



WINNS WEEKLY

8.12.2023

Καλό
Σαββατοκύριακο!

Greek
Have a good weekend!



Headteacher: Fiona Judge / The Winns Primary School, Fleeming Rd. E17 5ET
020 8527 1872 / www.thewinnsprimaryschool.co.uk / office@winns.waltham.sch.uk

DATES FOR DIARIES W.B. 11.12.2023

Monday 11th December Y1 Christmas Concert (2:45pm)

Tuesday 12th December Y1 Christmas Concert (9:00am)
Y2 Christmas Concert (2:30pm)

Wednesday 13th December Y2 Christmas Concert (9:00am)
Reception 2024 Parent Tour (9:30am, appt. only)
Y3 Christmas Concert (2:45pm)

Thursday 14th December Festive Jumper Day & Christmas lunch
Y4 Christmas Concert (9:00am)
Y5 Christmas Concert (2:45pm)

Friday 15th December Y6 Christmas Concert (9:00am)

Last day of after-school activity clubs

Please remember to subscribe to our online calendar so that you receive automatic updates into your own calendar.

LONDON CHESS INVITATIONAL

A group of our year 6 children attended the London Chess Invitational event in central London this week. They played against children from other schools and also got the chance to take on several Grandmasters including 8-time British champion Mickey Adams and American Grandmaster Hans Niemann. The children represented the school brilliantly. Thank you also to the parents that accompanied them on the day.



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WINTER FAIR ROUNDUP

Dear Winns Families,

We hope this message finds you well. We want to express our heartfelt gratitude to all the families who joined us despite the chilly weather at The Winns Winter Fair on Saturday. Your presence added a warmth and vibrancy to the event that made it truly special.

The school was filled with a contagious buzz of excitement, as families explored the various stalls and engaged in the numerous activities on offer. From delicious treats to handmade crafts, there was something for everyone, and it was heartening to see the brisk trading and enthusiastic participation throughout the afternoon.

A special 'shoutout' goes to those who embraced the digital spirit and participated in the Winns raffle online. We are thrilled to announce that £2785 has been confirmed raised so far from the Fair! Check back next week when we will have a final total that will include the final raffle total, estate agents boards and Xmas Cards. Your generosity and support is truly appreciated!

The Winter Fair would not have been possible without the hard work and dedication of the Friends of The Winns (FOTW) and all the parents who generously volunteered their time and efforts. From the meticulous planning leading up to the event to the seamless execution on the day itself, your commitment did not go unnoticed. It truly was a resounding success because of your collective endeavours.

In the spirit of giving, we extend a warm thank you to those parents who contributed to the local food bank. Your kindness and generosity will make a meaningful impact on those in need within our community.

To each and every one of you who played a part, whether big or small, in making The Winns Winter Fair a success, you are truly amazing! Your support and participation underscore the strong sense of community that defines The Winns Primary School. Well done everyone!



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OUR VISION IN ACTION

Belonging - The sense of community was strong last Saturday as our annual Winter Fair took place. The day was a wonderful indication of how important our community is to all of us at The Winns.

Growing - It was amazing to see how much our early years children have already grown in the short space of time since September when they took to the Green Hall stage this week to perform their Christmas Concerts to parents!

FESTIVE JUMPER DAY - THURSDAY 14TH DECEMBER

We will be taking part in Save The Children's annual Festive Jumper Day this year. If you would like to take part, we welcome festive jumpers to be worn on Christmas lunch day, Thursday 14th December. If you would like to donate to the fundraiser, you can do so online, or bring in a donation on the day. £2 is the suggested amount, but donations are not compulsory.



PANATHLON SWIMMING FESTIVAL

A group of year 5 & 6 children attended the Panathlon Swim Gala at the Aquatics Centre in Stratford on Wednesday. The children competed against schools from all across east London and Essex in a series of competitive, but fun events. The children acquitted themselves admirably and thoroughly enjoyed the opportunity to swim in the Olympic pool, even rubbing shoulders with the GB diving squad! Well done everyone!



ICE SKATING FESTIVAL

Another group of our year 5 & 6 children were lucky enough to attend a test event at the recently refurbished Lee Valley Ice Centre this week. A small number of schools were chosen by the WF School Sports Network to take part in the event, where the children received short lessons from the coaches at the Centre, before having the chance to put their newly learnt skating skills to the test in a free-skate session. Well done to all the children who took part, especially those who persevered throughout the event.



