

COME AND JOIN US!



# WINTER FAIR @ THE WINNS

FREE ENTRY



SATURDAY 2 DECEMBER

XXXXX 12-3PM XXXXX



SANTA ✦ BOOKS ✦ TOYS ✦ GAMES  
SECOND HAND UNIFORMS ✦ STALLS  
BOUNCY CASTLE ✦ FACE PAINTING  
TOMBOLA ✦ HOT FOOD & DRINKS

The Winns Primary School, Elphinstone Road entrance, E17 5ET  
If you would like to help at this event contact [fotwchair@gmail.com](mailto:fotwchair@gmail.com)



# WINNS WEEKLY

1.12.2023



Headteacher: Fiona Judge / The Winns Primary School, Fleeming Rd. E17 5ET  
020 8527 1872 / [www.thewinnsprimaryschool.co.uk](http://www.thewinnsprimaryschool.co.uk) / [office@winns.waltham.sch.uk](mailto:office@winns.waltham.sch.uk)

## DATES FOR DIARIES W.B. 4.12.2023

- Monday 4th December** Y2 Fire of London Workshop
- Wednesday 6th December** Reception 2024 Parent Tour (appt. only, 9:30am)  
Nursery Christmas Concert (2:45pm)
- Thursday 7th December** Nursery Parent Tour (9:30am)  
Reception Christmas Concert (2:45pm)
- Friday 8th December** Reception Christmas Concert (9:15am)  
3SH & 3LG Visit to William Morris Gallery

Please remember to subscribe to [our online calendar](#) so that you receive automatic updates into your own calendar.

### Y5 & 6 GIRLS FOOTBALL

Our year 5 & 6 girls football team competed in the borough competition this week. It was another fantastic turnout at a girls' football event with 35 teams from 25 schools taking part in the competition. As always, our children did us proud - they didn't concede a single goal in any of their games throughout the day. Unfortunately, they were knocked out at the semi-final stage on penalties to finish joint 4th overall. Thank you to all the parents that came along to support on the day!



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## OUR VISION IN ACTION

**Belonging** - We took part in No Pens Day this week, which as well as being a fun day filled with creative and practical activities, also raises awareness about the 1.9 million children in the UK who may find it difficult to talk and to understand words. Have a look at the article below for some of the amazing things the children were working on!

**Growing** - Our year 3 & 4 gardening club have been working super hard as part of the Superbloom project that we are taking part in in school. We can already see their hard work (and Daria's!) coming to fruition in the space outside 6ES classroom. Well done everyone!

## SPORTSHALL ATHLETICS MEDALLISTS

We are incredibly proud of the results we achieved at the recent borough Sportshall Athletics events. Our year 5 & 6 squad finished 5th overall, while our year 3 & 4 (pictured right) and our year 2 (pictured left) squads both came 2nd. The children were competing against over 25 other schools from across the borough. Their results are a testament to their hard work and also the support they have received from their families outside of school and our coaches from KDW Sports in school. Well done to everyone!



## SUPERBLOOM PROJECT

We have recently embarked on an exciting project in partnership with the Historic Royal Palaces charity to turn a previously unloved area of our school into a thriving garden. We can already see fabulous progress in the area outside the 6ES classroom (adjacent to Elphinstone Road) where plants and vegetables are already growing. A huge thanks also goes to the group of parents who donated our new composting bin and storage shed - they are already being put to good use! In the pictures is Razen the Raven, our very own Superbloom mascot!



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## NO PENS DAY 2023

We took part in No Pens Day on Wednesday this week, where the children had the opportunity to get involved with lots of fun and creative activities in class, whilst also learning about and raising awareness of the 1.9 million children in the UK who may find it difficult to talk and understand words. The day is promoted by the Speech and Language UK charity ([more info here](#)) and was a fantastic celebration of all of our children's creativity and imagination.



