

# WINNS WEEKLY

## 17.11.2023



Headteacher: Fiona Judge / The Winns Primary School, Fleeming Rd. E17 5ET  
020 8527 1872 / [www.thewinnsprimaryschool.co.uk](http://www.thewinnsprimaryschool.co.uk) / [office@winns.waltham.sch.uk](mailto:office@winns.waltham.sch.uk)

## DATES FOR DIARIES W.B. 20.11.2023

- Tuesday 21st November** Museum of London Docklands - 6PB
- Wednesday 22nd November** Museum of London Docklands - 6ES  
Reception 2024 Tour (9:30am - appt. only)
- Thursday 23rd November** Museum of London Docklands - 6AM  
3AF Class Assembly (9:00am)
- Friday 24th November** Catch up individual/sibling photos

Please remember to subscribe to [our online calendar](#) so that you receive automatic updates into your own calendar.

### 1JS CLASS ASSEMBLY

Well done to 1JS who continued our class assemblies this week. The children shared lots of their learning from the past term including the book A Dress With Pockets. We heard all about adjectives and alliteration, and most importantly of all the children enjoyed performing to all the watching grown ups. It was lovely to see how confidently the children performed all of their lines and the fabulous costumes they were wearing. Thank you to all the families who came along to support the children, and a big well done to Mr Search and Ms Carmela for helping the children to prepare.



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## OUR VISION IN ACTION

**Belonging** - This week, we celebrated anti-bullying week by showing off our uniqueness with Odd Socks Day. The children also took part in assemblies throughout the week.

**Growing** - IJS performed their class assembly to parents and families this week, showing how much they have already grown from when they performed their first class assembly in Reception less than a year ago!

## ANTI-BULLYING WEEK

Over the course of the past week, everyone at The Winns came together to celebrate Anti-Bullying Week. Students and staff joined forces in a series of impactful assemblies, shedding light on the importance of kindness, empathy, and respect. Classroom activities further reinforced these crucial values, fostering a positive and inclusive school culture. Kicking off the week with a quirky twist, Monday saw everyone proudly donning odd socks, symbolising our commitment to embracing differences and everyone's unique qualities. Through these collective efforts, we not only celebrated our uniqueness but also stood united against bullying, sending a clear message that kindness is at the heart of our school community. For more information on Anti-Bullying Week, please visit the [Anti-Bullying Alliance's website](#).



## Y3 & 4 SPORTSHALL ATHLETICS

This morning, a group of our year 4 children represented the school at the opening round of the London School Games Sportshall competition. The children were competing to set the fastest times and record the furthest distances in a range of track and field events. As always, competition was fierce but the children represented the school brilliantly. We now await the results of the other Waltham Forest sessions to find out if we progress any further in the competition.



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## GET YOUR CHRISTMAS CARDS NOW!

You have until this Sunday (19th November) to order your Christmas cards, mugs, gift tags and wrapping paper so don't delay. You should have received your child's artwork back from school with a QR code on it. Now all you have to do is simply:

- visit <https://www.apfsorders.co.uk/>
- type in your child's name and the 8 digit code
- get ordering

Remember, a percentage of all sales goes to The Friends of The Winns Charity, so don't delay, order those cards today!



## Y6 IN LLOYD PARK

As part of their science unit Living things and their habitats, our Year 6 classes braved the elements and trekked over to a soggy Lloyd Park to collect a sample of leaves to bring back to school. Here they embarked on an activity to describe how living things are classified into broad groups according to common observable characteristics based on similarities and differences. Our children worked scientifically using classification systems and keys to sort and then identify the leaves that they had collected. Hopefully, the children gained a deeper understanding of the diversity of living things and how they can be categorised into different groups based on their characteristics.



## OUR VISION IN ACTION

**Exploring** - Our year 6 children have spent some time exploring Lloyd Park this week. While they were in the park, the children collected leaves to help in their classification lessons in science.

**Achieving** - Following in the footsteps of our Y5 & 6 children last week, our Y3 & 4 Sportshall Athletics squad took centre stage on Friday to compete against other schools from across the borough.



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COME AND JOIN US!