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EARLY YEARS CHRISTMAS CONCERTS

Well done to our Nursery children who performed their very first Christmas concert to families on Wednesday and another well done to our Reception children who have performed twice to families this week! It was fabulous to see how much the children have already grown since the beginning of the year. They performed their songs brilliantly, and looked great in their festive outfits! Thank you to all the staff who helped to make the concerts happen, and an even bigger thank you to all of the families who came along to support - it wouldn't be the same for the children without an appreciative audience!



SPRING TERM CLUBS REGISTRATION IS OPEN

A reminder that you can now apply for a place in our Spring term after-school activity clubs. For further information and all the links to register, please visit [the after-school clubs page on our website](#). Next week is the last week of activity clubs before the Christmas break - there are no activity clubs in the final week of term.

OUR VISION IN ACTION

Exploring - Lots of our children have attended trips over the last few weeks where they have had the chance to explore a subject area. Some have been as whole year groups to museums and workshops, and others as smaller groups to attend a sports trip. Well done everyone for showing courage and curiosity!

Achieving - Year 5 children have produced some great work recently on medieval monarchs for their history topic. In their writing, they have demonstrated great knowledge and understanding of the succession of Edward the Confessor's throne, the Battle of Hastings and the death of Thomas Becket. Well done Y5!



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YEAR 2 FIRE OF LONDON WORKSHOP

Spark of Knowledge: Year 2 Students Ignite Learning in Great Fire of London Workshop

In a lively workshop this week, our Year 2 children delved into history with an interactive and entertaining session on the Great Fire of London. Through hands-on activities and engaging storytelling, children not only learned about this historic event but also had a blast exploring the past in a fun and memorable way.



KURLING AND BOCCIA FESTIVAL

A group of our year 5 & 6 children tried their hand at Boccia and Kurling on Monday this week, developing new skills by working their way round a carousel of activities which introduced them to the sports. All the children represented the school brilliantly, and collected a range of School Games Values stickers for showing honesty, determination and self-belief. Well done!

YEAR 3 COOKING

Our year 3 children worked very hard on Thursday afternoon in putting their cookery skills to the test. The children created either a savoury or sweet puff pastry, choosing from a range of ingredients. They had already thought carefully back in class about their ingredients to ensure that they were contributing to a balanced diet. We look forward to seeing more year groups getting stuck in with some cooking in the new year when our new D&T kitchen will be up and running!



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FOTW WINTER MOVIE NIGHT - YEAR 3 & 4

Friends of The Winns are hosting a Winter Movie Night for our year 3 & 4 children after school on Tuesday 19th December. If you would like your child to attend, please give permission using ParentPay. If you would like to donate towards the cost of juice and popcorn, you send your child with cash on the day, or donate online: <https://thewinns.rallyup.com/years-3-and-4-movie-night>

Brought to you by 

Winns Winter MOVIE NIGHT

3.30-5.30pm, Tuesday 19th December
Free entry @ The Winns Primary School



**YEARS
3+4**



Donation £2 per child
for **popcorn and juice** if you can!



**OMEGA
SPORTZ**



Omega Sportz

Winter Activity Camp

@ Ainslie Wood Primary School

140 Ainslie Wood Road

E4 9DD



Waltham Forest

Arts & Crafts

**Winter Fun for Children
Aged 5-12**

2nd Jan – 5th Jan

Hot lunch Included



Animal Workshops

ALL DAY: 9:00 – 16:00 £35
AM: 9:00 – 13:00 £25 or free for FSM
PM: 12:00 – 16:00 £25 or free for FSM

Bouncy Castle

Science Experiments

Free half-day spaces

for kids who qualify for Free School

Meals: Book Here

Dance

Ball Sports

**Book Here for
paid spaces**

Team Games

And sooo MUCH MORE!!!

Site Phone: 07706254498 (Camp Only)

Head Office: 07444592073

www.omegasportz.com

info@omegasportz.com

Ofsted
Registered

NELFT School Nurse 2023

Drop in sessions:

School health team are providing sessions offering advice and support on a range of topics including:

Healthy Eating

Head Lice

Hygiene- hand washing and oral; health

Bed wetting

Hearing and vision

Height- weight management

Emotional health

Or any other health related concerns you may have regarding your child

Available to all parents and pupils

If you would like to arrange an appointment please contact Allison Tokeley
on 0208 527 1872 or email Allison.tokeley@winns.waltham.sch.uk



Please follow our Facebook page- NELFT Waltham forest school nursing

Your school nurse is

Jessica Boateng

The next drop in session is:

Thursday 21st December 2023

Place: The Winns Primary School

Time 9-10.30am

Waltham Forest Town Hall, Fellowship Square, Forest Road, London E17 4JF

Date: 28th November 2023

Dear Parent,

Re: Book your child for their free winter holiday club

I am pleased to be writing to invite you to book your child onto the free Waltham Forest's Holiday Activity and Food Programme for Winter 2023.