## YEAR 3 TRIP TO THE WILLIAM MORRIS GALLERY

3AF were the first year 3 class to visit the William Morris Gallery this week (3LG and 3SH visit next Friday). The children attended a workshop relating to the Radical Landscapes exhibition, which was developed and delivered by artist Kelly Frank. The workshop allowed the children to compare the landscape of Walthamstow today to Walthamstow in the 1800s. The children worked with Kelly to create a vibrant collage based on abstracted landscapes and social mapping. The workshop also include a tour of the Radical Landscapes exhibition, which will run until Feb 2024).



## FESTIVE JUMPER DAY - THURSDAY 14TH DECEMBER

We will be taking part in Save The Children's annual Festive Jumper Day this year. If you would like to take part, we welcome festive jumpers to be worn on Christmas lunch day, Thursday 14th December. If you would to donate to the fundraiser, [you can do so online](#), or bring in a donation on the day. £2 is the suggested amount, but donations are not compulsory.



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## YEAR 4 TRIP TO THE BRITISH MUSEUM

Two of our year 4 classes visited the British Museum this week as part of their learning around Romans and Anglo Saxons. 4KB and 4MH visited exhibits in the museum featuring the impressive Sutton Hoo hoard and the remains of Roman Villa, including a range of jewellery, tools and silverware. Thank you to all the parent volunteers who accompanied the children on the trip - they wouldn't be able to take place without your support!



## YEAR 6 LONDON SINFONIETTA PROJECT

6AM saw their musical work brought to life by professional musicians this week as part of a project they have been working on with the London Sinfonietta Orchestra. The children took part in two composition workshops prior to a concert on Tuesday this week at St Mary's Church. The children created their own compositions in groups with different instruments. These compositions were then recorded and were performed at the concert as a complete piece of music by members of the orchestra with the flute, cello and piano.



## OUR VISION IN ACTION

**Exploring** - We continue to be amazed by the creations designed by the children using the Imagination Playground blue blocks. We have seen, ships, dens and even domino-controlled catapults! It is amazing to see the children exploring and working together to make their designs on the playground at lunch time.

**Achieving** - Our Sportshall Athletics squads have achieved fantastic results over the last couple of weeks. In the borough competition against around 30 other schools, Year 5/6 came 5th, Year 3/4 came 2nd, as did Year 2. Our Year 5/6 Girls Football team also did themselves proud with a joint 4th place finish at their competition this week. Well done to everyone who took part!



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Waltham Forest Town Hall, Fellowship Square, Forest Road, London E17 4JF

Date: 28<sup>th</sup> November 2023

Dear Parent,

**Re: Book your child for their free winter holiday club**

I am pleased to be writing to invite you to book your child onto the free Waltham Forest's Holiday Activity and Food Programme for Winter 2023.

These free holiday opportunities are funded through the government's Holiday Activities and Food (HAF) programme, which enables us to provide a holiday programme across the borough for primary and secondary school aged children who are eligible for benefits-related free school meals.

From Monday 4<sup>th</sup> December you will be able to visit the website below where you will be able to book your child onto range of sessions from **Tuesday 2<sup>nd</sup> - Friday 5<sup>th</sup> January 2024**, at no cost to you. The sessions will include a variety of fun activities, including sports, music, arts and other exciting opportunities to learn and develop skills, alongside a nutritious meal each day.

- To find out more and the places available to book, please visit [www.walthamforest.gov.uk/holidays](http://www.walthamforest.gov.uk/holidays)
- To book a place you must enter your unique code: **TWIPSHAF23** for your child when asked for the 'FSM Code' at checkout.
- If you have any queries regarding the holiday activity programme, please email [wfholidayactivityprogramme@walthamforest.gov.uk](mailto:wfholidayactivityprogramme@walthamforest.gov.uk) or call 0208 496 3000.

In addition to this free programme, families who are eligible for Universal Credit may be able to claim back up to 85% of their childcare costs. Please visit <https://www.gov.uk/help-with-childcare-costs/universal-credit> to find out more.

