTON FESTIVAL

On Friday afternoon, we took a group of year 3 & 4 children to Peter May Sports Centre to take part in the 'Racket Pack' badminton event. All the children learnt new skills which they will be able to bring back to school to share with their classmates, represented the school fabulously and had lots of fun in the process. Well done all! This was this year's first School Sports Network event. For more information, [please see the dedicated page on our website](#).



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CYCLE TRAINING

This week, Year 6 students have been enjoying fantastic cycling sessions provided by Waltham Forest Council. The council's cycling initiative aims to promote safe, confident, and responsible cycling, and we are thrilled that both our students and staff have had the opportunity to take part.

The council has generously provided bikes and helmets for any students who did not have their own, ensuring that everyone can participate. The training focuses on road safety, cycling skills, and increasing confidence on two wheels—important life skills for any cyclist!

This week, 6PB had their turn and thoroughly enjoyed the sessions. The children learned how to properly check their bikes before a ride, improve their balance, and master the art of signalling to other road users. Many students commented on how much more confident they feel cycling, whether it be on roads or bike paths.

Next week, it will be 6ES's turn to take part, and we can't wait to see more children developing their cycling skills!

We would like to extend our thanks to Waltham Forest Council for their commitment to helping our pupils become safer cyclists and to everyone involved in making this week a success.

Happy cycling!

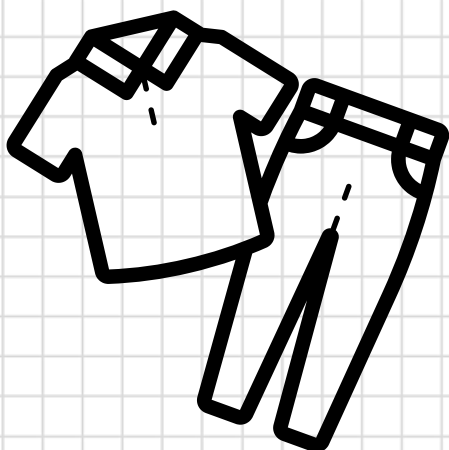


UNIFORM DONATIONS WANTED!

Can you donate any good quality uniform your children no longer need for our next Pre-Loved Uniform sale? We're looking for jumpers, cardigans, dresses, skirts, trousers and shorts as well as PE kit in great condition ready to be reworn. Please bring washed donations to the office by the morning of Tuesday 24th.

We're planning the Pre-Loved Uniform sale to take place on the evening of The Friends of the Winns AGM, Tuesday 24th. The sale will be held in the library from 6pm. Grab a bargain and come and hear about the achievements and future plans of FOTW.

See you there!



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CYCLE TO SCHOOL WEEK

CYCLE TO SCHOOL WEEK '24



23rd - 27th September 2024

Next week, The Winns Primary School will be celebrating Cycle to School Week. This is a fantastic opportunity for our community to embrace active travel, and it's wonderful to see a growing number of families already on board!

Cycling to school offers numerous health benefits, from boosting fitness levels to improving mental well-being. Regular physical activity helps children arrive at school feeling more alert and ready to learn. It's a fun, engaging way to start the day that also encourages independence and confidence in young cyclists.

Beyond the health benefits, cycling is great for the environment. By choosing two wheels instead of four, families reduce car traffic, cutting down on harmful emissions and making our streets safer and less congested. The positive impact on the planet is significant, and by cycling, we're teaching our children the importance of sustainability.

Keep cycling, Winns!



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FRIENDS OF THE WINNS NEWS

AGM NEXT WEEK!

The Friends of the Winns' AGM will be at the school on Tuesday 24th September at 6:30pm. Come along to find out more about what we do, offer support and join the fun!

WAYS TO SUPPORT

The Friends of the Winns put on many events and activities throughout the year to raise money towards helping the school deliver fun and exciting projects. All these projects are geared towards the enrichment of the children's education and wellbeing.

There are also a number of ways that you can support us from the comfort of your sofa:

ASDA

Up until November 30th, every time a customer shops with Asda using their rewards app, the supermarket will give a percentage of your spend towards your chosen school. To sign up, simply use the Asda Rewards App when you shop and select the Winns as your chosen School. More details can be found in the poster on the next page.



EASYFUNDRAISING



Easyfundraising is a simple way for you to support the school. Over 7,500 brands will donate to Friends of the Winns for free every time you use the app or browser extension to shop. It costs you nothing extra!