These free holiday opportunities are funded through the government's Holiday Activities and Food (HAF) programme, which enables us to provide a holiday programme across the borough for primary and secondary school aged children who are eligible for benefits-related free school meals.

From Monday 4th December you will be able to visit the website below where you will be able to book your child onto range of sessions from **Tuesday 2nd - Friday 5th January 2024**, at no cost to you. The sessions will include a variety of fun activities, including sports, music, arts and other exciting opportunities to learn and develop skills, alongside a nutritious meal each day.

- To find out more and the places available to book, please visit www.walthamforest.gov.uk/holidays
- To book a place you must enter your unique code: **TWIPSHAF23** for your child when asked for the 'FSM Code' at checkout.
- If you have any queries regarding the holiday activity programme, please email wfholidayactivityprogramme@walthamforest.gov.uk or call 0208 496 3000.

In addition to this free programme, families who are eligible for Universal Credit may be able to claim back up to 85% of their childcare costs. Please visit <https://www.gov.uk/help-with-childcare-costs/universal-credit> to find out more.

Yours faithfully,



Lindsay Jackson
Assistant Director Post 16 & School Operations

How can I get my child to eat healthier

if they won't try new things?



Our top 6 tips to tackle fussy eating at home

Peter Humbles, Family Nutritionist

- 1. The big "why"?** Why don't they try new things? Are there tastes or textures they love or hate?
- 2. Check your language.** Aim for encouraging language and avoid labelling. Swap "my child doesn't eat vegetables" for "my child loves sweetcorn."
- 3. Lower anxiety at mealtimes.** Phones away and focus on chatting. There's no need to pressure them to try new foods.

Get **FREE** support to get your family healthier

Join programmes starting in January, or start online programmes now!

4. Exposure. Get them to pick out fruits and veg when you're out shopping and ask them to help chop them up.

5. Routine. Set mealtimes to build regular habits and aim for 2 healthy snacks per day between meals.

6. Make it fun! Make funny face pizzas and add some new toppings.

Sign up today!



Scan the code

...or click here to find out more



X22-1995



Musical magic box

Saturday 16/12 @11am
Big Penny Social

New story! Live music with Andy Button! Celebrating 10 years!!!

www.bigpennysocial.co.uk/whats-on/musical-magic-box

Tickets from £12

WALTHAM FOREST ADULT LEARNING SERVICE



Seasonal Sparkles

Unwrap the Festive Season with Waltham Forest Adult Learning Service.

This November and December, we are delighted to bring you a spectacular line-up of FREE workshops infused with the magic of the holidays. From ceramics to horticulture, our courses will inspire you to craft, grow, and embrace the festive spirit in unique and imaginative ways.

Workshops Include:

- Wreath Making
- Ceramic Tiles
- Greeting Cards
- Bulb Planting
- Printmaking
- Printed Bunting
- Nature Crafts
- Felt Brooches

Visit the link below or scan the QR code to learn more:

bit.ly/festive-workshops



RECEPTION CLASS ADMISSION 2024

Do you have a child who was born between 1 September 2019 and 31 August 2020?

If so, they are due to start Reception Class in **September 2024**. To make an application please apply online at www.eadmissions.org.uk by **15 January 2024**. For more information visit the Waltham Forest Primary Admission page <https://www.walthamforest.gov.uk/content/applying-primary-school-place> where you can download a copy of the **Starting Primary School 2024 brochure** which has full details of how to apply for a Reception Class place.



