



WINNS WEEKLY

26.4.2024

Приятных
Выходных!

Russian
Have a good weekend!



Headteacher: Fiona Judge / The Winns Primary School, Fleeming Rd. E17 5ET
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DATES FOR DIARIES WB 29.4.2024

Tuesday 30th April Phonics Breakfast

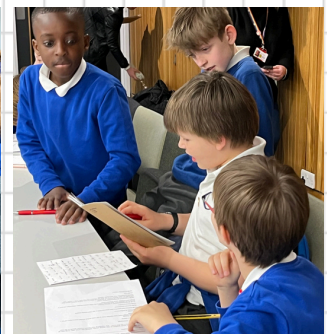
Thursday 2nd May 2CM Class Assembly (9:00am)

Polling Day - Nursery and Reception Closed

Please remember to subscribe to [our online calendar](#) so that you receive automatic updates into your own calendar.

DEBATING COMPETITION

This week a group of children from Year 5 and 6 visited Westminster University to take part in a debating competition. Since September, they have been working with an organisation called Debate Mate. Working with university students, they have been learning how to debate, how to speak confidently to an audience and how to be persuasive in their arguments. On Monday, they were able to try out their new skills by debating with other schools from across London. The children were incredible – they were respectful to the other teams, showed real bravery and grew in confidence as the day progressed. They won some debates, lost others and made us all feel very proud of them. Well done all!



OUR VISION IN ACTION

Belonging – We celebrated Earth Day in school day this week, with a variety of exciting activities taking place. Promoting positive stewardship of our planet is something we hope to encourage in all of our children and we were delighted to see how well the children engaged in the activities.

Growing – A group of our year 2 children attended the Waltham Forest School Games Tennis Festival today. The children were able to develop their fundamental skills as well as having the chance to apply them to some small-court games of tennis with children from across the borough. Well done everyone!



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2CS CLASS ASSEMBLY



Well done to all the children in 2CS who were one of the latest classes to perform their class assembly to families and other children in Red Hall on Wednesday morning. Using the book Clean Up by Nathan Byron for inspiration, the children learnt all about saving our oceans and presented their ideas confidently. Thank you to Ms Summers, Ms Ramona and Ms Francesca for preparing the children so well and a big thank you also to all the parents and families who came along to watch.

3SH CLASS ASSEMBLY



It has been a busy week for assemblies as 3SH also performed to families and Blue Hall children on Thursday morning. We found out everything that the children had learned about the water cycle and Egyptians, including the Mummy Rap! Well done to all the children, thank you to Ms. Hickey for preparing them so well and thank you to all the families who came along to support.

OUR VISION IN ACTION

Exploring - Our after-school activity clubs have restarted for the Summer term this week. It has been great to see children trying out different activities and sessions with their friends. Thank you as always to the team of adults who help to make the clubs happen!

Achieving - As we progress through the year, more classes have had the chance to show off their performance skills to families in their class assemblies. We are always so proud of the children after these performances - it is a wonderful way to showcase what they have been learning in class.



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REMINDER: EYFS CLOSURE THURSDAY 2ND MAY



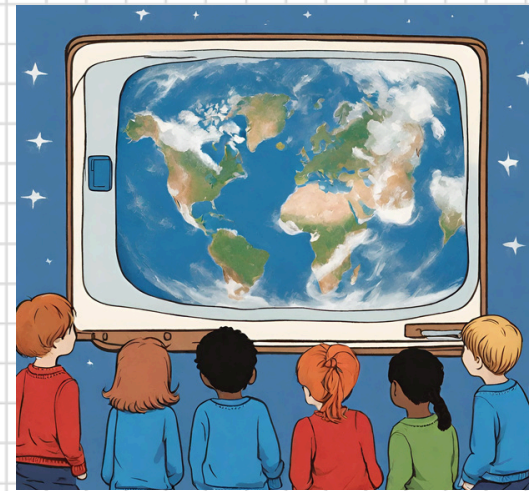
A reminder to all Early Years (Reception and Nursery) parents & carers that **school is closed to children this Thursday 2nd May** as Yellow Hall is being used as a polling station for the GLA elections. This means that there is also no breakfast or tea time club for Nursery or Reception children on Thursday 2nd May.

Parents & carers of **year 1 children in tea time club on Thursday**, please collect your child from tea time club at the **small gate further along Elphinstone Road**, near to Green Hall and the climbing frames on the main playground. Thank you!

EARTH DAY 2024

This year's Earth Day took place on Monday. Our children took part in a range of activities including a live-streamed assembly from members of David Attenborough's Planet Earth III team and a live make-along from the V&A. Our year 1 & 2 children even staged a climate protest on the playground at the end of the day (see the photos below)!

The activities aimed to educate children about environmental preservation and sustainability, fostering enthusiasm for caring for the planet. The yearly event hopes to empower our young people to become responsible Earth stewards, creating a positive impact on our world.





YEAR 1 PHONICS SCREENING CHECK

Parent information session

Monday 20th May

Please join us to find out more information about the statutory test taking place for Year 1 pupils in June 2024.