Yours faithfully,



**Lindsay Jackson**  
**Assistant Director Post 16 & School Operations**

How can I get my child to eat healthier

if they won't try new things?



Our top 6 tips to tackle fussy eating at home

Peter Humbles, Family Nutritionist

- 1. The big "why"?** Why don't they try new things? Are there tastes or textures they love or hate?
- 2. Check your language.** Aim for encouraging language and avoid labelling. Swap "my child doesn't eat vegetables" for "my child loves sweetcorn."
- 3. Lower anxiety at mealtimes.** Phones away and focus on chatting. There's no need to pressure them to try new foods.

Get **FREE** support to get your family healthier

Join programmes starting in January, or start online programmes now!

**4. Exposure.** Get them to pick out fruits and veg when you're out shopping and ask them to help chop them up.

**5. Routine.** Set mealtimes to build regular habits and aim for 2 healthy snacks per day between meals.

**6. Make it fun!** Make funny face pizzas and add some new toppings.

Sign up today!



Scan the code

...or click here to find out more



X22-1995



SATURDAY

09

DEC, 2023

13:00-17:00

# WE INVITE YOU TO THE Community Christmas Market

Come and see  
Father Christmas  
from 2pm-5pm  
(Free)

Priory Court Community Centre  
11 Priory Ct, London E17 5NB.

**FREE ENTRY**

Stalls still available for residents, businesses and charities.  
Contact: [market@wmbiglocal.org](mailto:market@wmbiglocal.org)



WALTHAM FOREST  
ADULT  
LEARNING  
SERVICE



## Seasonal Sparkles

Unwrap the Festive Season with Waltham Forest Adult Learning Service.

This November and December, we are delighted to bring you a spectacular line-up of FREE workshops infused with the magic of the holidays. From ceramics to horticulture, our courses will inspire you to craft, grow, and embrace the festive spirit in unique and imaginative ways.

Workshops Include:

- Wreath Making
- Ceramic Tiles
- Greeting Cards
- Bulb Planting
- Printmaking
- Printed Bunting
- Nature Crafts
- Felt Brooches

Visit the link below or scan the QR code to learn more:

[bit.ly/festive-workshops](https://bit.ly/festive-workshops)



# RECEPTION CLASS ADMISSION 2024

Do you have a child who was born between 1 September 2019 and 31 August 2020?

If so, they are due to start Reception Class in **September 2024**. To make an application please apply online at [www.eadmissions.org.uk](http://www.eadmissions.org.uk) by **15 January 2024**. For more information visit the Waltham Forest Primary Admission page <https://www.walthamforest.gov.uk/content/applying-primary-school-place> where you can download a copy of the **Starting Primary School 2024 brochure** which has full details of how to apply for a Reception Class place.



## Autumn/Winter Menu 2023/24



### MONDAY

#### CHOOSE FROM

Tomato and Basil Pasta ☺☺  
Jacket Potato with Baked Beans (FDA) ☺☺, Cheese ☺ or Tuna ☺  
Cottage Pie ☺ served with Gravy ☺

#### SIDES

Creamy Mashed Potato ☺☺

#### UNLIMITED

Sweetcorn ☺  
Green Beans ☺  
Salad Selection ☺  
Homemade Bread ☺

#### DESSERTS

Cheese and Crackers ☺ with Fresh Apple Slice ☺  
Organic Fruit Yogurt ☺ with Seasonal Fresh Fruit ☺  
Seasonal Fresh Fruit (FDA) ☺

### SAVE THE PLANET TUESDAY

#### CHOOSE FROM

Planet Pizza Wedge ☺  
Vegetable Supreme Pizza ☺  
Squash & Spinach Curry (FDA) ☺

#### SIDES

Skin On Wedges ☺  
Tangy Lemon Rice ☺

#### UNLIMITED

Minted Garden Peas ☺  
Roasted Organic Carrots ☺  
Salad Selection ☺  
Homemade Bread ☺