Autumn/Winter Menu 2023/24



MONDAY

CHOOSE FROM

Tomato and Basil Pasta ☺☺
Jacket Potato with Baked Beans (FDA) ☺☺, Cheese ☺ or Tuna ☺
Cottage Pie ☺ served with Gravy ☺

SIDES

Creamy Mashed Potato ☺☺

UNLIMITED

Sweetcorn ☺
Green Beans ☺
Salad Selection ☺
Homemade Bread ☺

DESSERTS

Cheese and Crackers ☺ with Fresh Apple Slice ☺
Organic Fruit Yogurt ☺ with Seasonal Fresh Fruit ☺
Seasonal Fresh Fruit (FDA) ☺

SAVE THE PLANET TUESDAY

CHOOSE FROM

Planet Pizza Wedge ☺
Vegetable Supreme Pizza ☺
Squash & Spinach Curry (FDA) ☺

SIDES

Skin On Wedges ☺
Tangy Lemon Rice ☺

UNLIMITED

Minted Garden Peas ☺
Roasted Organic Carrots ☺
Salad Selection ☺
Homemade Bread ☺

DESSERTS

Peaches ☺ and Custard ☺
Organic Fruit Yogurt ☺ with Seasonal Fresh Fruit ☺
Seasonal Fresh Fruit (FDA) ☺

ALLERGEN FRIENDLY WEDNESDAY (FDA)

CHOOSE FROM

Red Vegetable Chilli (FDA) ☺
Jollof Rice (FDA) ☺
Lemon and Garlic Chicken (FDA) ☺

SIDES

Roast Potatoes ☺
Mixed Rice ☺

UNLIMITED

Fresh Seasonal Broccoli ☺
Sweetcorn Coblets ☺
Salad Selection ☺
Homemade Bread ☺

DESSERTS

Caramelised Pineapple (FDA) ☺
Fresh Fruit Salad (FDA) ☺
Seasonal Fresh Fruit (FDA) ☺

Milk ☺ will be available after lunch.

CLIMATE CHANGE THURSDAY

CHOOSE FROM

Jackfruit Pasta Bake ☺
Sizzling Stir Fry ☺
Jacket Potato with Baked Beans (FDA) ☺, Cheese ☺ or Tuna ☺

SIDES

Noodles ☺☺

UNLIMITED

Mixed Vegetables ☺
Fresh Season Green Cabbage ☺
Salad Selection ☺
Homemade Bread ☺

DESSERTS

Creamy Rice Pudding ☺ with a Fruit Compote
Organic Fruit Yogurt ☺ with Seasonal Fresh Fruit ☺
Seasonal Fresh Fruit (FDA) ☺

FRIDAY

CHOOSE FROM

Spiced Chickpea and Sweet Potato Pilaf (FDA) ☺
MSC Golden Crumb Fish Fingers ☺ with Lemon Slice
Homemade Chicken and Sweetcorn Pie with Gravy

SIDES

Oven Baked Chips ☺

UNLIMITED

Baked Beans ☺
Minted Garden Peas ☺
Salad Selection ☺
Homemade Bread ☺

DESSERTS

Fruit and Ice Cream ☺
Organic Fruit Yogurt ☺ with Seasonal Fresh Fruit ☺
Seasonal Fresh Fruit (FDA) ☺

Please note, all cakes, pastry and pizza bases are freshly made using organic flour. Where halal meat has been requested by the school, it is HFA certified (for equivalent) information on allergens present in the menu is available at www.walthamforest.gov.uk/schoolmeals or at the school.

WEEK 1



Helping to support climate action

Be a Forest Eco Ranger by choosing at least one plant based dish a week.

Provider of excellent quality, freshly cooked, tasty, nutritious school meals. We are working to reduce sugar content of our desserts in line with current healthy living advice.

National School Meals Week 6-10 November



OCTOBER

M	T	W	T	F
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30	31			

NOVEMBER

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DECEMBER

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JANUARY

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FEBRUARY

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MARCH

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- ☺ Vegetarian
- ☺☺ Vegan
- ☺☺☺ Gluten Free
- ☺☺☺☺ Dairy Free
- FDA Free from the 14 declarable allergens

Autumn/Winter Menu 2023/24



MONDAY

SAVE THE PLANET
TUESDAY

ALLERGEN FRIENDLY
WEDNESDAY (FDA)

CLIMATE CHANGE
THURSDAY

FRIDAY

CHOOSE FROM

Tomato & Vegetable Pasta Bake
🌱🌱
Bubble Crumb Salmon Fillet 🌱
60/40 Burger (FDA) in a Bun

SIDES

Jacket Wedges 🌱

UNLIMITED

Fresh Seasonal Organic Carrots
🌱
Green Beans 🌱
Salad Selection 🌱
Homemade Bread 🌱

