



# WINNS WEEKLY

9.2.2024

Kalofsh një fundjavë të mirë!

Albanian  
Have a good weekend!



Headteacher: Fiona Judge / The Winns Primary School, Fleeming Rd. E17 5ET  
020 8527 1872 / [www.thewinnsprimaryschool.co.uk](http://www.thewinnsprimaryschool.co.uk) / [office@winns.waltham.sch.uk](mailto:office@winns.waltham.sch.uk)

## DATES FOR DIARIES WB 19.2.2024

**Monday 19th February** Children return to school  
**No Gardening Club**

**Tuesday 20th February** Made From Scratch workshops

**Wednesday 21st February** 5BB Class Assembly (9:00)

**Thursday 22nd February** 4EB Class Assembly (9:00)

Made From Scratch workshops

Please remember to subscribe to [our online calendar](#) so that you receive automatic updates into your own calendar.

### LANG LANG FOUNDATION VISIT

We received a very special visit by representatives from the Lang Lang Foundation on Thursday morning, including Ms. Amy Lam, the generous benefactor who funded our amazing piano lab. She was here to unveil a plaque celebrating her commitment to our Keys of Inspiration project and to receive an update on how well our children are doing. Several dignitaries came along, including former government minister, Stephen Norris.

The children in Blue Hall were also treated to a performance from rising star Sherri Lun, who made the time in her busy performance schedule to come along to The Winns.



## YEAR 5 & 6 NETBALL COMPETITION

A group of our year 6 children headed over to Leyton Score Centre this morning to take part in the Waltham Forest School Games Netball competition. The standard of play was very high, and considering that this was the first time many of the children had played netball competitively, they should be very proud of the win they earned in the group stage. Well done all!



## CHILDREN'S MENTAL HEALTH WEEK & SAFER INTERNET DAY

We marked both Children's Mental Health Week and Safer Internet Day in school this week. The children took part in a range of assemblies and activities in class to raise awareness about mental health and online safety. If you want to find more information about either topic, please follow the links below:

<https://www.childrensmentalhealthweek.org.uk/>

<https://saferinternet.org.uk/safer-internet-day/safer-internet-day-2024>



## DIVERSITY AND INCLUSION WORKING GROUP

We were delighted to see a strong turnout of supportive parents at our EDI (Equality, Diversity, and Inclusion) working group meeting on Thursday morning. Together, we discussed the integration of EDI principles into our curriculum, reaffirming it as a top priority this year. Excitingly, we're planning to unveil curriculum maps in the summer term, highlighting EDI strands woven throughout. We also touched upon launching a pupil voice survey to gauge thoughts on diversity and inclusion. Collaborations with external organizations for targeted support were discussed, alongside strategies to raise children's awareness of protected characteristics as outlined in the Equality Act 2010. Our commitment to fostering an inclusive environment at The Winns remains steadfast and we look forward to welcoming more parents at our next meeting in the Summer term.



## OUR VISION IN ACTION

**Exploring** - Small groups of our year 2 children began an oracy project this week with an artist from Kazoom Arts. Running over the rest of the term, the children will have the opportunity to explore a range of themes whilst producing their own art work.

**Achieving** - We have many small group interventions running across the school week and in every year group. Most of these are run by our dedicated, caring and highly-skilled support staff. All are aimed at supporting our children achieve the very best they can. This makes us so proud!





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## OUR VISION IN ACTION

**Belonging** – Thank you once again to the Lang Lang Foundation for visiting The Winns this week. We are incredibly fortunate to be the recipients of such an amazing programme that has enabled over 200 of our children to begin learning the piano, with that number set to grow further next year.

**Growing** – As our children grow, we welcome the fact that they become increasingly independent. Our older children reach a level of independence that means that parents and staff trust them to walk home safely by themselves. Sometimes, we have to remind them that there are risks associated with this. In assembly today, we talked about the importance of road safety and minimising risks.

## ADVANCE NOTICE OF EARLY YEARS CLOSURE - THURSDAY 2ND MAY 2024

Early Years (Reception and Nursery) will be closed to children on Thursday 2nd May. There is an election for the Greater London Assembly on that day and a portion of the school will be used as a polling station. Year 1 tea time will be running on this day, but will move location. Further details will follow.



TfL  
TRAVEL  
FOR LIFE

## February half-term All-Ability Cycling Clubs

All Ability sessions offer a relaxed environment, regardless of confidence or ability, to enjoy cycling for all ages. The sessions are led by trained instructors, who provide help with a range of cycles including relaxed tricycles, recumbents, wheelchair bikes, hand-cycles, side-by-side bikes, and many more.

Sessions run from 10am to 12pm and are suitable for children and adults.