#### DESSERTS

Peaches ☺ and Custard ☺  
Organic Fruit Yogurt ☺ with Seasonal Fresh Fruit ☺  
Seasonal Fresh Fruit (FDA) ☺

### ALLERGEN FRIENDLY WEDNESDAY (FDA)

#### CHOOSE FROM

Red Vegetable Chilli (FDA) ☺  
Jollof Rice (FDA) ☺  
Lemon and Garlic Chicken (FDA) ☺

#### SIDES

Roast Potatoes ☺  
Mixed Rice ☺

#### UNLIMITED

Fresh Seasonal Broccoli ☺  
Sweetcorn Coblets ☺  
Salad Selection ☺  
Homemade Bread ☺

#### DESSERTS

Caramelised Pineapple (FDA) ☺  
Fresh Fruit Salad (FDA) ☺  
Seasonal Fresh Fruit (FDA) ☺

Milk ☺☺ will be available after lunch.

### CLIMATE CHANGE THURSDAY

#### CHOOSE FROM

Jackfruit Pasta Bake ☺  
Sizzling Stir Fry ☺  
Jacket Potato with Baked Beans (FDA) ☺, Cheese ☺ or Tuna ☺

#### SIDES

Noodles ☺☺

#### UNLIMITED

Mixed Vegetables ☺  
Fresh Season Green Cabbage ☺  
Salad Selection ☺  
Homemade Bread ☺

#### DESSERTS

Creamy Rice Pudding ☺ with a Fruit Compote  
Organic Fruit Yogurt ☺ with Seasonal Fresh Fruit ☺  
Seasonal Fresh Fruit (FDA) ☺

### FRIDAY

#### CHOOSE FROM

Spiced Chickpea and Sweet Potato Pilaf (FDA) ☺  
MSC Golden Crumb Fish Fingers ☺ with Lemon Slice  
Homemade Chicken and Sweetcorn Pie with Gravy

#### SIDES

Oven Baked Chips ☺

#### UNLIMITED

Baked Beans ☺  
Minted Garden Peas ☺  
Salad Selection ☺  
Homemade Bread ☺

#### DESSERTS

Fruit and Ice Cream ☺  
Organic Fruit Yogurt ☺ with Seasonal Fresh Fruit ☺  
Seasonal Fresh Fruit (FDA) ☺

Please note, all cakes, pastry and pizza bases are freshly made using organic flour. Where halal meat has been requested by the school, it is HFA certified (for equivalent) information on allergens present in the menu is available at [www.walthamforest.gov.uk/schoolmeals](http://www.walthamforest.gov.uk/schoolmeals) or at the school.

WEEK 1



Helping to support climate action

Be a Forest Eco Ranger by choosing at least one plant based dish a week.

Provider of excellent quality, freshly cooked, tasty, nutritious school meals. We are working to reduce sugar content of our desserts in line with current healthy living advice.

National School Meals Week 6-10 November



### OCTOBER

| M  | T  | W  | T  | F  |
|----|----|----|----|----|
| 2  | 3  | 4  | 5  | 6  |
| 9  | 10 | 11 | 12 | 13 |
| 16 | 17 | 18 | 19 | 20 |
| 23 | 24 | 25 | 26 | 27 |
| 30 | 31 |    |    |    |

### NOVEMBER

| M  | T  | W  | T  | F  |
|----|----|----|----|----|
|    | 1  | 2  | 3  |    |
| 6  | 7  | 8  | 9  | 10 |
| 13 | 14 | 15 | 16 | 17 |
| 20 | 21 | 22 | 23 | 24 |
| 27 | 28 | 29 | 30 |    |

### DECEMBER

| M  | T  | W  | T  | F  |
|----|----|----|----|----|
|    |    |    |    | 1  |
| 4  | 5  | 6  | 7  | 8  |
| 11 | 12 | 13 | 14 | 15 |
| 18 | 19 | 20 | 21 | 22 |
| 25 | 26 | 27 | 28 | 29 |