Simply sign up here:

<https://www.easyfundraising.org.uk/causes/friendsofthewinns>

AFFILIATE MARKETING

Certain brands will pay the school every time you shop with them. We are currently looking into useful and relevant opportunities and so far we have signed up to **Sitkins fundraising scheme**. So, if you are looking for labels for your child's clothes then consider Sitkins as every purchase gives the FOTW a 30% commission so use the school's fundraising number - 25586 - when making your purchase - <https://www.stikins.co.uk/>

ONLINE DONATIONS

You can set up a **regular payment** or **make a one off donation** through the Charities Aid Foundation. All the details can be found here:

<https://cafdonate.cafonline.org/26249#!/DonationDetails>

Have ideas or feedback for FOTW? Email Karen, Co-Chair of FOTW: fotwchair@gmail.com



Attendance Information for Parents/Carers

Why is school attendance important?

Pupils with good attendance are more likely to do well at school. When pupils miss school, even if the time period is very short, it can lead to gaps in their learning which might make future lessons more difficult for them.

Regular attendance helps pupils to feel part of the school community and enables them to develop good relationships with their peers and other members of the school community. This can have a positive impact on their wellbeing and help them to feel more settled in school.

When a pupil attends school every day, it helps to establish good routines and habits for their later life.

What does the law say?

It is a legal requirement for schools to keep a record of attendance and the reasons for any absences. There are clear guidelines set out by the government about how schools should manage attendance and schools are expected to follow these.

Only the headteacher can officially authorise an absence but, unless there is a concern, other staff will usually do this on their behalf. Parents and carers should provide reasons for absences to enable the school to decide whether or not to authorise the absence based on government guidelines.

Parents and carers must ensure that their child attends school regularly. Failure to do so, without good reason, is an offence, even if they are missing school without your knowledge. Parents and carers of children with unauthorised absences may be subject to a fixed penalty notice/legal action.

What are the different types of absence?

There are two broad categories of absence:

Authorised absence: This is an absence that has been authorised by the school for a legitimate medical, emergency or unavoidable situation.

Typical examples of authorised absence include:

- illness that means a child is too unwell to come to school;
- following NHS advice regarding remaining off school following a period of illness (in the case of certain infectious illnesses);
- an emergency medical or dental appointment;
- the recent death of a close family member;
- religious observance, as long as certain conditions are met.

Unauthorised absence: This is where a pupil's absence is for a reason deemed to be unacceptable by the school or where the reason for a pupil's absence has not been provided and cannot be established.

Some examples of unauthorised absence include:

- looking after a younger sibling;
- time off for birthday celebrations;
- a family holiday (unless there are exceptional circumstances);
- oversleeping;
- shopping trips or days out;
- waiting in for a delivery.

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Find us [online](#), on [Facebook](#) and on [Instagram](#).

Why is it important that my child is on time each day?

When children are late to school, they may initially feel unsettled and they might miss important information and activities.

Schools are required to record late arrivals. If pupils arrive after the start of the school day but when the register is still open, it will be recorded as a late mark. If pupils arrive after the register closes (which government guidelines state must be within 30 minutes of the register opening), then their morning mark will be recorded as an unauthorised absence, unless evidence can be provided that there are exceptional circumstances that led to the late arrival.

How does occasional absence affect my child?

Missing occasional days from school may seem unimportant at the time; however, this can have a significant impact on your child in the long term:

% of attendance in a school year	Number of days absent	Weeks missed
98%	4	Less than 1 week
95%	9.5	Nearly 2 weeks
90%	19	Nearly 4 weeks
85%	28.5	Nearly 6 weeks

A pupil with 85% attendance is missing nearly half a term of learning time each school year.

Regular absences can result in poorer outcomes over time. Research shows that pupils who miss between 10% and 20% of school (which is between half and one day per week on average) stand only a 35% chance of achieving five or more good GCSEs, compared to 73% of those who miss fewer than 5% of school days.

Late arrivals also add up over time – being 10 minutes late each day adds up to two weeks of lost learning time over the whole school year.

What about medical appointments?

We understand that pupils need to attend medical and dental appointments and that it is not always possible to arrange this outside of school time. However, we would request that any non-emergency appointments are made for outside of the school day as this keeps the disruption to a minimum and ensures that they do not miss important lessons.

Why won't the school usually authorise absence for a family holiday?

We recognise that family vacations during the school holidays can be expensive and that booking a cheaper term-time holiday might be tempting. However, headteachers can only authorise leave during term time if there are exceptional circumstances, even if your child has an excellent attendance record or if you believe that the reason for the absence is justified.