Mon 12 Feb - in the Basketball Court in Ridgeway Park, Chingford

Tue 13 Feb - Langthorne Park, Leytonstone

Wed 14 Feb - Lloyd Park, Walthamstow

Thur 15 Feb - Rolls sports ground, Chingford

Email [cycling@walthamforest.gov.uk](mailto:cycling@walthamforest.gov.uk).

Don't forget to  
share your  
Travel for Life  
evidence with  
us!

[@schooltravelplans](https://twitter.com/schooltravelplans)  
[@walthamforest](https://twitter.com/walthamforest).  
[gov.uk](https://www.gov.uk)

CELEBRATING  
10 YEARS OF  
enjoy  
WALTHAM FOREST



# STORY WINDOW Trail



## Can your home join the Winns Story Window Trail?



### We're back for 2024; bigger and even better!

Last year, over 40 Winns Homes got involved by decorating a front window in the home. Decorations can fall along any book theme – a book you love in your home, a favourite character from a book and it's a great opportunity for kids and their parents and carers to get creative.

The idea behind the trail is to promote the love of reading in the lead up to World Book Day, Thursday 7th March 2024. The Winns Window trail is part of the wider E17 Story Windows trail.

Central Estates have kindly agreed to sponsor the event and there is the opportunity to earn up to £600 for the school, with 60 sponsorship sign slots available, each paying £10 to the school.

### Ways you can get involved:

You can **decorate a window** for the trail **or** have an **advertising board outside** your home. **Or both!** Just let us know which option[s] you are happy to go with.

You can have a sign outside your home without decorating your front window. The advertising signs would remain up until the 31st of March.

If you are decorating, we'd love you to have your decorated window ready for the **1st of March and keep it until the 31st March**, giving as many people as possible the chance to enjoy the trail. We will email you a special 'Winns Windows' blue plaque which you can print and display next to your window.

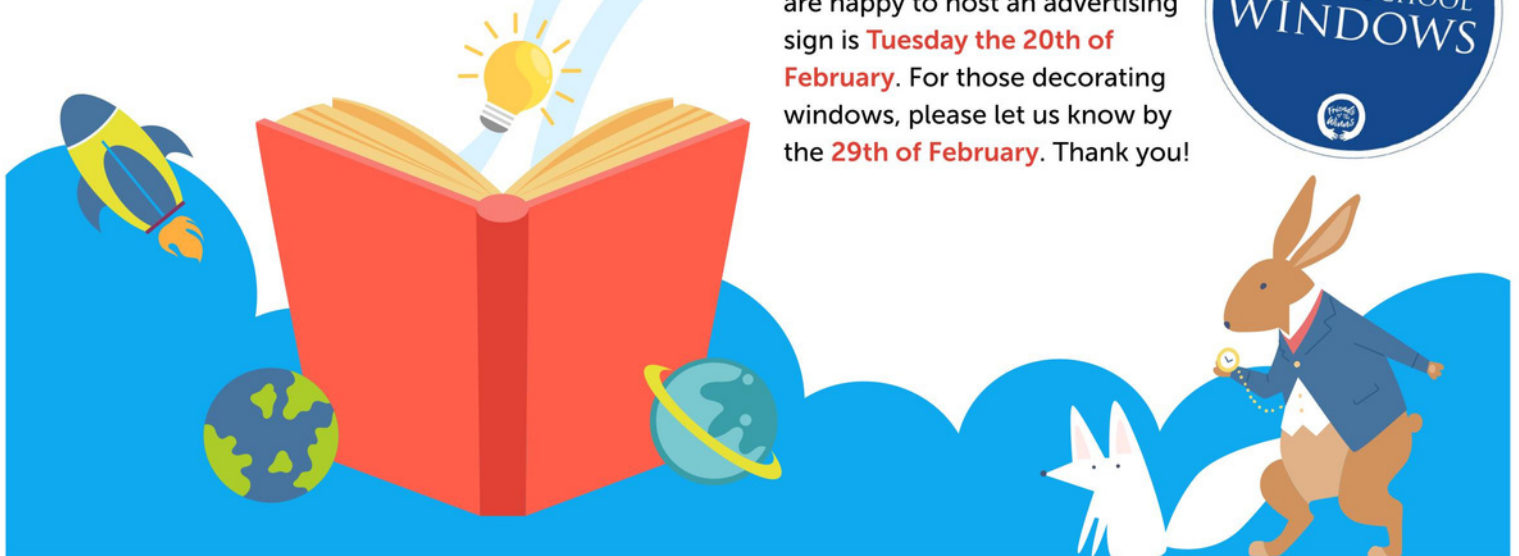
If printing at home is a problem, let us know and we can arrange a plaque for you to be picked up from the school office.

You can share images of decorations to social media via the hashtag **#E17storywindows2024**. An interactive map for the window trail is then created and shared for kids and adults to enjoy between the 1st-31st of March.