### JANUARY

| M  | T  | W  | T  | F  |
|----|----|----|----|----|
| 1  | 2  | 3  | 4  | 5  |
| 8  | 9  | 10 | 11 | 12 |
| 15 | 16 | 17 | 18 | 19 |
| 22 | 23 | 24 | 25 | 26 |
| 29 | 30 | 31 |    |    |

### FEBRUARY

| M  | T  | W  | T  | F  |
|----|----|----|----|----|
|    |    |    |    | 1  |
| 5  | 6  | 7  | 8  | 9  |
| 12 | 13 | 14 | 15 | 16 |
| 19 | 20 | 21 | 22 | 23 |
| 26 | 27 | 28 | 29 |    |

### MARCH

| M  | T  | W  | T  | F  |
|----|----|----|----|----|
|    |    |    |    | 1  |
| 4  | 5  | 6  | 7  | 8  |
| 11 | 12 | 13 | 14 | 15 |
| 18 | 19 | 20 | 21 | 22 |
| 25 | 26 | 27 | 28 | 29 |

- ☺ Vegetarian
- ☺☺ Vegan
- ☺☺☺ Gluten Free
- ☺☺☺☺ Dairy Free
- FDA Free from the 14 declarable allergens



# Autumn/Winter Menu 2023/24



MONDAY

SAVE THE PLANET  
TUESDAY

ALLERGEN FRIENDLY  
WEDNESDAY (FDA)

CLIMATE CHANGE  
THURSDAY

FRIDAY

## CHOOSE FROM

Tomato & Vegetable Pasta Bake  
Bubble Crumb Salmon Fillet  
60/40 Burger (FDA) in a Bun

## SIDES

Jacket Wedges

## UNLIMITED

Fresh Seasonal Organic Carrots  
Green Beans  
Salad Selection  
Homemade Bread

## DESSERTS

Strawberry Mousse  
Organic Fruit Yogurt with Seasonal Fresh Fruit  
Seasonal Fresh Fruit (FDA)

## CHOOSE FROM

Vegetable and Chickpea Curry (FDA)  
Cheese and Potato Whirls  
Jacket Potato with Baked Beans (FDA), Cheese or Tuna

## SIDES

Creamed Potatoes  
Mixed Rice

## UNLIMITED

Fresh Seasonal Broccoli  
Sweetcorn  
Salad Selection  
Homemade Bread

## DESSERTS

Carrot Cake and Custard  
Organic Fruit Yogurt with Seasonal Fresh Fruit  
Seasonal Fresh Fruit (FDA)

## CHOOSE FROM

Cajun Bean Kebab (FDA)  
Jacket Topped Bolognese (FDA)  
Tangy Moroccan Turkey Tagine (FDA)

## SIDES

Mixed Rice

## UNLIMITED

Rainbow Roasted Veggies  
Salad Selection  
Homemade Bread

## DESSERTS

Fruit Jelly Pot (FDA)  
Fresh Fruit Salad (FDA)  
Seasonal Fresh Fruit (FDA)

Milk will be available after lunch.

## CHOOSE FROM

Roasted Vegetable Biryani  
Jacket Potato with Baked Beans (FDA), Cheese or Tuna  
Homemade Cheddar Cheese and Sweetcorn Quiche

## SIDES

Parsley Steamed Potatoes

## UNLIMITED

Garden Peas  
Mixed Vegetables  
Salad Selection  
Homemade Bread

## DESSERTS

Chocolate Cracknel and Custard  
Organic Fruit Yogurt with Seasonal Fresh Fruit  
Seasonal Fresh Fruit (FDA)

## CHOOSE FROM

Sticky Tofu with Rice Noodles  
MSC Golden Crumb Fish Fingers with a Lemon Twist  
Hot n Kickin Chicken (FDA)

## SIDES

Oven Baked Chips

## UNLIMITED

Baked Beans  
Sweetcorn  
Salad Selection  
Homemade Bread

## DESSERTS

Cheese and Crackers with Fresh Apple Slice  
Organic Fruit Yogurt with Seasonal Fresh Fruit  
Seasonal Fresh Fruit (FDA)

Please note: all cakes, pasty and pizza bases are freshly made using organic flour. Where halal meat has been requested by the school, it is HPA certified (or equivalent) information on allergens present in this menu is available at [www.walthamforest.gov.uk/schoolmeals](http://www.walthamforest.gov.uk/schoolmeals) or at the school.