DESSERTS

Strawberry Mousse 🌱
Organic Fruit Yogurt 🌱 with
Seasonal Fresh Fruit 🌱
Seasonal Fresh Fruit (FDA) 🌱

CHOOSE FROM

Vegetable and Chickpea Curry
(FDA) 🌱
Cheese and Potato Whirls 🌱
Jacket Potato with Baked Beans
(FDA) 🌱, Cheese 🌱 or Tuna 🌱

SIDES

Creamed Potatoes 🌱
Mixed Rice 🌱

UNLIMITED

Fresh Seasonal Broccoli 🌱
Sweetcorn 🌱
Salad Selection 🌱
Homemade Bread 🌱

DESSERTS

Carrot Cake 🌱 and Custard 🌱
Organic Fruit Yogurt 🌱 with
Seasonal Fresh Fruit 🌱
Seasonal Fresh Fruit (FDA) 🌱

CHOOSE FROM

Cajun Bean Kebab (FDA) 🌱
Jacket Topped Bolognese (FDA)
🌱
Tangy Moroccan Turkey Tagine
(FDA)

SIDES

Mixed Rice 🌱

UNLIMITED

Rainbow Roasted Veggies 🌱
Salad Selection 🌱
Homemade Bread 🌱

DESSERTS

Fruit Jelly Pot (FDA) 🌱
Fresh Fruit Salad (FDA) 🌱
Seasonal Fresh Fruit (FDA) 🌱

Milk 🌱 will be available after lunch.

CHOOSE FROM

Roasted Vegetable Biryani 🌱
Jacket Potato with Baked Beans
(FDA) 🌱, Cheese 🌱 or Tuna 🌱
Homemade Cheddar Cheese and
Sweetcorn Quiche 🌱

SIDES

Parsley Steamed Potatoes 🌱

UNLIMITED

Garden Peas 🌱
Mixed Vegetables 🌱
Salad Selection 🌱
Homemade Bread 🌱

DESSERTS

Chocolate Cracknel 🌱 and Custard
🌱
Organic Fruit Yogurt 🌱 with
Seasonal Fresh Fruit 🌱
Seasonal Fresh Fruit (FDA) 🌱

CHOOSE FROM

Slicky Tofu 🌱 with Rice Noodles
🌱
MSC Golden Crumb Fish Fingers
🌱 with a Lemon Twist
Hot n Kickin Chicken (FDA)

SIDES

Oven Baked Chips 🌱

UNLIMITED

Baked Beans 🌱
Sweetcorn 🌱
Salad Selection 🌱
Homemade Bread 🌱

DESSERTS

Cheese and Crackers with Fresh
Apple Slice 🌱
Organic Fruit Yogurt 🌱 with
Seasonal Fresh Fruit 🌱
Seasonal Fresh Fruit (FDA) 🌱

Please note: all cakes, pasty and pizza bases are freshly made using organic flour. Where halal meat has been requested by the school, it is HPA certified (or equivalent) information on allergens present in this menu is available at www.walthamforest.gov.uk/schoolmeals or at the school.

WEEK 2



Helping to support climate action

Be a Forest Eco Ranger by choosing at least one plant based dish a week.

Provider of excellent quality, freshly cooked, tasty, nutritious school meals. We are working to reduce sugar content of our desserts in line with current healthy living advice.

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- FDA Free from the 14 declarable allergens

Autumn/Winter Menu 2023/24



MONDAY

SAVE THE PLANET
TUESDAY

ALLERGEN FRIENDLY
WEDNESDAY (FDA)

CLIMATE CHANGE
THURSDAY

FRIDAY

CHOOSE FROM

Pasta Neapolitan 🌱
Jacket Potato with Baked Beans
(FDA) 🌱, Cheese 🌱 or Tuna 🌱
Beef Bolognese 🌱

SIDES

Wholewheat Spaghetti 🌱

UNLIMITED

Fresh Organic Carrots 🌱
Sweetcorn 🌱
Salad Selection 🌱
Homemade Bread 🌱

DESSERTS

Apple Crumble and Custard 🌱
Organic Fruit Yogurt 🌱 with
Seasonal Fresh Fruit 🌱
Seasonal Fresh Fruit (FDA) 🌱

CHOOSE FROM

Smoky Vegetable and Bean
Jambalaya (FDA) 🌱
Mac n Cheese 🌱
Sweetcorn & Mixed Pepper
Frittata 🌱