## WINTER FAIR @ THE WINNS

FREE ENTRY



SATURDAY 2 DECEMBER

XXXXX 12-3PM XXXXX



SANTA ♦ BOOKS ♦ TOYS ♦ GAMES  
SECOND HAND UNIFORMS ♦ STALLS  
BOUNCY CASTLE ♦ FACE PAINTING  
TOMBOLA ♦ HOT FOOD & DRINKS

The Winns Primary School, Elphinstone Road entrance, E17 5ET  
If you would like to help at this event contact [fotwchair@gmail.com](mailto:fotwchair@gmail.com)



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## FRIENDS OF THE WINNS FESTIVE RAFFLE

The Friends of Winns are running a festive raffle again this year, and we are looking for prizes ! Do you have excellent unwanted gifts ? We have previously had vouchers for haircuts, book subscriptions, gift cards etc. Or does your business have something they can donate ? We would love to hear from you ! [fotwchair@gmail.com](mailto:fotwchair@gmail.com)



## WE NEED YOU!

Stall volunteers (books, clothes, toys)

Token sellers

Santa & Santa's helpers

Face painting

Nails & temporary tattoos

Set up & Tidy up

Games stall helpers

Bouncy castle

General helpers and cover



If you would like to help on  
**Saturday 2 December between 12-3pm**  
contact [fotwchair@gmail.com](mailto:fotwchair@gmail.com)



# RECEPTION CLASS ADMISSION 2024

Do you have a child who was born between 1 September 2019 and 31 August 2020?

If so, they are due to start Reception Class in **September 2024**. To make an application please apply online at [www.eadmissions.org.uk](http://www.eadmissions.org.uk) by **15 January 2024**. For more information visit the Waltham Forest Primary Admission page <https://www.walthamforest.gov.uk/content/applying-primary-school-place> where you can download a copy of the **Starting Primary School 2024 brochure** which has full details of how to apply for a Reception Class place.



## Autumn/Winter Menu 2023/24



### MONDAY

#### CHOOSE FROM

Tomato and Basil Pasta ☺☺  
Jacket Potato with Baked Beans (FDA) ☺☺, Cheese ☺ or Tuna ☺  
Cottage Pie ☺ served with Gravy ☺

#### SIDES

Creamy Mashed Potato ☺☺

#### UNLIMITED

Sweetcorn ☺  
Green Beans ☺  
Salad Selection ☺  
Homemade Bread ☺

#### DESSERTS

Cheese and Crackers ☺ with Fresh Apple Slice ☺  
Organic Fruit Yogurt ☺ with Seasonal Fresh Fruit ☺  
Seasonal Fresh Fruit (FDA) ☺

### SAVE THE PLANET TUESDAY

#### CHOOSE FROM

Planet Pizza Wedge ☺  
Vegetable Supreme Pizza ☺  
Squash & Spinach Curry (FDA) ☺

#### SIDES

Skin On Wedges ☺  
Tangy Lemon Rice ☺

#### UNLIMITED

Minted Garden Peas ☺  
Roasted Organic Carrots ☺  
Salad Selection ☺  
Homemade Bread ☺

#### DESSERTS

Peaches ☺ and Custard ☺  
Organic Fruit Yogurt ☺ with Seasonal Fresh Fruit ☺  
Seasonal Fresh Fruit (FDA) ☺

### ALLERGEN FRIENDLY WEDNESDAY (FDA)

#### CHOOSE FROM

Red Vegetable Chilli (FDA) ☺  
Jollof Rice (FDA) ☺  
Lemon and Garlic Chicken (FDA) ☺

#### SIDES

Roast Potatoes ☺  
Mixed Rice ☺

#### UNLIMITED

Fresh Seasonal Broccoli ☺  
Sweetcorn Coblets ☺  
Salad Selection ☺  
Homemade Bread ☺

#### DESSERTS

Caramelised Pineapple (FDA) ☺  
Fresh Fruit Salad (FDA) ☺  
Seasonal Fresh Fruit (FDA) ☺

Milk ☺ will be available after lunch.

### CLIMATE CHANGE THURSDAY

#### CHOOSE FROM

Jackfruit Pasta Bake ☺  
Sizzling Stir Fry ☺  
Jacket Potato with Baked Beans (FDA) ☺, Cheese ☺ or Tuna ☺

#### SIDES

Noodles ☺☺

#### UNLIMITED

Mixed Vegetables ☺  
Fresh Season Green Cabbage ☺  
Salad Selection ☺  
Homemade Bread ☺

#### DESSERTS

Creamy Rice Pudding ☺ with a Fruit Compote  
Organic Fruit Yogurt ☺ with Seasonal Fresh Fruit ☺  
Seasonal Fresh Fruit (FDA) ☺

### FRIDAY

#### CHOOSE FROM

Spiced Chickpea and Sweet Potato Pilaf (FDA) ☺  
MSC Golden Crumb Fish Fingers ☺ with Lemon Slice  
Homemade Chicken and Sweetcorn Pie with Gravy