WEEK 2



Helping to support climate action

Be a Forest Eco Ranger by choosing at least one plant based dish a week.

Provider of excellent quality, freshly cooked, tasty, nutritious school meals. We are working to reduce sugar content of our desserts in line with current healthy living advice.

National School Meals Week 6-10 November



| OCTOBER        | NOVEMBER       | DECEMBER       | JANUARY        | FEBRUARY       | MARCH          |
|----------------|----------------|----------------|----------------|----------------|----------------|
| M T W T F      | M T W T F      | M T W T F      | M T W T F      | M T W T F      | M T W T F      |
| 2 3 4 5 6      | 1 2 3          | 1              | 1 2 3 4 5      | 1 2            | 1              |
| 9 10 11 12 13  | 6 7 8 9 10     | 4 5 6 7 8      | 8 9 10 11 12   | 5 6 7 8 9      | 4 5 6 7 8      |
| 16 17 18 19 20 | 13 14 15 16 17 | 11 12 13 14 15 | 15 16 17 18 19 | 12 13 14 15 16 | 11 12 13 14 15 |
| 23 24 25 26 27 | 20 21 22 23 24 | 18 19 20 21 22 | 22 23 24 25 26 | 19 20 21 22 23 | 18 19 20 21 22 |
| 30 31          | 27 28 29 30    | 25 26 27 28 29 | 29 30 31       | 26 27 28 29    | 25 26 27 28 29 |

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# Autumn/Winter Menu 2023/24



MONDAY

SAVE THE PLANET  
TUESDAY

ALLERGEN FRIENDLY  
WEDNESDAY (FDA)

CLIMATE CHANGE  
THURSDAY

FRIDAY

## CHOOSE FROM

Pasta Neapolitan  
Jacket Potato with Baked Beans (FDA), Cheese or Tuna  
Beef Bolognese

## SIDES

Wholewheat Spaghetti

## UNLIMITED

Fresh Organic Carrots  
Sweetcorn  
Salad Selection  
Homemade Bread

## DESSERTS

Apple Crumble and Custard  
Organic Fruit Yogurt with Seasonal Fresh Fruit  
Seasonal Fresh Fruit (FDA)

## CHOOSE FROM

Smoky Vegetable and Bean Jambalaya (FDA)  
Mac n Cheese  
Sweetcorn & Mixed Pepper Frittata

## SIDES

Potato Puffs

## UNLIMITED

Green Beans  
Roasted Cauliflower Florets  
Salad Selection  
Homemade Bread

## DESSERTS

Shortbread Biscuit with Orange Slice and Milk  
Organic Fruit Yogurt with Seasonal Fresh Fruit  
Seasonal Fresh Fruit (FDA)

## CHOOSE FROM

Roasted Stuffed Pepper (FDA)  
Veggie Hotpot (FDA)  
Meatballs in a Spicy Italian Sauce (FDA)

## SIDES

Sliced Potatoes  
Mixed Rice

## UNLIMITED

Fresh Seasonal Broccoli  
Mixed Vegetables  
Salad Selection  
Homemade Bread

## DESSERTS

Fruit Smoothie (FDA)  
Fresh Fruit Salad (FDA)  
Seasonal Fresh Fruit (FDA)

Milk will be available after lunch.