SIDES

Potato Puffs 🌱

UNLIMITED

Green Beans 🌱
Roasted Cauliflower Florets 🌱
Salad Selection 🌱
Homemade Bread 🌱

DESSERTS

Shortbread Biscuit with Orange
Slice 🌱 and Milk 🌱
Organic Fruit Yogurt 🌱 with
Seasonal Fresh Fruit 🌱
Seasonal Fresh Fruit (FDA) 🌱

CHOOSE FROM

Roasted Stuffed Pepper (FDA) 🌱
Veggie Hotpot (FDA) 🌱
Meatballs in a Spicy Italian Sauce
(FDA)

SIDES

Sliced Potatoes 🌱
Mixed Rice 🌱

UNLIMITED

Fresh Seasonal Broccoli 🌱
Mixed Vegetables 🌱
Salad Selection 🌱
Homemade Bread 🌱

DESSERTS

Fruit Smoothie (FDA) 🌱
Fresh Fruit Salad (FDA) 🌱
Seasonal Fresh Fruit (FDA) 🌱

Milk 🌱 will be available after lunch.

CHOOSE FROM

Creamy Korma 🌱
Roasted Vegetable Tagliatelle 🌱
Jacket Potato with Baked Beans
(FDA) 🌱, Cheese 🌱 or Tuna 🌱

SIDES

Coconut Rice 🌱

UNLIMITED

Sweetcorn 🌱
Roasted Organic Carrots 🌱
Salad Selection 🌱
Homemade Bread 🌱

DESSERTS

Chocolate Sponge with Chocolate
Sauce 🌱
Organic Fruit Yogurt 🌱 with
Seasonal Fresh Fruit 🌱
Seasonal Fresh Fruit (FDA) 🌱

CHOOSE FROM

Power Burger (FDA) in a Bun 🌱
MSC Golden Crumb Fish Fingers
with a Lemon Twist 🌱
Herby Chicken (FDA)

SIDES

Chipped Potatoes 🌱

UNLIMITED

Baked Beans 🌱
Garden Peas 🌱
Salad Selection 🌱
Homemade Bread 🌱

DESSERTS

Artic Roll 🌱 or Ice Cream 🌱
Organic Fruit Yogurt 🌱 with
Seasonal Fresh Fruit 🌱
Seasonal Fresh Fruit (FDA) 🌱

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WEEK 3



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4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

JANUARY

M	T	W	T	F
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30	31		

FEBRUARY

M	T	W	T	F
				1
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	

MARCH

M	T	W	T	F
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

- 🌱 Vegetarian
- 🌱🌱 Vegan
- 🌱🌱🌱 Gluten Free
- 🌱🌱🌱🌱 Dairy Free
- FDA Free from the 14 declarable allergens

NHS Dentists in Waltham Forest



This is an up-to-date list of NHS dentists currently offering
..... routine appointments and accepting new patients

Forest Dental Care
73 Hoe Street
E17 4SA
0208 521 3777

Mr Evans and Associates
252a Chingford Mount Road
E4 8JL
0208 529 1587

Leyton Dental Surgery
724 High Street Leyton
E10 6AA
02085396022

Chingford Road Dental Surgery
31 Chingford road
E17 4PW
02085279062

Park Vue Dental Surgery
330 Cann Hall Road
E11 3NW
02085192990

Woodgrange Dental Practice
80 Woodgrange Road
E7 OEW
02085553336

Lea Bridge Dental Practice
433 Lea Bridge Road
E10 7EA
0208 539 6152

Mr P Wong & Associates
123 Hoe Street
E17 4RX
02085204151

Abbey Dental Practice
25 St James Street
E17 7JP
02085212816

Hoe Street Dental Surgery
337 Hoe Street
E17 9BD
02085205289

Cedars Dental Practice
775 High Road Leyton
E10 5AB
02085581122

The Dental Design Studio
127 High Street
E17 7DB
02085214333

L Wong and F Wong
845 High Road Leytonstone
E11 1HH
02085394720

Smile in London
399 High Road Leyton
E10 5NA
02085391653

Key 2 Smile
622 Lea Bridge Road,
E10 6AP
02085392277

☎ 020 8496 5223

✉ wfsupport@henry.org.uk

Please note that we do not endorse or recommend any particular practice.

This list is up-to-date as of the 08 Nov 2023.

Woodstreet Dental Practice
176 Wood Street
E17 3HX
02085090055