All we need to know is, would you like to join in? And if so, **email your full name, postal address and postcode to [fotwvictoria@gmail.com](mailto:fotwvictoria@gmail.com)**.

Central Estates do not use this information in any way.

The deadline to let us know you are happy to host an advertising sign is **Tuesday the 20th of February**. For those decorating windows, please let us know by the **29th of February**. Thank you!





# EAT THEM TO DEFEAT THEM

As seen  
on TV

FEATURING...

JOIN  
THE  
FIGHT



VEGPOWER

itv




sky



## SEND Family Support Groups - Spring Term 2024

Open to parents and carers of children aged 5-18 with SEND in mainstream schools in Waltham Forest. Come along and share experiences, discuss ideas, explore resources and develop a support network. All led by specialist Advisory Teachers.

ADHD	Friday 12th January 11-12 pm	<a href="https://www.eventbrite.co.uk/e/adhd-parent-support-group-with-wf-parent-forum-tickets-790986139837?aff=oddtcreator">https://www.eventbrite.co.uk/e/adhd-parent-support-group-with-wf-parent-forum-tickets-790986139837?aff=oddtcreator</a> Onsite at Gill House, 99c Leyton Green Road, E10 6DB
	Friday 1st March 11 – 12 pm	<a href="https://www.eventbrite.co.uk/e/adhd-parent-support-group-with-wf-parent-forum-only-for-wf-parentcarer-tickets-793177163247">https://www.eventbrite.co.uk/e/adhd-parent-support-group-with-wf-parent-forum-only-for-wf-parentcarer-tickets-793177163247</a> Onsite at Gill House, 99c Leyton Green Road, E10 6DB
Down's Syndrome	Wednesday 31st January 11 – 12 pm	<a href="https://www.eventbrite.co.uk/e/downs-syndrome-family-support-group-only-for-wf-parentscarers-tickets-793078247387">https://www.eventbrite.co.uk/e/downs-syndrome-family-support-group-only-for-wf-parentscarers-tickets-793078247387</a> Onsite at Flourish Learning Trust E17 4AZ or Online
	Wednesday 20th March 11 – 12 pm	<a href="https://www.eventbrite.co.uk/e/downs-syndrome-family-support-group-tickets-793325928207?aff=oddtcreator">https://www.eventbrite.co.uk/e/downs-syndrome-family-support-group-tickets-793325928207?aff=oddtcreator</a> Onsite at Flourish Learning Trust E17 4AZ or Online
Autism	Friday 2nd February 11 – 12 pm	<a href="https://www.eventbrite.co.uk/e/autism-parent-support-group-with-wf-parent-forum-tickets-793090122907">https://www.eventbrite.co.uk/e/autism-parent-support-group-with-wf-parent-forum-tickets-793090122907</a> Onsite at Gill House, 99c Leyton Green Road, E10 6DB
	Thursday 8th February 11 – 12 pm	<a href="https://www.eventbrite.co.uk/e/autism-parent-support-group-tickets-793105920157?aff=oddtcreator">https://www.eventbrite.co.uk/e/autism-parent-support-group-tickets-793105920157?aff=oddtcreator</a> Onsite at Flourish Learning Trust, E17 4AZ or Online
	Friday 15th March 11 – 12 pm	<a href="https://www.eventbrite.co.uk/e/autism-parent-support-group-tickets-793291986687?aff=oddtcreator">https://www.eventbrite.co.uk/e/autism-parent-support-group-tickets-793291986687?aff=oddtcreator</a> Onsite at Flourish Learning Trust, E17 4AZ or Online

 UK Health Security Agency



# Measles: Are you protected?

You need **2 doses** of the **MMR vaccine** for lifelong protection.

If you haven't had **both doses**, you could be at risk.

Contact your GP practice and book an appointment if you're not up to date.



Best care by the best people

# Half-term Activities

## 12th to 16th February 2024

By the **Waltham Forest Mental Health Support Team**



### Space4All the Family

Space4all sessions are available during half term Monday 12 February to Friday 16 February 2024



### Leyton Orient Trust

Half-Term Support 14-18 years Monday 12th and Tuesday 13th February 12pm to 2pm Score Centre E10 5JY

### Leyton Orient Trust

Trip to Stanford Bridge aged 16 +



### Free family friendly activities in Waltham Forest

Cycling clubs, Explore a cardboard Waltham Forest, Valentine's crafts, dancing, family supermarket sweep and more.





# Where can I get help from?

Click on the circles to find out more!