- ✓ **9 - 9.20am - Please enter via large gates on Elphinstone Road and meet under the shelter.**
- ✓ **4.30 - 4.50pm - online - link will be emailed.**





A great start for babies and young children

Everyone wants the best for their children, but it can be hard to know what to do as a parent in the early years. That's where HENRY comes in.

The HENRY programme is free to join and helps you give your child the best possible start in life.



"This programme changed my life."

www.henry.org.uk

Is the HENRY programme for me?

The HENRY programme can help everyone with a baby or young child. Every parent who joins learns something new and useful.



If you have at least one child under 5 years old and can answer 'yes' to any of the questions below then HENRY is for you:

- Would you like to feel more confident as a parent?
- Would you like some support to give your child a healthy start?
- Do you wish your child would eat more fruit and vegetables?
- Would you like to reduce mealtime stress?
- Would you like to enjoy being active together as a family more often?
- Are you interested in some ideas to get children away from the TV?

What is HENRY?

HENRY is a UK charity working to give babies and young children a healthy start in life.

About the programme

The programme is for parents or carers of children aged 0 to 5 years old. It is free to join.

Everyone wants the best for their children, but with so much conflicting advice it can be hard to know what to do for the best as a parent, especially in the early years.



The HENRY *Healthy Families: Right from the Start* programme is running locally. Join the thousands of families across the country who have benefited from the support and tips it provides for young families.

Research shows that the key ingredients to ensuring babies and young children have a healthy start in life are:

- Parenting confidence
- Physical activity for little ones
- What children and families eat
- Family lifestyle habits
- Enjoying life as a family

The programme covers these 5 themes across 8 weeks and provides everything you need to help get your little one off to a great start.

What do other parents say about it?

- 97% of parents would recommend it
- 89% feel more confident as a parent

"I'm so glad I did this programme. Do it!"

"This was the best thing I could possibly have done to help me be a better mum"

What do I get on a HENRY programme?

Every parent joining a HENRY programme receives a HENRY toolkit which includes everything you'll need during the programme and helpful resources to use in your family.

The HENRY toolkit will help you give your child a great start in life, get the whole family involved, and keep track of how well you're doing.



The HENRY Parent Toolkit – free to everyone joining a HENRY programme

Weekly sessions

Each week helps you provide a healthy, happy, supportive environment for the whole family.

Week 1 – Decide what changes you want to make and set your own goals

Week 2 – How to juggle life with young children so you all get what you need

Week 3 – How to respond to children's needs without giving in to all their demands

Week 4 – Positive mealtime tips for a happy family – reducing mealtime stress for everyone

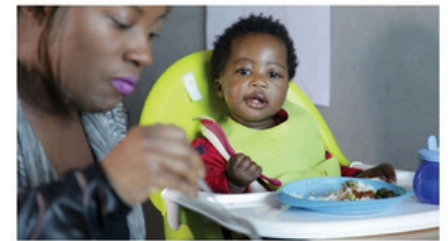
Week 5 – Ideas for active play to help children learn, develop and stay happy

Week 6 – Food groups, food labels, portion sizes for under 5s, first foods, and snack swaps

Week 7 – Understanding and managing your child's behaviour for a happier home

Week 8 – Celebrate your success as a parent and plan the future for your family

"I highly recommend it. It was brilliant."



How can I join a programme?

HENRY programmes are running locally. Talk to your local Children's Centre or Family Hub, Early Intervention or Family Support Service to find out more, help you decide if you would enjoy it, or to join a programme.



For more information about HENRY go to:

- www.henry.org.uk
- @HENRYHealthy
- facebook.com/HENRY.HealthyFamilies
- 01865 302973



Charity number 1132581 | Company number 6952404



EMPOWERING
PARENTS
EMPOWERING
COMMUNITIES

EMPOWERING PARENTS EMPOWERING COMMUNITIES

Ever feel like parenting is just too much?

**Empowering Parents Empowering Communities
classes are here to help**

Sessions are supervised by professional facilitators, and activities are led by trained EPEC parent group volunteers.

All volunteers are also parents who have enjoyed the EPEC sessions so much that they now wish to share their experiences with others

EPEC sessions are relaxed and informal.

You learn how to deal with tricky situations and keep cool when your children are having a meltdown

When: 18th April 2024 to 13th June 2024

How long : 7 weeks

When: Thursdays 10-12

Where: In School

<https://forms.office.com/e/cF6pRRjFH7>



"As a father I feel I am a good enough parent and it's important we build safer relationships with our children."

"It's a relaxed, friendly atmosphere."

"I'm not alone and other parents go through the same."

"Open/talking, learning about us and not feeling alone as a father."

Speak to a member of the EPEC Team for further information or to book onto a course:

Phone: 07799913026 Web: bit.ly/EPECBAP

Email: EPEC@walthamforest.gov.uk

**Best Start
in Life**

**WALTHAM FOREST
FAMILY HUBS**


Waltham Forest