#### SIDES

Oven Baked Chips ☺

#### UNLIMITED

Baked Beans ☺  
Minted Garden Peas ☺  
Salad Selection ☺  
Homemade Bread ☺

#### DESSERTS

Fruit and Ice Cream ☺  
Organic Fruit Yogurt ☺ with Seasonal Fresh Fruit ☺  
Seasonal Fresh Fruit (FDA) ☺

Please note, all cakes, pastry and pizza bases are freshly made using organic flour. Where halal meat has been requested by the school, it is HFA certified (for equivalent information on allergens present in the menu is available at [www.walthamforest.gov.uk/schoolmeals](http://www.walthamforest.gov.uk/schoolmeals) or at the school.

WEEK 1



Helping to support climate action

Be a Forest Eco Ranger by choosing at least one plant based dish a week.

Provider of excellent quality, freshly cooked, tasty, nutritious school meals. We are working to reduce sugar content of our desserts in line with current healthy living advice.

National School Meals Week 6-10 November



### OCTOBER

M	T	W	T	F
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30	31			

### NOVEMBER

M	T	W	T	F
	1	2	3	
6	7	8	9	10
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### DECEMBER

M	T	W	T	F
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4	5	6	7	8
11	12	13	14	15
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### JANUARY

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### FEBRUARY

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12	13	14	15	16
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### MARCH

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4	5	6	7	8
11	12	13	14	15
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- ☺ Vegetarian
- ☺☺ Vegan
- ☺☺☺ Gluten Free
- ☺☺☺☺ Dairy Free
- FDA Free from the 14 declarable allergens

# Autumn/Winter Menu 2023/24



MONDAY

### CHOOSE FROM

Tomato & Vegetable Pasta Bake  
Bubble Crumb Salmon Fillet  
60/40 Burger (FDA) in a Bun

### SIDES

Jacket Wedges

### UNLIMITED

Fresh Seasonal Organic Carrots  
Green Beans  
Salad Selection  
Homemade Bread

### DESSERTS

Strawberry Mousse  
Organic Fruit Yogurt with Seasonal Fresh Fruit  
Seasonal Fresh Fruit (FDA)

SAVE THE PLANET  
TUESDAY

### CHOOSE FROM

Vegetable and Chickpea Curry  
Cheese and Potato Whirls  
Jacket Potato with Baked Beans (FDA), Cheese or Tuna

### SIDES

Creamed Potatoes  
Mixed Rice

### UNLIMITED

Fresh Seasonal Broccoli  
Sweetcorn  
Salad Selection  
Homemade Bread

### DESSERTS

Carrot Cake and Custard  
Organic Fruit Yogurt with Seasonal Fresh Fruit  
Seasonal Fresh Fruit (FDA)

ALLERGEN FRIENDLY  
WEDNESDAY (FDA)

### CHOOSE FROM

Cajun Bean Kebab (FDA)  
Jacket Topped Bolognaise (FDA)  
Tangy Moroccan Turkey Tagine (FDA)

### SIDES

Mixed Rice

### UNLIMITED

Rainbow Roasted Veggies  
Salad Selection  
Homemade Bread

### DESSERTS

Fruit Jelly Pot (FDA)  
Fresh Fruit Salad (FDA)  
Seasonal Fresh Fruit (FDA)

Milk will be available after lunch.

CLIMATE CHANGE  
THURSDAY

### CHOOSE FROM

Roasted Vegetable Biryani  
Jacket Potato with Baked Beans (FDA), Cheese or Tuna  
Homemade Cheddar Cheese and Sweetcorn Quiche

### SIDES

Parsley Steamed Potatoes

### UNLIMITED

Garden Peas  
Mixed Vegetables  
Salad Selection  
Homemade Bread

### DESSERTS

Chocolate Cracknel and Custard  
Organic Fruit Yogurt with Seasonal Fresh Fruit  
Seasonal Fresh Fruit (FDA)

FRIDAY

### CHOOSE FROM

Slicky Tofu with Rice Noodles  
MSC Golden Crumb Fish Fingers with a Lemon Twist  
Hot n Kickin Chicken (FDA)

### SIDES

Oven Baked Chips

### UNLIMITED

Baked Beans  
Sweetcorn  
Salad Selection  
Homemade Bread

### DESSERTS

Cheese and Crackers with Fresh Apple Slice  
Organic Fruit Yogurt with Seasonal Fresh Fruit  
Seasonal Fresh Fruit (FDA)

Please note: all cakes, pasty and pizza bases are freshly made using organic flour. Where halal meat has been requested by the school, it is HPA certified (or equivalent). Information on allergens present in this menu is available at www.walthamforest.gov.uk/schoolmeals or at the school.