Parents and carers should plan their holidays around school holidays and avoid asking for permission to take their children out of school unless it is absolutely unavoidable.

There are exceptional circumstances, then a request can be made to the school using our absence request form by clicking the link <https://tinyurl.com/yc6r989n> or contacting the school office.

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Requests for term-time absences should be made as soon as possible. However, we recognise that in some rare instances, this will not always be possible.

Requests for term-time absences will be considered on a case-by-case basis taking the facts, circumstances and any supporting evidence into consideration. Leave of absence due to exceptional circumstances is at the discretion of the headteacher. This includes the length of time that the leave will be granted for.

What is school refusal?

If your child is refusing to go to school, this is known as 'school refusal'. There are a number of different reasons for school refusal, including general anxiety, worries about leaving home, problems with friends or peers, academic problems and depression. Sometimes, the cause can be a combination of different factors.

If your child is refusing to attend school, you should let us know immediately so that we can work together to put a plan in place to deal with any underlying issues and get your child back into school. The longer school refusal goes on, the more difficult it is to address.

How do I request an absence in advance?

If you want to request authorisation for a planned absence, please use our absence request form which can be found here: <https://tinyurl.com/yc6r989n>.

Paper copies of this form are also available from the school office.

Please submit any requests as early as possible as we may need to ask for additional information before we can consider your request. Please do not make any plans until you have been told the outcome of your request.

Please be aware that we can only approve absences that are for exceptional circumstances so will be unable to authorise family holidays in most cases.

How do I report an unplanned absence to the school?

Unexpected absences should be reported to school by:

Using the absence link <https://tinyurl.com/vmemsv6v> or you can call the school office. If there is no answer please leave a clear message stating your child's name, class and the reason for the absence.

Please report any absences by **9am** or as soon as you become aware that your child will be absent.

In the case of illness, the absence will usually be authorised unless there are grounds for concern that the illness may not be genuine or that it might not be sufficient to require time off school. In these cases, the school may ask for additional evidence, such as a doctor's note, appointment card, hospital letter or medical report. The school will not ask for this additional evidence unnecessarily.

If you do not provide a reason for your child's absence, we will contact you to find out why they are not in school. Unexplained absences will be recorded as unauthorised.

Who should I contact if I have any questions or concerns about my child's attendance?

Allison Tokeley

[The information in this leaflet is based on our attendance policy which can be found on the school website or paper copies provided upon request.]

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INTRODUCING CAsHPoT for sCHools

Download and opt-in with Asda Rewards
and we will donate ££s to schools.

**CAsHPoT
FOR
SCHOOLS**



With
Parentkind

Here's How:

- 1 Download the Asda Rewards app and opt-in to Cashpot for Schools.
- 2 Choose your primary school
- 3 Shop in-store across Asda & George, and scan your Asda Rewards app at the checkout.
- 4 Shopping online?
Simply log in to Asda.com using the same details as your Asda Rewards account.
We'll do the rest!
- 5 We donate ££s to your chosen school every time you shop, so they can spend it on exactly what they need.



Selected stores. Minimum spend £2+. Exclusions apply including Asda Express & George.com. Subject to availability. UK 18+. App & Opt in required. 0.5% of the value of a customer's eligible shop is donated. Publicly funded primary schools, must register with Parentkind charity 1072833. Full T&C's at asda.com/cashpotforschools. Rewards T&Cs at asda.com/rewards/terms. Ends 30.11.24



Get to know the

WALTHAM FOREST MENTAL HEALTH SUPPORT TEAM

Please join us to find out about the work we do in the school, including the 1-to-1 support we offer to families.

MONDAY, 7TH OCTOBER

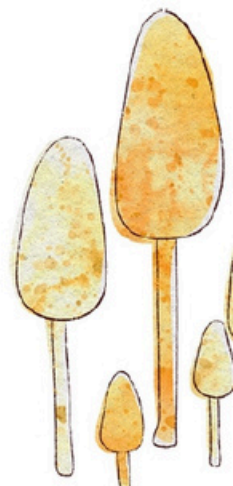
9:15 - 10:15am at The Winns
Primary School

TUESDAY, 8TH OCTOBER

17:00 - 18:00 online on MS Teams



*Please use this QR
code to join the
Teams meeting:*



Hello, we're the Waltham Forest Mental Health Support Team!