## National Bullying Helpline

Tel.: 0300 323 0169

## Childline

Tel.: 0800 11111

## NELFT Crisis Helpline

Tel: 0800 995 1000

## PAPYRUS (Suicide prevention)

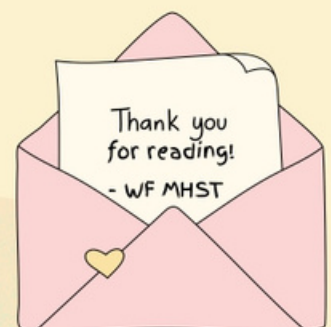
Tel.: 0800 068 4141

## Kooth Free, safe and anonymous support

Samaritans  
Tel.: 116 123

## Other support in Waltham Forest

Shout  
(24/7 crisis textline) TEXT 85258





# Places where kids eat for free or £1 during Feb 2024



## ASDA

Kids eat for £1 All Day, Every Day at Asda cafes, with no adult spend required.

## TESCO

Kids eat free with a purchase of 60p+ from From Mon 12th - Fri 23rd February 2024

## SAINSBURYS CAFES

Kids eat for £1 with the purchase of an adult hot main. From 11:30am every day.

## BEEFEATER & BREWERS FAYRE

Two children under 16 can get a free breakfast every day with one paying adult!

## THE REAL GREEK

Kids under 12 eat FREE every Sunday for every £10 spent by an adult

## GREENE KING PUBS

Kids Eat Free all-day with the purchase of an adult's meal. Deal, Monday-Friday, between Mon 12th - Friday 23rd February 2024

## TRAVELODGE & PREMIER INN

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

## SIZZLING PUBS

Every Monday to Friday, 3 - 7pm, kids' mains are £1 with every adult meal.

## TGI FRIDAYS

Kids Eat Free When 'Stripes Rewards Members' purchase a full priced adult's main meal (App needed)

## IKEA

Kids get a meal from 95p daily from 11am

## MORRISONS

Spend £4.49 and get one free kids meal all day, every day.

## GORDON RAMSEY RESTAURANTS

Kids under 8 eat FREE all day, every day at selected Gordon Ramsay restaurants

## PRETO

Kids up to age 10 eat free all day, every day with paying adults at Preto in Half Terms

## YO! SUSHI

From Mon 12th - Fri 23rd February 2024 kids eat free with every £10 adult spend

## BELLA ITALIA

Children eat for £1 with any adult main. The offer is valid 4-6pm Mon to Thurs.

## WHITBREAD INNS

Two kids under 16 eat for FREE with every adult breakfast purchased

## DOBBIES GARDEN CENTRES

At Dobbies, for every adult breakfast or lunch purchase, kids eat for FREE. Every Day!

## TABLE TABLE

Two children under 16 can get a free breakfast every day with one paying adult!

## PAUSA CAFE @ DUNELM

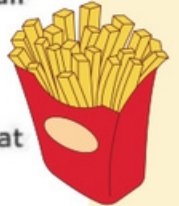
Kids get 1 mini main, 2 snacks & a drink FREE with every £4 spend after 3pm

## HUNGRY HORSE

Kids eat for £1 on Mondays

## FUTURE INNS

Under 5s eat for free with any adult meal.





# STONE SOUP GROUP

Parent-run  
Stay & Plays

are coming to  
Priory Court  
Community Centre

Thursdays  
10.15-11.45am  
Just turn up!



1st Feb: Outer space  
8th Feb: Winter birds  
15th Feb: Under the sea  
22nd Feb: Party time!



For ages 0 - 5  
Everyone is welcome!  
Warm meal provided

FREE or £5 donation welcome  
(if you can afford it)





# Help your child grow and thrive! Family Learning



Our family learning programme delivers a variety of courses, workshops and events both in person, online and at different venues in Waltham Forest - courses and workshops are free for families.

## List of upcoming courses / workshops

Course Title	Venue	Date	Time	Day
Calm Parents, Calm Children 5 weeks	Leyton Children and Family Hub Queens Road	10.01.2024	10:00 – 12:00 pm	Wednesday
Families make a bird feeder	The Junction Centre E11	20.01.2024	10:00-12:00pm	Saturday
Monthly Craft Club	Queens Road learning centre	20.1.2024	10-12pm	Saturday
Storytelling and crafts for Chinese New Year	Walthamstow Library	03.02.2024	12:30-2:30pm	Saturday
Valentines crafts for your loved ones	Walthamstow Library	10.02.2024	12:30-2:30pm	Saturday
Family craft workshop – Half term	Lea Bridge Road Library	14.02.2024	1:15 – 3:15pm	Saturday

If you have any questions regarding family learning activities, please contact  
- [cherie.cowan-smith@walthamforest.gov.uk](mailto:cherie.cowan-smith@walthamforest.gov.uk) Curriculum Manager Family Learning

Enrol now through our website - [www.lbwfadultlearning.co.uk](http://www.lbwfadultlearning.co.uk)  
For more information email [adult.learning@walthamforest.gov.uk](mailto:adult.learning@walthamforest.gov.uk)