WEEK 2



Helping to support climate action

Be a Forest Eco Ranger by choosing at least one plant based dish a week.

Provider of excellent quality, freshly cooked, tasty, nutritious school meals. We are working to reduce sugar content of our desserts in line with current healthy living advice.

National School Meals Week  
6-10 November



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NOVEMBER

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DECEMBER

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JANUARY

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- Vegetarian
- Vegan
- Gluten Free
- Dairy Free
- FDA Free from the 14 declarable allergens

# Autumn/Winter Menu 2023/24



MONDAY

### CHOOSE FROM

Pasta Neapolitan  
Jacket Potato with Baked Beans (FDA), Cheese or Tuna  
Beef Bolognaise

### SIDES

Wholewheat Spaghetti

### UNLIMITED

Fresh Organic Carrots  
Sweetcorn  
Salad Selection  
Homemade Bread

### DESSERTS

Apple Crumble and Custard  
Organic Fruit Yogurt with Seasonal Fresh Fruit  
Seasonal Fresh Fruit (FDA)

SAVE THE PLANET  
TUESDAY

### CHOOSE FROM

Smoky Vegetable and Bean Jambalaya (FDA)  
Mac n Cheese  
Sweetcorn & Mixed Pepper Frittata

### SIDES

Potato Puffs

### UNLIMITED

Green Beans  
Roasted Cauliflower Florets  
Salad Selection  
Homemade Bread

### DESSERTS

Shortbread Biscuit with Orange Slice and Milk  
Organic Fruit Yogurt with Seasonal Fresh Fruit  
Seasonal Fresh Fruit (FDA)

ALLERGEN FRIENDLY  
WEDNESDAY (FDA)

### CHOOSE FROM

Roasted Stuffed Pepper (FDA)  
Veggie Hotpot (FDA)  
Meatballs in a Spicy Italian Sauce (FDA)

### SIDES

Sliced Potatoes  
Mixed Rice

### UNLIMITED

Fresh Seasonal Broccoli  
Mixed Vegetables  
Salad Selection  
Homemade Bread

### DESSERTS

Fruit Smoothie (FDA)  
Fresh Fruit Salad (FDA)  
Seasonal Fresh Fruit (FDA)

Milk will be available after lunch.

CLIMATE CHANGE  
THURSDAY

### CHOOSE FROM

Creamy Korma  
Roasted Vegetable Tagliatelle  
Jacket Potato with Baked Beans (FDA), Cheese or Tuna

### SIDES

Coconut Rice

### UNLIMITED

Sweetcorn  
Roasted Organic Carrots  
Salad Selection  
Homemade Bread

### DESSERTS

Chocolate Sponge with Chocolate Sauce  
Organic Fruit Yogurt with Seasonal Fresh Fruit  
Seasonal Fresh Fruit (FDA)

FRIDAY

### CHOOSE FROM

Power Burger (FDA) in a Bun  
MSC Golden Crumb Fish Fingers with a Lemon Twist  
Herby Chicken (FDA)

### SIDES

Chipped Potatoes

### UNLIMITED

Baked Beans  
Garden Peas  
Salad Selection  
Homemade Bread

### DESSERTS

Artic Roll or Ice Cream  
Organic Fruit Yogurt with Seasonal Fresh Fruit  
Seasonal Fresh Fruit (FDA)

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WEEK 3



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6-10 November



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12TH SEP - 17TH OCT  
AUTUMN 2023

# JUNIOR YOUTH SPACE

**EVERY TUESDAY FROM 4:15PM - 6:30PM**

IT'S FREE! (BOOKING IS ESSENTIAL)

**FOR 9 - 12 YEAR OLDS**

**WALTHAMSTOW FAMILY HUB**  
313 BILLET ROAD  
WALTHAMSTOW, E17 5PX

ART AND CRAFTS  
GAMING & TRADITIONAL GAMES  
MULTI SPORTS  
TEAM COMPETITONS

HOT MEALS PROVIDED  
FUN TASTER ACTIVITIES

FOR MORE INFO → CALL 0208 496 3511  
EMAIL: NICOLA.GEORGE@WALTHAMFOREST.GOV.UK




## Neurodiversity Social Club



Wednesdays 7.15 - 8.45pm

Young People age 10 - 17  
Bring your own games  
Parents must attend  
Siblings welcome