We're an early intervention service based in schools in Waltham Forest. We deliver:

- 1-to-1 interventions for parents
- Group interventions for young people, e.g., transitioning to secondary school
- Whole class workshops, e.g., introduction to mental health
- Staff training
- Signposting to other agencies



'Why are you called Mental Health Support Team? My child doesn't have Mental Health problems...'



We all have mental health, just as we all have physical health. Our mental health is how we're feeling emotionally and it's a bit like internal weather - it can be sunny, rainy or stormy - it's all normal!

Our mental health is just as important as our physical health. It strongly affects our daily lives, including work, study, and how we're getting on with others. Therefore, it is important to take care of our mental health to prevent further problems from arising.

Meet the team working in your school

Grace

Zsafia

Shanai

Best care by the best people

We were introduced in schools as the government recognised the need for trained mental health staff to support the whole school community.

Our aim is to prevent and support with the early identification of mental health difficulties, to improve understanding of mental health and **reduce stigma**.

In Primary Schools...

Our 1-to-1 work is with parents where we deliver targeted interventions for children experiencing:

- Anxiety
- Behavioural difficulties

We deliver specific low intensity interventions called Guided-Self Help. These usually last for 6-9 sessions and are based on cognitive behavioural therapy.

How can you access our support?

You can contact the school's Mental Health Leads (**Ms Brusniak or Ms. Payne**).

After discussing with you, they will support you to fill out a referral form which will be sent to us if you and your child are suitable to be supported. We will then be in touch with you within 4 weeks to assess if we are a suitable service for you.

Ready to make new habits as a family?

Come along to our fun and free healthy lifestyle courses!

**Beezee
FAMILIES**

12-week Beezee Families courses starting

16th September 2024



Healthy eating tips



Small changes that make a big difference



Fun activities for the whole family

Monday

16th September 2024

5.00pm at Peterhouse Community Centre E17 3PW

Tuesday

17th September 2024

5.30pm at Leyton Cricket Ground E10 6RJ

Wednesday

18th September 2024

5.00pm at Chingford C of E Primary School E4 7BP

Thursday

19th September 2024

5.30pm at Walthamstow School For Girls E17 9RZ

Places are limited, so get in touch with us today.

Sign up for your family's FREE place at

wlf.maximusuk.co.uk/beezeefamilies

**AUTUMN
TERM SEP -
DEC 2024**



**IT'S FREE!
BOOKING
IS
ESSENTIAL**

JUNIOR YOUTH SPACE



TUESDAYS
WALTHAMSTOW FAMILY HUB
313 BILLET ROAD, E17 5PX
0208 496 3511

WEDNESDAYS
QUEENS ROAD FAMILY HUB
215 QUEENS ROAD, E17 8PJ
0208 496 2442

FRIDAYS
CHINGFORD FAMILY HUB
5 OAKS GROVE, E4 6EY
0208 496 1551

**JOIN US AT YOUR LOCAL FAMILY HUB
TERM TIME ONLY FOR 9 - 12 YEAR OLDS
4:15 - 6:30PM**

ACTIVITIES INCLUDE

CHILL ZONE • COOKING • MULTI SPORTS

ARTS AND CRAFTS • GAMING • AND LOTS MORE

HOT MEALS PROVIDED

EMAIL FOR MORE INFO TREASUREMEKIDSLONDON@GMAIL.COM



FREE workshops for parents of preschool children!

Cultivating Growth Mindset & School Readiness



Stone Soup Group
Let's play & grow together



with Noisy Book Club's

**Rebecca
Ehrlich**

Primary School Teacher &
Growth Mindset champion

Date & Time

School Readiness:

Sat 20th July 10 am - 12 pm

Growth Mindset:

Sat 21st Sept 10am - 12 pm

Starting School Workshop:

*For parents of children starting
reception in Sept 2024*

Using fun, playful activities, we
will show you easy ways you can
help your child learn at home.
We will have activities and advice
covering the Reception
curriculum.



Growth Mindset Workshop:

*For parents of children at
Primary school*

Would you like to know what you can
do at home to help your child be
more resilient?

This workshop is designed for you
and your child to learn together how
to be unafraid of challenges & take
on mistakes with confidence

www.noisybookclub.com

becca@noisybookclub.com

www.stonesoupgroup.co.uk

stonesoupnursery@gmail.com

FREE

**Priory Court
Community Centre**

11 Priory Ct, London E17 5NB

Use QR code to register to attend