## CHOOSE FROM

Creamy Korma  
Roasted Vegetable Tagliatelle  
Jacket Potato with Baked Beans (FDA), Cheese or Tuna

## SIDES

Coconut Rice

## UNLIMITED

Sweetcorn  
Roasted Organic Carrots  
Salad Selection  
Homemade Bread

## DESSERTS

Chocolate Sponge with Chocolate Sauce  
Organic Fruit Yogurt with Seasonal Fresh Fruit  
Seasonal Fresh Fruit (FDA)

## CHOOSE FROM

Power Burger (FDA) in a Bun  
MSC Golden Crumb Fish Fingers with a Lemon Twist  
Herby Chicken (FDA)

## SIDES

Chipped Potatoes

## UNLIMITED

Baked Beans  
Garden Peas  
Salad Selection  
Homemade Bread

## DESSERTS

Artic Roll or Ice Cream  
Organic Fruit Yogurt with Seasonal Fresh Fruit  
Seasonal Fresh Fruit (FDA)

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WEEK 3



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National School Meals Week 6-10 November



| OCTOBER        | NOVEMBER       | DECEMBER       | JANUARY        | FEBRUARY       | MARCH          |
|----------------|----------------|----------------|----------------|----------------|----------------|
| M T W T F      | M T W T F      | M T W T F      | M T W T F      | M T W T F      | M T W T F      |
| 2 3 4 5 6      | 1 2 3          | 1              | 1 2 3 4 5      | 1 2            | 1              |
| 9 10 11 12 13  | 6 7 8 9 10     | 4 5 6 7 8      | 8 9 10 11 12   | 5 6 7 8 9      | 4 5 6 7 8      |
| 16 17 18 19 20 | 13 14 15 16 17 | 11 12 13 14 15 | 15 16 17 18 19 | 12 13 14 15 16 | 11 12 13 14 15 |
| 23 24 25 26 27 | 20 21 22 23 24 | 18 19 20 21 22 | 22 23 24 25 26 | 19 20 21 22 23 | 18 19 20 21 22 |
| 30 31          | 27 28 29 30    | 25 26 27 28 29 | 29 30 31       | 26 27 28 29    | 25 26 27 28 29 |

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# NHS Dentists in Waltham Forest



This is an up-to-date list of NHS dentists currently offering  
..... routine appointments and accepting new patients

Forest Dental Care  
73 Hoe Street  
E17 4SA  
0208 521 3777

Mr Evans and Associates  
252a Chingford Mount Road  
E4 8JL  
0208 529 1587

Leyton Dental Surgery  
724 High Street Leyton  
E10 6AA  
02085396022

Chingford Road Dental Surgery  
31 Chingford road  
E17 4PW  
02085279062

Park Vue Dental Surgery  
330 Cann Hall Road  
E11 3NW  
02085192990

Woodgrange Dental Practice  
80 Woodgrange Road  
E7 OEW  
02085553336

Lea Bridge Dental Practice  
433 Lea Bridge Road  
E10 7EA  
0208 539 6152

Mr P Wong & Associates  
123 Hoe Street  
E17 4RX  
02085204151

Abbey Dental Practice  
25 St James Street  
E17 7JP  
02085212816

Hoe Street Dental Surgery  
337 Hoe Street  
E17 9BD  
02085205289

Cedars Dental Practice  
775 High Road Leyton  
E10 5AB  
02085581122

The Dental Design Studio  
127 High Street  
E17 7DB  
02085214333

L Wong and F Wong  
845 High Road Leytonstone  
E11 1HH  
02085394720

Smile in London  
399 High Road Leyton  
E10 5NA  
02085391653

Key 2 Smile  
622 Lea Bridge Road,  
E10 6AP  
02085392277

☎ 020 8496 5223

✉ [wfsupport@henry.org.uk](mailto:wfsupport@henry.org.uk)

Please note that we do not endorse or recommend any particular practice.

This list is up-to-date as of the 08 Nov 2023.

Woodstreet Dental Practice  
176 Wood Street  
E17 3HX  
02085090055