Upcoming Dates:  
26 Jul, 20 Sept, 18 Oct,  
22 Nov, 6 Dec 2023  
17 Jan, 21 Feb, 20 Mar, 17  
Apr, 22 May, 5 Jun, 19 June,  
17 Jul, 18 Sep, 16 Oct 2024

Advance Registration required  
<http://bit.ly/3YCqskE>



The Mill, 7-11 Coppermill Lane, E17 7HA.  
(Mission Grove Car Park - free after 5pm)








<https://outlook.office.com/mail/inbox/id/AAQkADA4MTmMgzLWMyZTEiNGlWY1hMmJLWY5Y2VmM2MzIzY1ZQAQAp9QL4XR5FghLlus2i...> 1/1



# SEND LEGO CLUB

FREE SESSION FOR SEND FAMILIES  
1ST SATURDAY OF THE MONTH (EXCEPT AUGUST)  
10.30-12.30  
REFRESHMENTS PROVIDED  
NO NEED TO BOOK, JUST POP ALONG!  
LEYTON FAMILY HUB, 215 QUEENS  
ROAD, LONDON, E17 8PJ  
FOR MORE INFO CALL 07528 433640 OR 07794 298496





## Waltham Forest Parent Forum Support Groups



**Walk & Talk**    **Coffee & Chat**    **Meet & Eat**    **Evening Zoom Support Group**    **Dads Group**

**Do you want some support?**  
Free online and in person support groups for parents and carers of children and young people with SEND (0-25)  
No need to book, just pop along!

**Support Groups offer:**  
Emotional Support  
Support with Challenges you may be facing  
Empowerment  
Information Sharing  
Reduced isolation

**More information and dates:**  
[www.walthamforestparentforum.com/support](http://www.walthamforestparentforum.com/support)  
[walthamforestparentforum@live.co.uk](mailto:walthamforestparentforum@live.co.uk)  
07794 298496/07528 433640





# Help your child grow and thrive! Family Learning



Our family learning programme delivers a variety of courses, workshops and events both in person, online and at different venues in Waltham Forest - courses and workshops are free for families.

## List of upcoming courses / workshops

Course Title	Venue	Date	Time	Day
Create a seasonal wreath	Wood Street Library E17	11.11.2023	1:30 - 3:30 pm	Saturday
Create a seasonal wreath	Hale End Library E4	18.11.2023	10:30-12:30pm	Saturday
Create a baby keepsake box (Non crawling babies are welcome)	Leyton Family Hub	22.11.2023 - 06.12. 2023	10am - 12:00 pm	Wednesday

If you have any questions regarding family learning activities, please contact  
- [cherie.cowan-smith@walthamforest.gov.uk](mailto:cherie.cowan-smith@walthamforest.gov.uk) Curriculum Manager Family Learning

# NHS Dentists in Waltham Forest



This is an up-to-date list of NHS dentists currently offering  
..... routine appointments and accepting new patients

Forest Dental Care  
73 Hoe Street  
E17 4SA  
0208 521 3777

Mr Evans and Associates  
252a Chingford Mount Road  
E4 8JL  
0208 529 1587

Leyton Dental Surgery  
724 High Street Leyton  
E10 6AA  
02085396022

Chingford Road Dental Surgery  
31 Chingford road  
E17 4PW  
02085279062

Park Vue Dental Surgery  
330 Cann Hall Road  
E11 3NW  
02085192990

Woodgrange Dental Practice  
80 Woodgrange Road  
E7 OEW  
02085553336

Lea Bridge Dental Practice  
433 Lea Bridge Road  
E10 7EA  
0208 539 6152

Mr P Wong & Associates  
123 Hoe Street  
E17 4RX  
02085204151

Hoe Street Dental Surgery  
337 Hoe Street  
E17 9BD  
02085205289

Abbey Dental Practice  
25 St James Street  
E17 7JP  
02085212816

Cedars Dental Practice  
775 High Road Leyton  
E10 5AB  
02085581122

L Wong and F Wong  
845 High Road Leytonstone  
E11 1HH  
02085394720

The Dental Design Studio  
127 High Street  
E17 7DB  
02085214333

Smile in London  
399 High Road Leyton  
E10 5NA  
02085391653

Key 2 Smile  
622 Lea Bridge Road,  
E10 6AP  
02085392277

☎ 020 8496 5223

✉ [wfsupport@henry.org.uk](mailto:wfsupport@henry.org.uk)

Please note that we do not endorse or recommend any particular practice.

This list is up-to-date as of the 08 Nov 2023.

Woodstreet Dental Practice  
176 Wood Street  
E17 3HX  
02085090055